

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 145975	(X2) MULTIPLE CONSTRUCTION A. BUILDING _____ B. WING _____		(X3) DATE SURVEY COMPLETED 02/02/2012
NAME OF PROVIDER OR SUPPLIER ROCHELLE REHAB & HEALTH CARE CENTER			STREET ADDRESS, CITY, STATE, ZIP CODE 900 NORTH 3RD STREET ROCHELLE, IL 61068		
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F9999	<p>FINAL OBSERVATIONS</p> <p>LICENSURE VIOLATION</p> <p>300.1210d)5) 300.3240a)</p> <p>Section 300.1210 General Requirements for Nursing and Personal Care d) Pursuant to subsection (a), general nursing care shall include, at a minimum, the following and shall be practiced on a 24-hour, seven-day-a-week basis: 5) A regular program to prevent and treat pressure sores, heat rashes or other skin breakdown shall be practiced on a 24-hour, seven-day-a-week basis so that a resident who enters the facility without pressure sores does not develop pressure sores unless the individual's clinical condition demonstrates that the pressure sores were unavoidable. A resident having pressure sores shall receive treatment and services to promote healing, prevent infection, and prevent new pressure sores from developing.</p> <p>Section 300.3240 Abuse and Neglect a) An owner, licensee, administrator, employee or agent of a facility shall not abuse or neglect a resident.</p> <p>Based on observation, interview, and record review the facility failed to prevent pressure sores from occurring and failed to provide treatment to promote healing. This resulted in R18 developing one unstagable pressure ulcer and eight stage II pressure ulcers. This applies to 2 of 8 residents (R18 & R5) reviewed for pressure sores in the sample of 11.</p>	F9999			

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F9999	<p>Continued From page 13</p> <p>The findings include:</p> <p>1. R18's Braden Scale For Preventing Pressure Ulcers Risk form dated 6/08/11, 6/15/11, 9/11, and 11/11 show R18 is at moderate risk for developing pressure sores.</p> <p>The quarterly assessment dated 11/2011 shows R18 is assessed as needing extensive assistance in bed mobility, having mild pain, having a pressure relieving devices in the chair and bed, and being on a turning /repositioning program.</p> <p>R18's weight history as shown on the Report of Monthly Weight shows a 7.6 pound loss: October 2011--125 lbs. November 2011--123 lbs. January 2012--120 lbs. February 2, 2012--117.4 lbs.</p> <p>1/5/2012 laboratory results of metabolic panel show: Total protein/serum--5.4 (normal 6.0-8.0) Albumin 3.1 (normal 3.5-5.0)</p> <p>CBC with Differential Hemoglobin 10.8 (normal12.0-15.0) Hematocrit 36.1 (normal 37.0-47.0)</p> <p>The Respiratory/Circulatory form dated 6/1/2011 shows R18 entire buttocks were red.</p> <p>Orders dated 1/12/12, 11:54 AM : Start Azithromycim 250 mg. 2 tabs today then 1 tab PO QD times 5 days Thick Duoderm on Sacral Ulcer, change every 72 hours. Tylenol #3 1 tab PO every HS while on antibiotic</p> <p>The nurses notes dated 1/25/2012 document</p>	F9999			

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F9999	<p>Continued From page 14</p> <p>"1400-Resident has redness with several superficial open area on coccyx area. See Anatomy Assessment Sheet. "</p> <p>The Nursing Admission Assessment Sheet dated 1/25/2012 identifies 4 pressure sores, labeled superficial, ranging from 2 cm. to 1.5cm. in measurement.</p> <p>The 2/2012 Physician Order Sheet shows regular mechanical soft diet, whole milk, and 2 cal supplement, 60ml. 3 times daily with meals.</p> <p>The food tray card identified foods to be served: 8 oz of whole milk, super cereal, eggs, 1/2 banana, and toast for breakfast. Coffee and juice every meal. Likes are listed as meat loaf and pork chops.</p> <p>Dislikes are identified on the card as: beans, chili, broccoli, carrots, mixed vegetables, spicy foods, onions, peas, spinach, and lettuce.</p> <p>On 1/31/2012 at the noon meal, R18 ate bites of bread, 1/4 of the 2 cal drink, none of 4 oz. milk serving, none of the broccoli (on dislike list) none of the oven brown potatoes or Italian melt. R18 consumed sips of water and 1/2 cup of coffee. The substitute for broccoli was mixed vegetables (on dislike list).</p> <p>On 2/1/2012 at the breakfast meal, R18 consumed only bites of the hot cereal (not served super cereal) and none of the banana or egg. R18 drank sips of the 2 cal. supplement, and none of the 4 oz. serving of milk, or drink.</p> <p>On 2/1/2012 at the noon meal, R18 consumed only her buttered bread and none of the carrots (on dislike list), meat, potatoes, 4 oz serving of</p>	F9999			

