

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  <b>145311</b>	(X2) MULTIPLE CONSTRUCTION A. BUILDING _____ B. WING _____		(X3) DATE SURVEY COMPLETED  <b>C</b> <b>04/06/2012</b>
NAME OF PROVIDER OR SUPPLIER  <b>HILLCREST NURSING &amp; REHAB CTR</b>			STREET ADDRESS, CITY, STATE, ZIP CODE <b>777 DRAPER</b> <b>JOLIET, IL 60432</b>		
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F 309	Continued From page 10 notified Z1 if R18 was exhibiting signs of increased tiredness due to her cardiac problems. Z1 was not notified by facility R18 was showing signs of increased tiredness or change in normal behaviors. Z1 also said he was not aware that Z2 wanted to follow up with R18 after her 11/23/11 hospitalization or a different ICD was being discussed.	F 309			
F9999	FINAL OBSERVATIONS  Licensure Violations:  300.610a) 300.1010 h) 300.1210a) 300.1210b) 300.1210d)1)3) 300.1220b)2)3) 300.1620a) 300.1630d) 300.3240a)  Section 300.610 Resident Care Policies  a) The facility shall have written policies and procedures, governing all services provided by the facility which shall be formulated by a Resident Care Policy Committee consisting of at least the administrator, the advisory physician or the medical advisory committee and representatives of nursing and other services in the facility. These policies shall be in compliance	F9999			

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F9999	<p>Continued From page 11</p> <p>with the Act and all rules promulgated thereunder. These written policies shall be followed in operating the facility and shall be reviewed at least annually by this committee, as evidenced by written, signed and dated minutes of such a meeting.</p> <p>Section 300.1010 Medical Care Policies h) The facility shall notify the resident's physician of any accident, injury, or significant change in a resident's condition that threatens the health, safety or welfare of a resident, including, but not limited to, the presence of incipient or manifest decubitus ulcers or a weight loss or gain of five percent or more within a period of 30 days. The facility shall obtain and record the physician's plan of care for the care or treatment of such accident, injury or change in condition at the time of notification.</p> <p>Section 300.1210 General Requirements for Nursing and Personal Care a) Comprehensive Resident Care Plan. A facility, with the participation of the resident and the resident's guardian or representative, as applicable, must develop and implement a comprehensive care plan for each resident that includes measurable objectives and timetables to meet the resident's medical, nursing, and mental and psychosocial needs that are identified in the resident's comprehensive assessment, which</p>	F9999			

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F9999	<p>Continued From page 12</p> <p>allow the resident to attain or maintain the highest practicable level of independent functioning, and provide for discharge planning to the least restrictive setting based on the resident's care needs. The assessment shall be developed with the active participation of the resident and the resident's guardian or representative, as applicable. (Section 3-202.2a of the Act)</p> <p>b) The facility shall provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychological well-being of the resident, in accordance with each resident's comprehensive resident care plan. Adequate and properly supervised nursing care and personal care shall be provided to each resident to meet the total nursing and personal care needs of the resident. Restorative measures shall include, at a minimum, the following procedures:</p> <p>d) Pursuant to subsection (a), general nursing care shall include, at a minimum, the following and shall be practiced on a 24-hour, seven-day-a-week basis:</p> <p>1) Medications, including oral, rectal, hypodermic, intravenous and intramuscular, shall be properly administered.</p> <p>3) Objective observations of changes in a resident's condition, including mental and emotional changes, as a means for analyzing and determining care required and the need for further medical evaluation and treatment shall be made by nursing staff and recorded in the</p>	F9999			

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F9999	Continued From page 13 resident's medical record.  Section 300.1220 Supervision of Nursing Services  b) The DON shall supervise and oversee the nursing services of the facility, including:  2) Overseeing the comprehensive assessment of the residents' needs, which include medically defined conditions and medical functional status, sensory and physical impairments, nutritional status and requirements, psychosocial status, discharge potential, dental condition, activities potential, rehabilitation potential, cognitive status, and drug therapy.  3) Developing an up-to-date resident care plan for each resident based on the resident's comprehensive assessment, individual needs and goals to be accomplished, physician's orders, and personal care and nursing needs. Personnel, representing other services such as nursing, activities, dietary, and such other modalities as are ordered by the physician, shall be involved in the preparation of the resident care plan. The plan shall be in writing and shall be reviewed and modified in keeping with the care needed as indicated by the resident's condition. The plan shall be reviewed at least every three months.	F9999			

