

DEPARTMENT OF HEALTH AND HUMAN SERVICES
CENTERS FOR MEDICARE & MEDICAID SERVICES

PRINTED: 04/01/2005
FORM APPROVED
OMB NO. 0938-0391

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 145581	(X2) MULTIPLE CONSTRUCTION A. BUILDING _____ B. WING _____		(X3) DATE SURVEY COMPLETED C 02/03/2005
NAME OF PROVIDER OR SUPPLIER CAHOKIA NURSING & REHAB CENTER			STREET ADDRESS, CITY, STATE, ZIP CODE 2 ANNABLE COURT CAHOKIA, IL 62206		
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F9999	FINAL OBSERVATIONS STATE LICENSURE FINDINGS:	F9999			

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F9999	<p>Continued From page 7</p> <p>300.1210a) The facility must provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychosocial well-being of the resident, in accordance with each resident's comprehensive assessment and plan of care. Adequate and properly supervised nursing care and personal care shall be provided to each resident to meet the total nursing and personal care needs of the resident.</p> <p>300.1210b)6) All necessary precautions shall be taken to assure that the residents' environment remains free of accident hazards as possible. All nursing personnel shall evaluate residents to see that each resident receives adequate supervision and assistance to prevent accidents.</p> <p>These REGULATIONS are not met as evidenced by:</p> <p>Based on record review and observation, the facility failed to provide adequate supervision to prevent the elopement of one resident on the sample (R1). The facility has identified 20 residents at high-risk for elopement. R1, who is cognitively impaired, left the facility on 1/19/05 without the knowledge of staff.</p> <p>Findings Include:</p> <p>R1 was admitted to the facility from the hospital on 1/18/05 with diagnoses, in part, of Dementia with Depression and Possible Frontal Lobe Syndrome. R1's clinical records from the hospital</p>	F9999			

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F9999	<p>Continued From page 8</p> <p>show that his medications include Haloperidol 0.5 mg three times a day; Haloperidol 1 mg every four hours as needed for psychotic agitation; Haloperidol 2 mg daily at 4:00 PM; Haloperidol 5 mg/ml injection intramuscular every 4 hours as needed for psychotic agitation; and Coumadin 5 mg every evening except take one and one-half tablets Mon/Wed/Fri.</p> <p>R1's Assessment and History & Physical from the hospital state the following: "Memory for recent/past events: abnormal, poor to both recent and remote events, but knows he had a head/brain trauma when he was in Korea. Concentration: Abnormal, cannot remember 3 objects in 1 and 5 minutes. Orientation to Time: Abnormal, disoriented to day, date, month and year. Orientation to Place: Does not know where he is. General Fund of Knowledge: Poor. Insight to Psychiatric Condition: Poor. Judgement Concerning Everyday Activities: Poor, because of his dementia. Aggressive Thoughts/Behavior: Tried to strangulate his son before admission. Diagnosis: Dementia Secondary to Head Trauma, Possible Frontal Lobe Syndrome. History of Present Illness: patient is known to have dementia from a head injury. He said he got hurt in Korea and a tin/metal plate was placed inside his head. He has been wandering at night, incontinent and also has been getting combative, screaming and yelling for help".</p> <p>The surveyor reviewed the daily clinical notes from R1's most recent hospital admission prior to being admitted to the facility. The following was noted:</p>	F9999			

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F9999	<p>Continued From page 9</p> <p>"1/8/05, (R1) has needed almost constant supervision, up this evening, walking around, moving hands up and down on walls. Needed prn's x 2 this shift with little effectiveness. 1/9/05, Required 1:1 observation. Was constantly turning over the large table, chairs and bedside table in the observation room. Made a fist and threaten to hit staff. Given prn Ativan without any improvement in his behavior. 1/11/05, Has been very hard to re-direct and into everything, pushing carts around, going into others rooms and is needing constant supervision. Received several prn medications this evening with little effectiveness. Had to be given an IM shot before he could settle down and go to bed."</p> <p>A review of facility records show that R1 was admitted to the facility on 1/18/05 and was assessed as being at risk for elopement. A bracelet alarm was placed on R1 immediately after admission. The bracelet alarm is designed to sound an alarm at the door if the resident wearing the alarm attempts to leave the facility.</p> <p>Facility nurses notes for R1 state the following: 1/18/05, 9:30 PM, Resident found under/inside linen cart, refused to come out. 8:00 PM, Res continues to show excessive anger and physical aggression. Combative, hitting, fighting, biting staff. Chasing nurse down the hall with closed fist. Res grabbed the med cart and attempted to turn it over. Attempted to hit the CNA with a w/c. 1/19/05, 12:30 AM, Haldol 5mg IM given for increased agitation and combative/restlessness. Would not stay in bed. Hard to re-direct, threw back fist and asked this nurse "do you want me on you?".</p>	F9999			

