

Illinois Department of Public Health

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  <b>IL6002430</b>	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____  B. WING _____	(X3) DATE SURVEY COMPLETED  <b>C</b> <b>03/06/2014</b>
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NAME OF PROVIDER OR SUPPLIER  <b>WATERFORD NURSING &amp; REHAB, THE</b>	STREET ADDRESS, CITY, STATE, ZIP CODE <b>7445 N. SHERIDAN ROAD CHICAGO, IL 60626</b>
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S9999	<p>Final Observations</p> <p>STATEMENT OF LICENSURE VIOLATIONS: 300.610a) 300.1210b) 300.3240a)</p> <p>Section 300.610 Resident Care Policies a) The facility shall have written policies and procedures governing all services provided by the facility. The written policies and procedures shall be formulated by a Resident Care Policy Committee consisting of at least the administrator, the advisory physician or the medical advisory committee, and representatives of nursing and other services in the facility. The policies shall comply with the Act and this Part. The written policies shall be followed in operating the facility and shall be reviewed at least annually by this committee, documented by written, signed and dated minutes of the meeting</p> <p>Section 300.1210 General Requirements for Nursing and Personal Care b) The facility shall provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychological well-being of the resident, in accordance with each resident's comprehensive resident care plan. Adequate and properly supervised nursing care and personal care shall be provided to each resident to meet the total nursing and personal care needs of the resident</p> <p>Section 300.3240 Abuse and Neglect a) An owner, licensee, administrator, employee or agent of a facility shall not abuse or neglect a resident. (Section 2-107 of the Act)</p> <p>These requirements are not met as evidenced by:</p>	S9999		

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LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE \_\_\_\_\_ TITLE \_\_\_\_\_ (X6) DATE \_\_\_\_\_

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S9999	<p>Continued From page 1</p> <p>Based on observations, interviews, and record reviews, the facility failed to follow the physician's order for allowing a resident to leave on a community pass; appropriately assess residents to be out in the community not supervised; to supervise and monitor residents going out on community pass for proper clothing in extremely cold weather and have in place a policy and procedures for extreme cold weather for four (4) of 10 sample residents (R1, R3, R8 and R10), reviewed for community access.</p> <p>On 2/11/14 at 2:00PM, R1 was observed in his room sitting on the bed. He was alert and oriented to name, place and time. R1's left and right hands were wrapped in post-surgical ace wrap dressing. There was no bleeding noted to dressing. He was calm though slightly guarded upon approach. R1 is a 51 year old male admitted to facility on 1/23/13 with diagnosis to include: Hydrocephalus, Moderate intellectual disabilities, Syncope and collapse, abnormal gait, and Urinary Incontinence and walks with a walker.</p> <p>Social Services quarterly assessment dated 10/18/13 remarks, "R1 with history of hypertension, abnormality of gait, incontinent and moderate intellectual disability. Resident has no acute discharge plan due to his inability to make logical decisions to manage self when in the community."</p> <p>POS dated 11/12/13 remarks, "R1 may go out on pass with meds and with family/guardian."</p> <p>On 2/11/14 at approximately 2:00PM, R1 said, "I just came back from the hospital, had surgery done on his my hands." When asked if resident</p>	S9999		

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S9999	<p>Continued From page 2</p> <p>had any pain at this time, R1 responded, " I don't have any pain." When asked what caused him to have surgery, R1 stated that he had incident that happened last month when he was on pass. R1 said, "I went out on a pass to go to the convenience store to play the lottery. I was not wearing gloves or a hat." He commented that he did not think he would be gone that long and he did not remember how long he was away from nursing home. R1 stated that when he returned to the nursing home, he told the nurse about pain in his hands and blisters. During the interview, R1 did not focus on the incident but talked a lot about past achievements, such as participating in walk-a-thons and other community events. R1 stated that he once walked to Milwaukee, Wisconsin from Evanston, Illinois and back home in one day. R1 appeared childlike in his mannerisms and expressions. R1 stated that he has been using a walker since living at the nursing home. When asked about community pass privileges, R1 replied, "I still go on pass, by myself. I plan to go out tomorrow to get a lottery ticket. I have to do it because you can't trust anybody to buy a lottery ticket for you." When asked about what clothes he wears when going outside of nursing home, R1 said, "I don't have gloves or a hat. My hands are wrapped already. They are o.k."</p> <p>Incident reported dated 1/06/14 at approximately 10:30AM remarks that "R1 signed out of facility to go on pass and upon return, R1 complained to the nurse about pain on his right 4th finger and a blister was noted when resident came back from pass that morning. R1 indicated that he was not wearing a hat or gloves." The report did not specify how long R1 had been out on pass but report indicates that the nurse documents about R1 ' s complaint of severe pain in fingers and</p>	S9999		