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F9999	<p>Continued From page 14</p> <p>Section 300.1620 Compliance with Licensed Prescriber ' s Orders</p> <p>a) All medications shall be given only upon the written, facsimile or electronic order of a licensed prescriber. The facsimile or electronic order of a licensed prescriber shall be authenticated by the licensed prescriber within 10 calendar days, in accordance with Section 300.1810. All such orders shall have the handwritten signature (or unique identifier) of the licensed prescriber. (Rubber stamp signatures are not acceptable.) These medications shall be administered as ordered-by the licensed prescriber and at the designated time.</p> <p>Section 300.1630 Administration of Medication</p> <p>d) If, for any reason, a licensed prescriber's medication order cannot be followed, the licensed prescriber shall be notified as soon as is reasonable, depending upon the situation and a notation made in the resident's record.</p> <p>Section 300.3240 Abuse and Neglect</p> <p>a) An owner, licensee, administrator, employee or agent of a facility shall not abuse or neglect a resident. (Section 2-107 of the Act)</p> <p>These Regulations were not met as evidenced by:</p> <p>Based on record review and interviews facility failed to:</p>	F9999			

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F9999	<p>Continued From page 15</p> <ul style="list-style-type: none"> <li>- provide care and services in a timely manner over a two day period (3/12 - 3/13/12) preceding to R18's unresponsiveness and death;</li> <li>- administer cardiac medication as ordered by the physician;</li> <li>- monitor pulse rate / cardiac status / pacemaker / internal cardiac defibrillator (ICD), functioning;</li> <li>- thoroughly assess and monitor a resident with critically high blood coagulation profile (PT and INR), results and a change in condition (increased tiredness and fatigue);</li> <li>- notify the attending physician of a change in condition in a timely manner;</li> <li>- follow facility policy and procedure to obtain physician orders for pacemaker function.</li> </ul> <p>As a result of these failures, medical evaluation, treatment and services were not provided before R18 was found unresponsive in her bed at the facility.</p> <p>This was found in 1 resident(R18), with a pacemaker in the facility.</p> <p>Findings include;</p> <p>R18 was admitted to facility 01/07/11 with diagnosis to include Cardiac arrhythmia, Congestive Heart Failure, Auto Internal Cardiac Defibrillator (AICD), Diabetes Mellitus , Hypertension and Congestive Obstructive Pulmonary Disease (COPD).</p> <p>R18's was hospitalized 11/17 - 11/23/11 with shortness of breath and CHF. During this hospitalization a cardiac consult by Z2 (cardiologist), was completed 11/20/11 that includes: diagnosed with Atrial Fibrillation (A-Fib),</p>	F9999			

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F9999	<p>Continued From page 16</p> <p>ischemic cardiomyopathy and severe left ventricular dysfunction. R18's ejection fraction (Ef), was severely reduced, 30-35%, on the Electro-cardiogram (ECG), with a prolonged "QRS duration". R18's cardiomyopathy can improve from re-synchronization therapy and this would involve upgrading the ICD device and adding a left ventricular lead. "Will discuss this with R18's family in the office. I will try to arrange for a follow-up visit in the office, We could discuss the risk and benefits of upgrade at a later time. She is on Coumadin therapy right now for atrial fibrillation.</p> <p>R18's 11/23/11 hospital discharge instructions include to arrange a follow-up visit with Z2 in two weeks. R18's medical record did not include documentation R18 was evaluated by Z2 or any cardiologist between 11/23/11 discharge and 3/13/12 death.</p> <p>R18's March 2012 physician orders (POS), include : Digoxin 125 mcg daily, Lasix 40 mg, Lisinopril 10 mg daily, Aldactone 12.5 mg daily, Coumadin 3.5 mg daily, Coreg 6.25 mg twice daily and Zocor 40 mg daily.</p> <p>R18's March 2012 medication administration record (MAR), failed to include documentation on 3/12/12 Digoxin 125 mcg was administered. During 3/30/12 interview E1 (acting DON / CEO), said that she does not know why R18 was not given her 3/12/12 Digoxin. In addition R18's pulse rate was not evaluated and recorded 3/12 and 3/13/12.</p> <p>R18's medical record 01/07/11 - 3/13/12 failed to include physician orders for pacemaker / ICD</p>	F9999			

