

DEPARTMENT OF HEALTH AND HUMAN SERVICES
CENTERS FOR MEDICARE & MEDICAID SERVICES

PRINTED: 05/04/2012
FORM APPROVED
OMB NO. 0938-0391

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 145312	(X2) MULTIPLE CONSTRUCTION A. BUILDING _____ B. WING _____		(X3) DATE SURVEY COMPLETED 01/13/2012
NAME OF PROVIDER OR SUPPLIER NORTHWOODS CARE CENTRE			STREET ADDRESS, CITY, STATE, ZIP CODE 2250 PEARL STREET BELVIDERE, IL 61008		
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F 465	Continued From page 51 On 01/10/12 at 9:00 AM, the hoods above the cooking area were covered with a thick-dark-brown debris. The hoods also had cob-webs around the edge of the hood. On 01/10/12 at 9:05 AM, E22 (Cook) stated, "The staff do not clean the hoods, we have an outside company come clean them. They will be cleaned in March." On 01/11/12 at 11:00 AM, E20 (Dietary Manager) stated, "The hoods should be cleaned weekly by dietary staff. We have an outside company clean them twice a year; they are due to be cleaned." The facility did not have a policy or procedure to ensure the kitchen hoods were clean and free of debris.	F 465			
F9999	FINAL OBSERVATIONS LICENSURE VIOLATIONS: 300.610a) 300.1210b)5) 300.1210d)3)6) 300.1220b)3) 300.3240a)b) Section 300.610 Resident Care Policies	F9999			

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F9999	Continued From page 52 a) The facility shall have written policies and procedures, governing all services provided by the facility which shall be formulated by a Resident Care Policy Committee consisting of at least the administrator, the advisory physician or the medical advisory committee and representatives of nursing and other services in the facility. These policies shall be in compliance with the Act and all rules promulgated thereunder. These written policies shall be followed in operating the facility and shall be reviewed at least annually by this committee, as evidenced by written, signed and dated minutes of such a meeting. Section 300.1210 General Requirements for Nursing and Personal Care b) The facility shall provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychological well-being of the resident, in accordance with each resident's comprehensive resident care plan. Adequate and properly supervised nursing care and personal care shall be provided to each resident to meet the total nursing and personal care needs of the resident. Restorative measures shall include, at a minimum, the following procedures: 5) All nursing personnel shall assist and encourage residents with ambulation and safe transfer activities as often as necessary in an effort to help them retain or maintain their highest practicable level of functioning.	F9999			

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F9999	<p>Continued From page 53</p> <p>d) Pursuant to subsection (a), general nursing care shall include, at a minimum, the following and shall be practiced on a 24-hour, seven-day-a-week basis:</p> <p>3) Objective observations of changes in a resident's condition, including mental and emotional changes, as a means for analyzing and determining care required and the need for further medical evaluation and treatment shall be made by nursing staff and recorded in the resident's medical record.</p> <p>6) All necessary precautions shall be taken to assure that the residents' environment remains as free of accident hazards as possible. All nursing personnel shall evaluate residents to see that each resident receives adequate supervision and assistance to prevent accidents.</p> <p>Section 300.1220 Supervision of Nursing Services</p> <p>b) The DON shall supervise and oversee the nursing services of the facility, including:</p> <p>3) Developing an up-to-date resident care plan for each resident based on the resident's comprehensive assessment, individual needs and goals to be accomplished, physician's orders, and personal care and nursing needs. Personnel, representing other services such as nursing, activities, dietary, and such other modalities as are ordered by the physician, shall be involved in the preparation of the resident care plan. The plan shall be in writing and shall be reviewed and modified in keeping with the care needed as indicated by the resident's condition. The plan shall be reviewed at least every three months.</p>	F9999			

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F9999	<p>Continued From page 54</p> <p>Section 300.3240 Abuse and Neglect</p> <p>a) An owner, licensee, administrator, employee or agent of a facility shall not abuse or neglect a resident.</p> <p>b) A facility employee or agent who becomes aware of abuse or neglect of a resident shall immediately report the matter to the facility administrator.</p> <p>This REQUIREMENT is not met as evidenced by:</p> <p>Based on Interview and Record Review the facility failed to provide nursing assessments for R 108 after being notified of a change in condition on 11/7/11, 11/8/11 and 11/9/11. This failure resulted in R 108 being diagnosed on 11/10/11 with a Greater Trochanteric Fracture. The facility failed to conduct a nursing assessment after R105 fell on 12/28/11. This failure resulted in R105 being transferred several times, in pain, without assessment with an Acute Left Hip Fracture on 12/28/11.</p> <p>This applies to 2 of 16 (R 108 & R105) residents reviewed for falls and fractures in the sample of 21.</p> <p>The findings include:</p> <p>1. R 108's Nurses Notes showed, "11/5/11 at</p>	F9999			