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S9999	<p>Continued From page 3</p> <p>multiple blisters on 1/07/14 at 4:30PM. Incident report dated 1/06/14 remarks, "Physician was notified at 6:00PM and responded back on 1/07/14 at approximately 8:45AM." E2 (Director of Nurses), remarks in the report that "On 1/07/14 in the morning R1 had pain in all fingers and intact blisters; by 11:00AM R1 had received oral and topical antibiotics. R1 was sent to emergency room on 1/07/14." Resident sign out sheet dated 1/06/14 denotes,"R1 signed out at 10:35AM to go shopping, no escort."</p> <p>Nurse's notes dated 1/06/14 at 4:30PM remarks," R1 complained of pain on right 4th finger and noted with blister. He claimed he noticed the blister after he came back from pass this morning. ROM/Range of Motion intact. Temperature 96.5F, Pulse Rate 81, Respirations 20, Blood Pressure 157/93. Left message to physician and family and awaiting call back. Nurse's notes dated 1/07/14 at 3:45PM remarks, "R1 with blisters to right hand on 5 fingers and left index ring finger and pinky finger. Physician made aware with order to send resident to emergency room for evaluation. Nurse's notes dated 1/07/14 at 8:50AM remarks, ambulance called for transport. At 9:00AM, nursing report given to emergency room nurse. At 9:35AM, ambulance arrived for transport, care rendered by two EMT's (Emergency Medical Technicians). At 1:30PM, resident admitted to community hospital, with diagnosis of frost bite."</p> <p>Nurse's admission notes dated 1/08/14 at 4:00PM, remarks 51 year old male admitted with from community hospital with diagnosis of frost bite to left and right hand digits. Ambulatory, with assistance of walker. Skin impaired to left and right hand due to frost bite 8/10 fingers with blisters openings and swelling with redness to</p>	S9999		

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S9999	<p>Continued From page 4</p> <p>8/10 fingers, complained of soreness with pain. At 5:45PM, paged physician with medications verified and faxed to pharmacy. At 9PM, treatment applied to left and right hand 8 fingers as ordered." Nurse's notes dated 1/10/14 at 9:50PM remarks, " resident pinky on left hand purple in color, able to move without difficulty." Nurses noted dated 1/11/14 at 10:00PM remarks, "Observed pinky finger with purple discolorations, mild pain as described by resident, able to move fingers."</p> <p>Nurse's notes dated 1/13/14 at 4:00PM remark, "Resident left and right pinky fingers, also as described by resident with mild pain. Treatment done as ordered. ." Nurse's notes dated 1/14/14 at 1:45PM remark, "Treatment administered to hands as ordered. No pain or discomfort noted when touched. Noted with minimal amount of serous drainage from 3 fingers." At 8:30PM nurse's notes remark, "Assessment and treatment on fingers done. Noted purple color of nail bed on Left and right pinky fingers. Resident complained of pain when touched on left and right pinky. PRN (as needed) Norco 10-325mg given with relief. " Nurses notes dated 1/15/14 at 2:00PM remark, "Treatment done to fingers with open blisters, able to move fingers with slight difficulty on left and right fingers." Nurse's notes dated 1/16/14 at 11:20AM remark, " Resident went out for scheduled appointment with orthopedic surgeon via medicar, escorted by staff member." Nurse's notes dated 1/17/14 at 2:30PM remark, "Assisted with ADL (Activities of Daily Living) care. Left pinky finger remains with eschar at tip. No signs of purulent drainage noted from fingers." Nurse's notes dated 1/18/14 at 7:00AM remark, "Left fingers with eschar at the tip of pinky finger, no sign of infection noted." Nurse's notes dated 1/27/14 at 3:00PM remark,</p>	S9999		

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S9999	<p>Continued From page 5</p> <p>"Placed a call to Z1 (Family) and made aware, to discuss the plan for amputation." Nurse's notes dated 2/04/14 at 12:40PM remark, "Resident back to facility with recommendation for amputation of right and left finger tips scheduled on 2/11/14."</p> <p>Hospital history and physical notes dated 1/07/14 remark, "R1 was diagnosed with frost bite to fingers and anticipating surgery." Hospital records dated 1/08/14 remark, "R1 returned to facility from hospital on 1/08/14 with Diagnosis of severe frost bite." POS/Physician's Order Sheet dated January, 2014 indicates R1 was provided a course of treatment to the hands for frost bite by doctors and nurses. Meanwhile, facility's sign out record dated 1/21/14 indicates, R1 continued to go out of facility on community pass unescorted. R1 had signed out on other days in January but the dates were missing and only the month of January was visible.</p> <p>Hospital History and Physical note dated 1/07/14 remarks, "R1 presented with swelling and blistering of fingers for one day. Nursing Home (NH) resident, poor historian. On Monday (1/06/14) morning he walked from NH to convenience store about 6 blocks away, not wearing any gloves. Resident noticed swelling and blistering of fingers in both hand today along with severe pain. Resident denies fever, chills, taking new medications, insect bite or injury to hands. Physical Exam: Head size is disproportionately large which is consistent with the history of hydrocephalus. Middle and distal phalanges of all fingers on right hand and little and ring fingers on left hand are covered in dressing which is slightly soaked with serous fluid. Dressing was done in ER by surgery after derroofing blisters. History of unsteady gait/ataxia,</p>	S9999		

