

DEPARTMENT OF HEALTH AND HUMAN SERVICES
CENTERS FOR MEDICARE & MEDICAID SERVICES

PRINTED: 01/28/2013
FORM APPROVED
OMB NO. 0938-0391

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 14E134	(X2) MULTIPLE CONSTRUCTION A. BUILDING _____ B. WING _____		(X3) DATE SURVEY COMPLETED C 09/06/2012
NAME OF PROVIDER OR SUPPLIER FOSTER HEALTH & REHAB CENTER			STREET ADDRESS, CITY, STATE, ZIP CODE 2840 WEST FOSTER AVENUE CHICAGO, IL 60625		
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F 323	Continued From page 3 the facility, indicated that R2 had " overall recent physical decline and with moderate cognitive impairment. " These assessment further indicated that R2 has " poor insight and judgement. ' Staff interviews (E2-Director of Nursing, E3-Nurse and E4-Nurse) on 8/29/12 and 8/30/12, all confirmed the following: - that they are aware that R2 is high risk for falls since admission - R2 is forgetful These staff interviews also indicated that additional safety precautions for high fall risk resident and modification of fall care plans for R2 was not done / followed. Interview of Z1 on 8/29/12 stated the following: " This was an unfortunate situation. Obviously she (R2) has memory problem, short term memory impaired, slowly progressing moderate Dementia. " Z1 during this interview further told surveyor that R2 is " very forgetful " and that he saw R2 after the incident fall on 4/22/12 and that R2 was not able to " elaborate" how the fall happened. Z1 then indicated to surveyor that R2 had " pretty bad fall and sustained fractures of L hip, vertebrae, rib and facial bones, head injury with subdural hematoma " after the incident fall 2-3 weeks after he saw her. Z1 according to him, R2 was transferred to another facility and that he is no longer taking care of her.	F 323			
F9999	FINAL OBSERVATIONS LICENSURE VIOLATIONS:	F9999			

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F9999	Continued From page 4 300.610a) 300.1210a) 300.1210b) 300.1210c) 300.1210d)5) 300.1220b)2)3) 300.3240a) Section 300.610 Resident Care Policies a) The facility shall have written policies and procedures, governing all services provided by the facility which shall be formulated by a Resident Care Policy Committee consisting of at least the administrator, the advisory physician or the medical advisory committee and representatives of nursing and other services in the facility. These policies shall be in compliance with the Act and all rules promulgated thereunder. These written policies shall be followed in operating the facility and shall be reviewed at least annually by this committee, as evidenced by written, signed and dated minutes of such a meeting. Section 300.1210 General Requirements for Nursing and Personal Care a) Comprehensive Resident Care Plan. A facility, with the participation of the resident and the resident's guardian or representative, as applicable, must develop and implement a comprehensive care plan for each resident that includes measurable objectives and timetables to meet the resident's medical, nursing, and mental and psychosocial needs that are identified in the resident's comprehensive assessment, which allow the resident to attain or maintain the highest practicable level of independent functioning, and provide for discharge planning to the least restrictive setting based on the resident's care	F9999			

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F9999	Continued From page 5 needs. The assessment shall be developed with the active participation of the resident and the resident's guardian or representative, as applicable. (Section 3-202.2a of the Act) b) The facility shall provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychological well-being of the resident, in accordance with each resident's comprehensive resident care plan. Adequate and properly supervised nursing care and personal care shall be provided to each resident to meet the total nursing and personal care needs of the resident. Restorative measures shall include, at a minimum, the following procedures: c) Each direct care-giving staff shall review and be knowledgeable about his or her residents' respective resident care plan. d) Pursuant to subsection (a), general nursing care shall include, at a minimum, the following and shall be practiced on a 24-hour, seven-day-a-week basis: 5) All nursing personnel shall assist and encourage residents with ambulation and safe transfer activities as often as necessary in an effort to help them retain or maintain their highest practicable level of functioning. Section 300.1220 Supervision of Nursing Services b) The DON shall supervise and oversee the nursing services of the facility, including: 2) Overseeing the comprehensive assessment of the residents' needs, which include medically defined conditions and medical functional status, sensory and physical impairments, nutritional status and requirements, psychosocial status, discharge potential, dental condition, activities	F9999			