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F9999	<p>Continued From page 15</p> <p>milk, or drink. R18 was not served the 60cc of 2 cal. supplement.</p> <p>2/2/2012 at the breakfast meal, R18 ate a bite of toast, bites of her super cereal and the entire 2 cal. supplement. R18 consumed none of the egg, banana, or 4 oz. serving of milk.</p> <p>R18 was not served 8 oz of whole milk or juice as ordered per the tray card.</p> <p>The January 2012 Meal Intake Log shows R18 consumed: less than 25% of her meals 27 times between 25% and 50% of her meals 30 times out of the 93 meals served.</p> <p>R18 was observed on 1/31/2012 at 8:30 AM, 9 AM, 9:30 AM, 10:10 AM, 10:45 AM, 11:30 AM, 12 N, 12:10 PM, 12:30 PM, 1 PM, 1:07 PM, 1:30 PM, 1:50 PM, 2 PM up in the wheel chair sitting on a leaking gel pad. At 2:04 PM E6 (Licensed Practical Nurse) verified the gel pad R18 had been sitting on was leaking, with gel noted all over the seat of R18's wheel chair.</p> <p>On 1/31/2012 at 1:07 PM an observation with E2 (Director of Nursing) present, showed there was no pressure relieving device on R18's bed. The alternating air mattress pad was flat and non functioning.</p> <p>On 1/31/2012 at 2:04 PM, with E6 present, E7 and E8 (Certified Nurse Aides) transferred R18 into bed.</p> <p>On 1/31/2012 at 2:10 PM, E4 and E5 (Certified Nurse Aides) were observed giving peri/skin care. E4 and E5 wiped the middle of R18's buttocks</p>	F9999			

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F9999	<p>Continued From page 16 with peri wash. R18's peri area, inner thighs, and outer buttocks were not cleansed</p> <p>The facility's Wound Tracking sheet dated 1/25/2012 identifies R18 as having 4 stage I pressure ulcers on the left and right coccyx.</p> <p>On 1/31/2012 at 2:15 PM, E6 removed a thin transparent Tegaderm dressing, measured and cleaned R18's pressure sores. Observation with E6 present showed, R18 having 8 stage II pressure sores on and around the coccyx area and one pressure sore with necrotic/eschar tissue measuring 2.4 cm X 2 cm.</p> <p>When questioned about the type of dressing that was ordered E6 stated, "She is ordered to receive thick Duoderm to the pressure sores. We do not have a thick Duoderm in the facility. I have been working on this wing and I have never seen thick Duoderm on R18's pressure sores.</p> <p>On 3/31/2012 at 2:35 PM E2 stated, we don't have any thick Duoderm in the facility, and will go to our sister facility and borrow some.</p> <p>On 2/2/2012 at 10 AM Z2 (Consulting Wound Care Nurse) confirmed R18 does have multiple stage two pressure sores, with blood noted on the bed pad at time of confirmation, and one necrotic/eschar area on the coccyx area.</p> <p>The facility's May 2007 Decubitus Care/Pressure Areas policy states, "To ensure a proper treatment program has been instituted and is being closely monitored to promote the healing of any pressure ulcer, once identified. ...When the pressure area is healed, a preventative regimen be instituted."</p> <p>2. R5's January 2012 POS lists diagnosis</p>	F9999			

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F9999	<p>Continued From page 17 including Peripheral Neuropathy. R5's 12/8/11 Minimum Data Set shows a need of extensive assistance of 2 persons to turn side to side and position the body while in bed.</p> <p>R5's Wound Tracking sheets show a pressure ulcer of the left side of the foot was healed on 1/6/12. On 1/30/12 a stage II pressure ulcer developed on the left side of the foot. The measurements noted as 0.1 x 0.1 x 0.1 cm with minimal drainage.</p> <p>On 1/31/12 at 2:25 PM, E6 (Licensed Practical Nurse), measured the open area on the ball of R5's foot under the left little toe to be 0.2 x 0.2 cm. E6 stated, "I don't have an applicator with me, so I would guess the depth to be 0.1 - 0.2 cm. The treatment right now is to clean it with normal saline and apply a bandaide."</p> <p>On 1/31/12 at 1:35 PM, R5 stated, " My left ankle hurts me." A dark red spot at the outer left achilles tendon area surrounded by lighter red area was observed. At 2:25 PM, E6 measured the dark red spot as 2 cm. E6 stated it could be from R5's shoe pressing there.</p> <p>R5's 11/11/11 Pressure Ulcer Care Plan shows a problem of feet/legs fall open and increase pressure on feet.</p> <p>On 1/31/12 at 2:55 PM, R5 repeated that his left ankle hurt and requested that the foot be positioned so the pillow was not touching the red area which gave relief from the discomfort.</p> <p>(B)</p>	F9999			