

DEPARTMENT OF HEALTH AND HUMAN SERVICES
CENTERS FOR MEDICARE & MEDICAID SERVICES

PRINTED: 05/04/2012
FORM APPROVED
OMB NO. 0938-0391

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 145907	(X2) MULTIPLE CONSTRUCTION A. BUILDING _____ B. WING _____		(X3) DATE SURVEY COMPLETED 01/20/2012
NAME OF PROVIDER OR SUPPLIER ALDEN ESTATES OF EVANSTON			STREET ADDRESS, CITY, STATE, ZIP CODE 2520 GROSS POINT ROAD EVANSTON, IL 60201		
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F 371	Continued From page 6 degrees Farenheit (The standard holding temperature should be 140 degrees Farenheit or hotter) and the cold pureed pasta was 60 degrees Farenheit (The standard holding temperature for cold foods should be 45 degrees Farenheit or colder). The last serving of Pureed Shrimp Scampi was measured at 124 degrees Farenheit and was served to R16 by E6 (Food Service Aid). Test tray temperatures were taken with E7(Food Service Aid) on 1-18-2012 at 12:30PM on the 3 rd floor. Standard temperatures for holding hot foods should be 140 degrees Farenheit. The following temperatures were observed: Italian Sausage mechanical soft was 109 degrees Farenheit Pureed Italian sausage was 130 degrees Farenheit Italian sausage regular was 126 degrees Farenheit Regular shrimp was 110 degrees Farenheit regular pasta was 110 degrees Farenheit	F 371			
F9999	FINAL OBSERVATIONS Licensure Violations: Section 330.720 Admission and Discharge Policies b) No resident determined by professional evaluation to be in need of nursing care shall be admitted to or kept in a sheltered care facility. Neither shall any such resident be kept in a	F9999			

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F9999	<p>Continued From page 7</p> <p>distinct part designated and classified for sheltered care.</p> <p>This requirement is not met as evidenced by:</p> <p>Based on observation, record review and interview, the facility continue to retain 3 residents (R1, R4, R8) in a sample of 7, and 1 resident (R15) in the supplemental sample, in it's sheltered care unit while providing skilled care.</p> <p>Findings include:</p> <p>1. During the initial tour on 1/17/12 at approximately 10:45am, R1 was observed from the doorway in her room, sitting in an arm chair, eyes closed as if asleep. Massive bruising was noted on the left side of R1's face. E9 (Nurse) was present and stated that R1 sustained a fall approximately 1 week prior, was sent to hospital and returned to facility with staples to the left side of her head.</p> <p>The Physician's Order Sheet (POS) dated 1/2/12 shows R1 is a 94 year old with Dementia, Anxiety, Congestive Heart Failure, Memory Loss, Chronic Obstructive Pulmonary Disease, Atrial Fibrillation, Renal-Urethral Disorder. Medication regimen includes Warfarin, Paxil, Namenda and Lasix.</p> <p>Nursing notes dated 1/12/12, 5:50am, states R1 was found on the floor, bleeding from a 4 inches laceration to her head and transferred to the hospital and returned to the Unit approximately five hours later. Incident report dated 1/12/12 states R1 sustain laceration to top of head, Hematoma to right hand and left forearm, nasal bone fracture as a result of the fall. R1 has 12 staples to the left parietal area of her head. R1 is</p>	F9999			

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F9999	<p>Continued From page 8</p> <p>described as experiencing periods of confusion and forgetfulness and is maintained on continuous oxygen therapy, close monitoring and frequent neurological assessments. R1 has attempted to ambulate independently to the toilet, requiring reminders from staff to call for assistance.</p> <p>On 3 of 3 days observation, R1 remains in her room with painful facial expressions. When asked by surveyor if she was experiencing pain, R1 responded negatively.</p> <p>R1 ' s care plan dated 1/12/12 does not address necessary care relative to head trauma. R1 remains on sheltered care unit and, now assessed as high risk for falls, was observed by surveyor attempting to ambulate to the toilet independently.</p> <p>Post fall recommendations include placing R1 in a room closer to the nurses ' station for closer monitoring. R1 ' s room was not changed for five days after the fall.</p> <p>2. R4 was observed in her room, in a wheel chair during the initial tour on 1/17/12 at approximately 10:35am. R4 told surveyor she is not able to walk nor propel wheel chair and is dependent on staff for locomotion. R4 stated she was initially admitted to the facility's Skilled Unit and was transferred to the Sheltered Care Unit when her Medicare benefits were used up. Resident Census documentation shows R4 transitioned from the Skilled to the Sheltered Unit on 10/21/11.</p> <p>Physician's Order Sheet (POS) dated 1/1/12 shows diagnoses including Senile Dementia, Dysphagia, Pneumonitis, Pleural Effusion. The Facility identified R4 as having pressure sores. Laboratory results dating 11/9/11 through</p>	F9999			

