Asthma is a disease that affects your lungs. It is one of the most common long-term diseases and affects people of all ages. Asthma causes wheezing, breathlessness, chest tightness, and coughing at night or early in the morning.

- Approximately 850,000 people in Illinois currently have asthma.
- 183 people died from asthma in 2010. That's 1 person every 2 days. Of those who died from asthma, 48.1% were aged 35-64 at time of death.

<table>
<thead>
<tr>
<th>Percentage</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>8.7%</td>
<td>Of adults in Illinois currently have asthma.</td>
</tr>
<tr>
<td>13.6%</td>
<td>Of children in Illinois currently have asthma.</td>
</tr>
<tr>
<td>17.8%</td>
<td>(about 1 in 5) adults with asthma are unable to buy asthma medications due to the cost.</td>
</tr>
</tbody>
</table>

Each missed work day costs the average Illinois family $151.

- National asthma guidelines recommend that persons with asthma seek at least two routine checkups per year.
- 29.2% of adults with a current asthma diagnosis had at least 2 routine checkups for their asthma in the past 12 months.
- 37.3% of children.
54.7% (1 in 2) children with asthma missed at least 1 DAY OF SCHOOL in the past 12 months due to their asthma.

During the past 12 months, Illinois adults with asthma were unable to work or carry out their usual activities for a total of 3,089,988 days.

74.1% of adults and 76.5% of children do not have their asthma under control.

In 2011, there were 72,810 emergency room visits and 18,968 hospitalizations with asthma listed as the primary diagnosis.

25.9% of adults and 23.5% of children have well controlled asthma.

Sources:
1. Centers for Disease Control and Prevention (CDC).
2. CDC and Illinois Department of Public Health’s Center for Health Statistics (ICHS) Behavioral Risk Factor Surveillance System Prevalence Data 2012 adults; 2010 children.
3. CDC WONDER, released 2012.
6. Daily cost calculated based on the median household income for Illinois divided by 365.

Original infographic developed and designed by the Indiana State Department of Health. Please visit us at: www.StateHealth.in.gov