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F9999	<p>Continued From page 17 monitoring.</p> <p>During a 3/30/12 9:30AM interview, E1 said she reviewed R18's entire file and no pacemaker checks were found except for the one done at the hospital in November 2011.</p> <p>Facility Pacemaker policy and procedure includes = Upon admission / re-admission ensure theres an order for pacemaker check and obtain schedule date and time of pacer check per physician order.</p> <p>R18's blood coagulation time profile (PT and INR), results on 3/12/12 were "Critically High" = PT 60.7 (norm 20.2-30.8) and INR 6.17 (2-3). R18's medical records failed to include any thorough assessment in response to the altered coagulation results.</p> <p>In addition R18's coagulation results were elevated on 02/23/12 (PT 45.3 and INR 4.58). On 02/23/12 the physician ordered to hold Coumadin for 3 days, starting this evening, repeat PT /INR on 3/01/12 and start Coumadin 3.5 mg daily on 02/27/12, but the nurse (E6), wrote "Coumadin 3.5 mg daily and PT/INR on 3/011/12" on the POS. E6's personal file included a written warning for this order transcription error which resulted in R18 being administered Coumadin 3.5 mg dose on 02/23/12.</p> <p>Also on 02/23/12 there is no documentation R18 was thoroughly assessed related to critically elevated blood clotting time results.</p> <p>R1's 01/2412 and 02/14/12 physician progress notes include no acute cardiac / respiratory problems.</p>	F9999			



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F9999	<p>Continued From page 18</p> <p>During a 3/30/12 1:13 PM interview, E4 (nurse aide), said she was R18's nurse aide 3/13/12 3 PM-11 PM shift. R18 had increased confusion and usually was very anxious about being put to bed and would not want to go. On 3/13/12 R18 acted abnormal because she wanted to go to bed and did not fight it. Another un-usual thing that evening (3/13/12), was that after we put R18 to bed (approximately 9:30 PM), R18 kicked off her covers, which she never did before.</p> <p>During a 3/30/12 11:12 AM interview, E8 (nurse aide), said she was R18's 03/13/12 7 AM-3 PM shift nurse aide. E8 said that On 3/13/12 R18 was acting differently complaining of feeling really tired and wanting to be put in bed after breakfast and after lunch. R18 usually wanted to stay up and did not want to go to bed. E8 said the nurse knew about R18 being tired.</p> <p>During a 3/30/12 11:15 AM interview, E9 (nurse aide), said she worked 3/13/12 7 AM-3 PM with R18. E9 said that R18 was normal but just a little tired that day.</p> <p>During a 3/30/12 interview E10 (nurse), said she was R18's 3/13/12 7 AM-3 PM nurse. E10 said that R18 was not acting differently except wanting to lay down. E18 usually fights to stay up.</p> <p>R18's current care plan included cardiac problem with interventions to monitor for dizziness, syncope, fatigue and to notify physician if present. There was no documentation in nursing or physician progress notes about increased tiredness and change in behavior (wanting to go to bed), or of physician notification of such.</p>	F9999			

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F9999	Continued From page 19 During a 3/30/12 12:45 PM telephone interview Z1 (R18's physician), said R18 was very sick with COPD and Cardiac problems. Staff should have notified Z1 if R18 was exhibiting signs of increased tiredness due to her cardiac problems. Z1 was not notified by facility R18 was showing signs of increased tiredness or change in normal behaviors. Z1 also said he was not aware that Z2 wanted to follow up with R18 after her 11/23/11 hospitalization or a different ICD was being discussed.  (B)	F9999			