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F9999	<p>Continued From page 9</p> <p>12/28/11 shows Hemoglobin levels ranging from 8.9 GM/dl (Gram per dilution) to 9.8 GM/dl. Normal Hemoglobin level is 12.0 to 17.0 GM/dl. Since admission to the Unit on 10/21/11, R4 has been treated for a Stage II pressure ulcers to the Coccyx, Right Heel, Right Buttocks and Right Ischium. E9 (nurse) told surveyor on 1/18/12 at approximately 9:30am during wound treatment observation that R4 is seen by a wound specialist on a weekly basis. R4 continues to receive wound treatment to the Sacrum, Left Ischium, Left Lateral Foot, Right Anterior and Exterior Foot, Right Second Toe and Right Heel. R4 told surveyor that she often experiences pain in the right heel as she bumps it often while sitting in the wheel chair. R4 was observed with no heel protectors in place. E9 stated that the Right Anterior Foot wound is an arterial wound. The POS shows an order for compression stocking to be worn during the daytime. R4 was observed on 2 of 2 days with no compression stocking on. The POS shows R4 on swallow precautions for diagnosis of Dysphagia. R4 was observed choking on water during medication pass observation on 1/17/12 at approximately 1:00 pm. Chest X-Ray report dated 1/19/12 shows 'Right basilar hazy infiltrate is noted.' E9 told surveyor on 1/20/12 at approximately 9:15am that this represents possible sign of Pneumonia and R4 was started on a course of antibiotics. R4 remains on the Sheltered Care Unit.</p> <p>3. During the initial tour on 1/17/11 at approximately 10:00am, R8 was in her room, sitting in arm chair, alert and oriented. At 1:20pm, R8 was in her room and observed to have eaten 25% of her lunch meal. R8's Physician Order Sheet (POS) dated 1/1/12</p>	F9999			

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F9999	<p>Continued From page 10</p> <p>states R8 has diagnoses including Pernicious Anemia, Depression, Gastro-esophageal Reflux Disease, Diabetes and Overactive Bladder. Care Plan dated 1/2/12 shows decreased mobility, spending most of the time in chair (chairfast). R8 is reliant on staff to complete activities of daily living, including bed mobility, transfers, toileting and bathing R8 also experiences frequent Urinary Tract Infection related to overactive bladder, short term memory deficit.</p> <p>Weight spread sheet for period 1/1/11 through 1/1/12 shows insidious weight loss of 18 pounds. The most recent nutritional assessment dated 10/25/11 shows a stated goal maintaining stable weight weight monitoring. R8's plan of care does not address this ongoing weight loss. E5 (Registered Dietitian) told surveyor she has been working in this capacity at the facility for the past three months. E5 went on to say she did not address the weight loss because it was gradual and R8 wants to lose weight. There is no evidence to support R8 being on a planned weight loss program.</p> <p>On 1/20/12 survey team was presented with a care plan developed on that date addressing R8's weight loss, including monitoring for further weight loss, conducting quarterly nutritional assessment and assessing for need for supplement.</p> <p>4. R15 was observed in her room during the initial tour on 1/17/12 at approximately 10:05am, receiving Oxygen via a nasal cannula at 2 liters per minute. R15 was exhibiting moist intermittent coughing. R15 is alert and oriented, and told surveyor she has a bronchial infection, is receiving antibiotics and requires continuous Oxygen.</p>	F9999			