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F9999	<p>Continued From page 55</p> <p>12:31pm - R 108 removed dressing and is picking at site causing it to bleed. New dressing applied again." The next Nurses Note for R 108 was dated 11/9/11 at 3:30pm and showed, "Left hip area moderately swollen with small light purple bruising noted. R 108 withdraws self and grimaces upon palpation of hip. Unable/unwilling to bear weight on left leg. R 108 unable to report any incident/injuries or when pain began."</p> <p>During a Confidential Interview conducted on 12/28/11, Z3 stated, "R 108 was put to bed and complained of pain (on 11/7/11). E4 (Licensed Practical Nurse - LPN) was told R 108 complained of pain. E4 said it was arthritis and did not go and look at him. The next day R 108 still complained of pain (11/8/11). R 108 would jerk his leg if you touched it. R 108 wasn't able to stand on his left leg. R 108 said he was scared and said that a big fat guy dropped him. E4 was told about R 108's pain and what he said. E4 didn't look at R 108. On the next day (11/9/11) the nurse coming in (E8 - Registered Nurse (RN) was told that E4 was told about R 108's pain and that he would not stand on his left leg. E8 went and assessed R 108 and he had a hip fracture."</p> <p>On 12/28/11 at 12:40pm, E4 (Licensed Practical Nurse - LPN) stated, "E9 (Certified Nursing Assistant - CNA Supervisor) reported for two days in a row that R 108 wouldn't stand. Reported it to E5 (Registered Nurse - RN) I think. R 108 doesn't transfer well. Nobody reported anything happening to him." E4 was asked if she assessed R 108's hip? E4 stated, "It is hard to judge if he had any shortening because he is contracted on the right side. I was off for the day and it was reported back to me what happened</p>	F9999			

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F9999	<p>Continued From page 56 and that he was in the hospital."</p> <p>The Xray Report dated 11/10/11 for R 108 showed, "Clinical information - Pain and swelling greater trochanteric area. Comparison - none. Findings - There is an intertrochanteric fracture with valgus deformity. No associated dislocation. Impression: Greater Trochanteric Fracture."</p> <p>On 12/21/11 at 1:25pm, E2 (DON) stated, "I don't know why one (Unusual Occurrence Report/Incident Report) wasn't done for this one (R 108's fracture on 11/9/11). E8 (Registered Nurse - RN) was the nurse that found it but I thought it's not an incident and not unusual so that is why I didn't have her fill one out. I just interviewed people and no one knew what happened."</p> <p>The facility's Accident and Incident Reporting policy and procedure showed, "If a resident is involved in an accident/incident an immediate assessment and first aid will be provided. The nurse responsible for the oversight and care of the resident will complete an accident/incident report. When possible, obtain a descriptive statement from the resident on any witnesses (utilize the witness statement form). Complete accident/incident report, as soon as the information is obtained. The report is to be completed as fully as possible before nurse ends each shift. A more extensive investigation procedure is required for the following occurrences: Suspected/alleged abuse, fall with injury...Injury of Unknown Origin."</p> <p>R 108's Diagnoses documented in his computerized medical record as of 12/21/11</p>	F9999			

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F9999	<p>Continued From page 57</p> <p>showed Diagnoses including Hemiplegic Affect Non Dominant Side due to Cerebrovascular Disease, Senile Dementia, Diabetes, Generalized Osteoarthritis and Cauda Equina Syndrome.</p> <p>The Minimum Data Set (MDS) with an Assessment Reference Date (ARD) of 11/30/11 for R 108 showed impairment of short term memory, long term memory and cognition.; Extensive assistance of two people for transfers and bed mobility.</p> <p>2. The Unusual Occurrence Report dated 11/27/11 for R105 showed, "Time of Occurrence: 1:30pm.; Location of Occurrence: Dining Room.; Type of Occurrence: Observed on the floor.; Area of Injury: (Nothing was marked in this section.); First aid only given? No.; Taken to the hospital? No.; Physician Notified? Yes.; Responsible party notified? Yes."</p> <p>The Confidential Unusual Occurrence Investigation Form (filled out by E4 - Licensed Practical Nurse/LPN) dated 11/27/11 for R105 showed, "Description of Fall: Observed on the floor.; R105 observed on the floor in dining room next to wheelchair. R105 stated she stood up without assistance and fell to the floor. Body assessment done. No bruising,redness or swelling noted. R105 was found laying on left side. R105 not responding verbally, usual behavior for this resident. No rotation noted to hip. Gentle range of motion done to bilateral lower extremities. No facial grimacing, pain or discomfort noted at this time. Tylenol given for general discomfort."</p> <p>During a Confidential Interview conducted on</p>	F9999			