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F9999	<p>Continued From page 6</p> <p>potential, rehabilitation potential, cognitive status, and drug therapy.</p> <p>3) Developing an up-to-date resident care plan for each resident based on the resident's comprehensive assessment, individual needs and goals to be accomplished, physician's orders, and personal care and nursing needs. Personnel, representing other services such as nursing, activities, dietary, and such other modalities as are ordered by the physician, shall be involved in the preparation of the resident care plan. The plan shall be in writing and shall be reviewed and modified in keeping with the care needed as indicated by the resident's condition. The plan shall be reviewed at least every three months</p> <p>Section 300.3240 Abuse and Neglect</p> <p>a) An owner, licensee, administrator, employee or agent of a facility shall not abuse or neglect a resident.</p> <p>These requirements were not met as evidence by:</p> <p>Based on closed record review and interview, the facility failed to assess, analyze, and develop interventions for a resident, to minimize the risk of re-occurring falls and serious injuries for one (R2) of five residents in the sample reviewed for falls. The facility also failed to follow their Falls P/P (Policy and Procedure).</p> <p>These failures resulted in the resident (R2) being admitted to the hospital with L (left) hip fracture, vertebrae fractures, rib fractures, facial bones fractures and a head injury with a subdural hematoma.</p>	F9999			

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F9999	<p>Continued From page 7</p> <p>Findings include:</p> <p>Review of residents' close records (R2), revealed an 83 year old female originally admitted to the facility on 12/17/2011 with Dx (diagnosis) of R (right) hip fracture S/P Fall from home. Further review of these records indicated that R2 had multiple unwitnessed falls on the following dates according to the facility Incident/Occurrence Report.</p> <p>4/15/12 at 10 a.m. R2 was found on the floor in her room unable to relate what happened according to E3 (Nurse). R2 had no injury during this incident fall.</p> <p>4/22/12 at 5:30 p.m. R2 was found in her bathroom floor. R2 told E4 (Nurse) that she fell while trying to pick up the toilet paper on the floor. X-ray of L (left) shoulder and L humerus was ordered by AMD (Attending Medical Doctor-Z1) with negative results, for her c/o (complaint of) pain during this fall incident.</p> <p>5/12/12 at 7:50Pm R2 was found on the floor in her room. R2 told E3 that she "stood up from the bed and lost her balance". Per occurrence description during this fall incident: " a noise was heard from R2's room, found lying on her L side with laceration on her L side of the head with minimal bleeding and swelling above L (left) eye. Resident was sent to hospital E.R. (Emergency Room) and admitted with Diagnosis of Facial and Hip Fx. "</p>	F9999			

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F9999	<p>Continued From page 8</p> <p>Facility Post Fall Assessments Scoring on R2 after these fall incidents are as follows:</p> <p>4/15/12 = 30 4/22/12 = 27 5/12/12 = 18</p> <p>" A total score of 14 or greater indicates the resident is a high fall risk. "</p> <p>Facility Post Fall Reviews on R2 according to the fall committee and therapy department showed the following:</p> <ul style="list-style-type: none"> - very forgetful, did not call for help nor use her call lights - generalized body weakness - poor balance - poor safety awareness - focus on safety <p>Review of facility Fall Protocol and Guidelines under:</p> <p>11. Policy 3. Residents determined to be a fall risk and assessed to have confusion, short term memory loss, and /or poor safety awareness, are considered "high fall risk." Additional safety precautions for high fall risk patients will be utilized. These precautions will include any of the following:</p> <ul style="list-style-type: none"> - Bed near the nurses' station - Bed alarm, chair - Low bed - Floor mat <p>111. Procedure</p>	F9999			

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F9999	<p>Continued From page 9</p> <p>D. Post Fall Management The interdisciplinary team will: 5. Review fall prevention interventions and modify plan of care as indicated</p> <p>Review of R2's Social Hx (history) and Assessment dated 12/17/2011 on admission to the facility, indicated that R2 had " overall recent physical decline and with moderate cognitive impairment. "</p> <p>These assessment further indicated that R2 has " poor insight and judgement. '</p> <p>Staff interviews (E2-Director of Nursing, E3-Nurse and E4-Nurse) on 8/29/12 and 8/30/12, all confirmed the following: - that they are aware that R2 is high risk for falls since admission - R2 is forgetful</p> <p>These staff interviews also indicated that additional safety precautions for high fall risk resident and modification of fall care plans for R2 was not done / followed.</p> <p>Interview of Z1 on 8/29/12 stated the following: " This was an unfortunate situation. Obviously she (R2) has memory problem, short term memory impaired, slowly progressing moderate Dementia. "</p> <p>Z1 during this interview further told surveyor that R2 is " very forgetful " and that he saw R2 after the incident fall on 4/22/12 and that R2 was not able to " elaborate" how the fall happened. Z1 then indicated to surveyor that R2 had " pretty bad fall and sustained fractures of L hip, vertebrae, rib and facial bones, head injury with subdural hematoma " after the incident fall 2-3 weeks after he saw her.</p>	F9999			

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F9999	Continued From page 10 Z1 according to him, R2 was transferred to another facility and that he is no longer taking care of her. "B"	F9999			