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F9999	<p>Continued From page 11</p> <p>On 1/18/12 R15 was again observed in her room receiving Oxygen. On 1/19/12 at approximately 9:10am, R15, still in her room, appearing distressed, told surveyor she was coughing and choking during the night and respiratory condition seems to be getting worse. R15 stated she has been running a low-grade fever since Sunday (5 days) and she's now experiencing soreness in the chest muscles. R15 describes being able to walk out of her room with the use of a walker but since the onset of the bronchial congestion, she has been confined to her room and finds it difficult to stand. R15 states her legs are wobbly and she needs assistance to get to the toilet.</p> <p>R15's Care Plan shows co-morbid conditions of Gastro-esophageal Reflux Disease and Bronchial Asthma. R15 remains in the Sheltered Care unit. During a daily status meeting with E1, Administrator, on 1/20/12 at approximately 10:15am, E1 acknowledged and agreed that there are residents on the Sheltered Care unit requiring and receiving skilled nursing care.</p> <p>Section 330.730 Contract Between Resident and Facility</p> <p>a) Contract Execution</p> <p>1) Before a person is admitted to a facility, or at the expiration of the period of previous contract, or when the source of payment for the resident's care changes from private to public funds or from public to private funds, a written contract shall be executed between a licensee and the following in order of priority:</p> <p>A) The person, or if the person is a minor, his</p>	F9999			

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F9999	<p>Continued From page 12 parent or guardian; or</p> <p>B) The person's guardian, if any, or agent, if any, as defined in Section 2-3 of the Illinois Power of Attorney Act; or</p> <p>C) A member of the person's immediate family. (Section 2-202(a) of the Act)</p> <p>This requirement is not met as evidenced by:</p> <p>Based on record review and interview, the facility failed to execute a new contract for 2 residents (R1, R4) who were transitioned from the Skilled (3rd floor) to the Sheltered (2nd floor) Care unit.</p> <p>Findings Include:</p> <p>1. Care Plan Progress Notes dated 10/22/11 states R1 was admitted to the facility's Skilled Care on 10/19/11. The Care Plan dated 12/2/11 states R1 was transferred to the Sheltered Care unit on that date. E1 (Administrator) was asked by the survey team to provide with a copy of R1's Sheltered Care contract. E1 presented a copy of R1's original contract for admission to the Skilled Care Unit.</p> <p>Z4 (Family Member) told surveyor during an interview on 1/19/12 at approximately 1:30pm that R1 was discharged home after her stay on the Skilled unit but she (Z2) was not able to care for R1 at home. As a result, R1 was admitted to the Sheltered unit were the cost for her stay was much more affordable. Z2 stated she was not presented with a contract for admission to the Sheltered unit.</p>	F9999			

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F9999	Continued From page 13 2. During the initial tour of the facility on 1/17/12 at approximately 10:05am, R4 told surveyor that she was first admitted to the Skilled Care unit where she was receiving physical therapy (PT). R4 went on to say that she was gaining strength with ambulation but now is no longer receiving PT and has become too weak to walk or stand. R4 stated she believes she could benefit from additional PT but needs to save up enough money to afford this service. Care Plan Progress notes dated 8/23/11 states R4 was admitted to the Skilled unit on that date. Further notes dated 10/25/11 states R4 was transferred to "assisted living" floor. The notes further states R4 is receiving psychiatric medications and has multiple pressure sores. E1 (Administrator) was asked by the survey team to provide a copy of R4's Sheltered Care contract. E1 presented a copy of R4's original contract for admission to the Skilled Care Unit dated 8/22/11. E11 (Admissions Director) told surveyor during an interview on 1/18/12 at 2:00pm that the facility utilizes the same contract for Skilled and Sheltered Care units. Residents are transferred to the Sheltered Unit when Medicare benefits no longer apply. Social service department meets with residents and families to discuss the costs for stay within the facility. E went on to say that a care plan meeting is held with family to discuss residents' transfer. During a meeting with E1 on 1/20/12 at approximately 10:15am, E1 stated that it is not within the facility's policy to execute a new contract when residents are transferred and she would be discussing this concern with facility's	F9999			

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F9999	<p>Continued From page 14 cooperate managers.</p> <p>Section 330.1110 Medical Care Policies</p> <p>f) The facility shall notify the physician of any accident, injury, or unusual change in a resident's condition. (A, B)</p> <p>This requirement is not met as evidenced by:</p> <p>Based on observation, record review and interview, the facility failed to immediately report the new occurrence of redness on the heel of one resident (R4) in a sample of 7 residents.</p> <p>Findings include:</p> <p>2. R4 was observed in her room, in a wheel chair during the initial tour on 1/17/12 at approximately 10:35am. R4 told surveyor she is not able to walk and spends most of the day sitting in her wheel chair.</p> <p>Care Plan dated 1/14/12 shows R4 as being at risk for impaired skin integrity. The Facility identified R4 as having pressure sores. Since admission to the Unit on 10/21/11, R4 has been treated for a Stage II pressure ulcers to the Coccyx, Right Heel, Right Buttocks and Right Ischium. E9 (nurse) told surveyor on 1/18/12 at approximately 9:30am during wound treatment observation that R4 is seen by a wound specialist on a weekly basis. R4 continues to receive wound treatment to the Sacrum, Left Ischium, Left Lateral Foot, Right Anterior and Exterior Foot, Right Second Toe and Right Heel. R4's left heel was noted with an area of redness. E9 stated that this was a new development and that he would</p>	F9999			