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F9999	<p>Continued From page 58</p> <p>12/28/11, Z3 stated, "R105 fell in the dining room on second floor. E4 had the Certified Nursing Assistants (CNA) pick R105 up and put her in her wheelchair. R105 was then transferred from her wheelchair to a recliner in dining room area. R105 complained of left leg pain. The CNA's tried to stand R105 up and she yelled in pain and was put back in the recliner. E4 did not look (assess) R105 the next nurse, E8 (Registered Nurse - RN) assessed R105."</p> <p>On 12/28/11 at 12:40pm, E4 (LPN) stated, "R105 had a fall. I did not witness the fall. I was sitting at the front desk charting and E9 (Certified Nursing Assistant - CNA) hollered. I went over there and waited for another CNA (E10) and then we picked R105 up and put her in her wheelchair and then transferred R105 to her recliner. E8 (RN) came in at 2:00pm. I filled out the incident report and I left."</p> <p>On 12/27/11 at 1:45pm E7 (CNA) stated, "When transferring R105 she had more complaints of pain than usual. I reported it to the nurse."</p> <p>The first entry in R105's Nurses Notes on 11/27/11 were at 3:02pm and written by E8 (Registered Nurse - RN). R105's Nurses Notes dated 11/27/11 at 3:02pm showed, "Upon arrival to PM shift, RN was notified that R105 had fallen on the floor while attempting to ambulate unassisted at 1:15pm. Complete assessment done and external rotation noted to left lower extremity. R105 unable to move left leg and grimaces when she attempts to reposition herself. Slight swelling/bulging noted to upper left hip area. R105 transferred to bed, maintaining good alignment to extremities. Nurse practitioner</p>	F9999			

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F9999	<p>Continued From page 59</p> <p>called with condition report and nursing orders obtained for stat Xray to left hip.; 6:57pm - Scheduled Tylenol not effective for pain control. R105 continues to grimace and cry when she moves herself in bed.; 7:05pm - Called Xray company to receive Xray results. Diagnosis: Acute left hip fracture. Doctor informed of results. Given nursing order to send to hospital to evaluate and treat. E2 (DON) notified of results and new orders. Power of Attorney (POA) called with results and new orders.; 7:41pm - Ambulance here to transport R105 to the hospital."</p> <p>The Radiology Report dated 11/27/11 for R105 showed, "Reason: Pain; Unwilling to stand on leg; Status post fall.; Results: There is a left subcapital fracture with modest displacement. The joint shows no dislocation. Pubic Rami are intact. Osteoporosis is present.; Conclusion: Acute hip fracture as described above."</p> <p>The facility's Policy on "Documentation: Charting" showed, "All observations, medications administered, services performed, etc, must be documented in the residents's clinical record.; Entries may only be recorded in the resident's clinical record by licensed personnel.; All incidents, accidents, or changes in the resident's condition must be recorded.; Documentation of procedures and treatments shall include care-specific details and shall include at a minimum: The date and time the procedure/treatment was provided.; The name and title of the individual(s) who provided care.; The assessment data and/or any unusual findings obtained during the procedure/treatment.; Whether the resident refused the</p>	F9999			

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F9999	<p>Continued From page 60 procedure/treatment; Notification of family, physician or other staff, if indicated.; The signature and title of the individual documenting."</p> <p>R105's Physician Progress Notes dated 12/20/11 showed, "Recent Xray - not healing very quickly."</p> <p>R105's Care Plan dated 12/21/11 showed, "Alteration of comfort related to pain. Has history of fractured shoulder. Has a fracture to left lower extremity. Non weight bearing left lower extremity."</p> <p>R105's Care Plan dated 12/21/11 showed, "R105 has a psychosocial well-being problem related to fractured left hip as evidenced by sadness and irritability at times."</p> <p>The Physician Order sheet dated 11/30/11 for R105 showed Diagnoses including Aftercare for healing Traumatic Fracture of Hip, Unspecified Hearing Loss, Legal Blindness, General Osteoarthritis, Hypertension, Paralysis Agitans and Anxiety.</p> <p>R105's Minimum Data Set (MDS) with an Assessment Reference Date of 12/7/11 showed impairment of short term memory, long term memory and cognition.; Inattention and disorganized thinking.; Extensive assistance of 2 people needed for bed mobility, transfers and toilet use.; Extensive assistance of 1 person needed for dressing and personal hygiene.</p> <p>On 12/21/11 at 10:20am, E6 (RN) stated, "If a resident fell I would assess the resident and do an incident report. If we send a resident out because of an injury we call E2 (DON) or E3</p>	F9999			

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F9999	Continued From page 61 (Assistant Director of Nursing - ADON). On 12/21/11 at 10:45am, E5 (RN) stated, "If there is a fall you do an assessment, do care and first aid. i fill out the incident report and it then goes to E2 (DON). " (B)	F9999			