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F9999	Continued From page 10 R1 was discharged from the facility to the hospital on 1/21/05 due to aggressive behaviors. To date, R1 remains at the hospital. "Facility Reporting Form" description of event states "Police called to inform staff that R1 was found on Range Lane in Cahokia flagging down cars, at 6:50 PM". The facility form entitled "Quality Assurance Investigative Question Guide for Elopements", states the following concerning R1's elopement: 1.) "When was the last time you saw the resident? At 6:15 PM, on 1/19/05. 2.) Where did you see him/her? Standing at the nurses station with me eating applesauce. 11.) What was the resident wearing when you saw him/her last? A white t-shirt and navy blue sweat pants with brown house slippers. 14.) Did you speak to the resident following his/her return? I said (R1) where have you been? R 1 stated over at your house. I said, are you cold? He said No, not cold. 15.) Is the resident in the wanderguard program? Yes, he was wearing his bracelet, current bracelet did not sound alarm after res. return. I removed it and applied a new one that did sound the alarms. 16.) Did you see the resident leave? No, I did not see the resident leave. 17.) How were you made aware that the resident had eloped from the facility? Another nurse informed me that the police were on the phone." Police Report, Case #050714, states that on 1/19 /05 at 1845, "I (Z1) was dispatched to 402 Range Lane in reference to a confused subject in front of the residence. Upon arrival I spoke with Z2 who	F9999			

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F9999	<p>Continued From page 11</p> <p>stated she was leaving the residence when she noticed an older male subject standing in front of her residence. Z2 said that the older male subject asked her for a ride to St. Louis. Z2 observed that the male subject had a bracelet on his wrist with his name on it. Z2 told me she called (the facility) to inquire if they had patient. The nursing home said that they would be enroute to pick up R1. Z2 stated that she called police because the male subject seemed confused and was anxious to leave the residence . A CNA from the facility arrived and stated R1 was a resident at the nursing home and said that they did not know R1 left the nursing home. R1 was transported back to the nursing home".</p> <p>The surveyor interviewed E1, Administrator, on 1/31/05 concerning R1 eloping from the facility on 1/19/05. E1 stated that R1 must have gotten out of the facility with visitors as staff did not hear any of the door alarms sounding. A staff member told E1 that R1 was last seen in the hallway at approximately 6:30-6:35 PM, prior to the elopement. E1 stated that R1 should not have been outside the Facility by himself due to his mental confusion. E1 stated that Facility staff discovered that R1's alarm bracelet was not working upon return to the facility.</p> <p>On 1/31/05, the surveyor spoke on the telephone with Z3, R1's physician. The surveyor asked Z3 if R1 would be aware of danger in his environment. Z3 stated "No! He's severely mentally debilitated with major psychiatric problems - he should have one-on-one's at most times". The surveyor then asked Z3 if R1 should have been outside the Facility by himself. Z3 stated "No! He's back at the hospital now and</p>	F9999			

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F9999	Continued From page 12 that's where he needs to be - he's not appropriate at the nursing home". Range Lane is located directly to the north of the facility. Range Lane is a very busy 2-lane paved road which intersects commercial and residential properties. The posted speed limit on Range Lane is 35 mph. Camp Jackson Road is approximately 1/10th of a mile to the southwest of the facility. Camp Jackson is a very busy 4-lane road. The posted speed limit on Camp Jackson is 45 mph. To the northeast of the facility is a residential road named St. Michael Drive. The distance from the facility to Range Lane "as the crow flies" is approximately 4/10th's of a mile and is 8/10th's of a mile by road. The United States Weather Bureau's climatological data for 1/19/05 shows that the maximum temperature was 45 degrees Fahrenheit. The minimum temperature was 29 degrees Fahrenheit. The average temperature was 37 degrees Fahrenheit. There was trace precipitation on 1/19/05.	F9999			