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F9999	<p>Continued From page 15</p> <p>notify R4's physician and obtain an order for treatment.</p> <p>R4 told surveyor that she often experiences pain in both heels as she bumps them often while sitting in her wheel chair. R4 was observed with no heel protectors while in her chair.</p> <p>Review of R4's Nurses Progress Notes on 1/20/12 at approximately 9:15am shows no documentation of the reddened left heel. E9 was present and was asked what was done about R4's reddened left heel. E9 stated that he has not reported it to the physician and was waiting until the wound specialist come to the facility to report the finding. E9 went on to say that the wound specialist was scheduled to come to the facility today (1/20/12).</p> <p>Section 330.2000 Food Handling Sanitation</p> <p>Every facility shall comply with the Department's rules entitled "Food Service Sanitation" (77 Ill. Adm. Code 700).</p> <p>Based on observation and interview the facility failed to store/date food items appropriately. This has the potential to affect all 22 resident on the sheltered care unit.</p> <p>Findings Include:</p> <p>On 1-17-2012 at 10:42AM during the initial tour of the kitchen with tour guide, E4(Food Service Supervisor, FSS) the following items were observed: There was a blue bag of un-identified meat that had been opened and not dated on the shelf in</p>	F9999			

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F9999	<p>Continued From page 16</p> <p>the walk-in freezer. E4(FSS) stated, "You would not know what it is, it is chicken , it should be dated and labeled."</p> <p>The upright freezer on the same side as the stove contained 5(3 galloon) containers of ice-cream. Two of the five 3 galloons of ice-cream had holes in the lids that covered the top of the ice-cream. One of the containers' of ice-cream(Neapolitan) had ice inside the container covering the ice-cream. E4(FSS) stated "the ice-cream should be covered completely."</p> <p>The freezer which was on the opposite side of the stove contained a can of Chicken Base that was opened and not dated. E4(FSS) stated, "It should be dated."</p> <p>The walk-in cooler had black liquid fluid on the floor to the right of the shelving. E4(FSS) stated, "It's just dirt."</p> <p>The walk-in cooler contained a carton of strawberries on one of the shelves that was opened, not dated and wilted. E4(FSS) stated, "we were going to dump that today."</p> <p>Section 330.1990 Food Preparation and Service</p> <p>b) Foods shall be attractively served at the proper temperatures and in a form to meet individual needs. (B)</p> <p>Based on observation and interview the facility failed to served foods at appropriate temperatures. This has the potential to affect all 22 residents in the sheltered care unit of the</p>	F9999			

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F9999	<p>Continued From page 17 facility.</p> <p>On 1-18-2012 at 10:00AM during the Group Meeting, 9 out of 9 residents stated "The hot foods are served cold."</p> <p>On 1-18-2012 at 11:35AM on the 3rd floor food temperatures were taken at the steam table with E6 and E7(Food Service) before the lunch meal was served. The hot pureed pasta was 130 (the standard holding temperature for hot foods should be 145 degrees Fahrenheit or hotter); the cold pureed pasta was 60 degrees Farenheit (the standard holding temperature for cold foods should be 45 degrees Farenheit or colder). The last serving of Pureed Shrimp Scampi was measured at 124 degrees Farenheit and was served to R16 by E6 (Food Service Aid).</p> <p>Test tray temperatures were taken with E7(Food Service Aid)) on 1-18-2012 at 12:30PM on the 3rd floor. Standard temperatures for holding hot foods should be 140 degrees Farenheit. The following temperatures were observed:</p> <p>Italian Sausage mechanical soft was 109 degrees Farenheit Pureed Italian sausage was 130 degrees Farenheit Italian sausage regular was 126 degrees Farenheit Regular shrimp was 110 degrees Farenheit regular pasta was 110 degrees Farenheit</p> <p>On 1-19-2012 at 10:00AM, E1(Administrator) stated, " The thermometers' were calibrated correctly,the heating element is broken on the steam table ."</p>	F9999			