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S9999	<p>Continued From page 6</p> <p>hypertension, presented with frost bite to fingers. Plan: Deroofed blisters on fingers, dressing applied. Will apply Silvadene ointment daily. And keep arm elevated. Pain control. Resident has severe frost bite to both hands. Surgery on Consult."</p> <p>Orthopedic consults dated 1/16/14 through 2/10/14 remarks, "Patient received assessment, treatments to fingers and an evaluation for surgical amputation of fingers." Physician's Order Sheet/POS dated 1/08/14 remarks, "Patient is to receive antibiotic/Augmentin 500-125mg 1 tab by mouth three times per day for five days for open blisters on fingers. Weekly skin assessments. Continue to apply Silvadene creame 1 percent to fingers with open blisters twice daily for two weeks, more after normal saline cleanse. Give Norco/Hydrocodone 10-325mg by mouth for pain every six hours as needed. POS dated 2/10/14 remarks, "Scheduled for surgery for amputation of right and left small fingertip and ring finger tips frost bite on 2/11/14 at 7:30AM at community hospital. POS dated 1/27/14, patient to continue physical and occupational therapy."</p> <p>Hospital Physician's surgical notes dated 2/11/14 remarks, " Received right small fingertip amputation to through to dip joint, right ring finger was debrided, nail plate was loose and was removed, nail plates under remaining fingers also loose and may be lost in the future; left small fingertip amputation occurred through dip joint."</p> <p>According to Z3 (weather report) dated January 6, 2014, at 7:00AM, Monday, the mercury dropped to -15 degrees...establishing a breaking low for the date: minus 14 degrees and wind chill speed of 29 miles per hour."</p>	S9999		

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S9999	<p>Continued From page 7</p> <p>On 2/11/14 at approximately 1:30PM, Z1 (family member/POA/Power of Attorney) stated that they requested that facility not let R1 go out on pass on 1/21/14 due to his recent hand injuries. Z1 said, "R1 is not able to manage on his own out there in the cold weather. He struggles to cross that big street. R1 has history of walking far, like to Milwaukee and this type of behavior by him worries the family." Z1 said, " He does not even think that losing his fingers is a big deal. R1 needs to be supervised more closely."</p> <p>On 2/11/14 at 11:30AM, E2 (director of nurses/DON) stated that she interviewed R1 on 1/09/14 about cold injury incident. E2 (DON) said, "R1 went out on pass and did not wear gloves or hat as reported by resident. R1 said he thought it would be ok." E2 stated that there was no assessment done on the R1's finger injury but the nurse documented about it in her progress notes. E2 stated that she realized how severe R1's finger injuries were on 1/07/14 because he had multiple blisters and was complaining of pain on all fingers. R1 was sent to the Emergency Room per physician's orders. On 2/11/13 at approximately 3:30PM, E1 (Administrator) was asked about incident regarding R1. E1 stated that R1's incident was unfortunate. He was asked not to go out on pass as recently as last week.</p> <p>On 2/11/14 at 5:30PM, E2 said, "No residents should be going out on pass in bad weather such as icy cold weather or lot of snow. We talked to receptionist and staff about plan and that residents are not allowed to go out on pass. This should have been discussed at resident council meeting."</p> <p>On 2/13/14 at approximately 12:00pm, Z2 (Attending Physician), stated that R1 could be</p>	S9999		



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S9999	<p>Continued From page 8</p> <p>allowed out of pass, if he was properly supervised and appropriately dressed. R1is childlike and not intelligent enough to be leaving on his own. R1 should not have been allowed outside on his own. I told administration that he needs to be cared for. He has moderate cognitive impairment, needs to be in a nursing home. Z2 said, "He expected staff to manage residents and to better manage residents. R1 should not have gone out even after 1/06/14 because he needs to be supervised continuously, he's childlike. This could have been avoided."</p> <p>On 2/13/14 at 10:20AM, E8 (Social Services Director-SSD) stated that R1 is here for medical and psychological condition. R1 had some depression. E8 stated that when R1 first came he appeared depressed but it was thought to be situational depression. E8 stated that a consult for an evaluation by a psychiatrist was placed on 2/12/14.</p> <p>E8 commented," R1 is quiet, does not socialize because of hydrocephalus. He becomes forgetful about things he wants. R1 came from community because he could no longer care for himself, ADLS (Activities of Daily Living), uses walker to ambulate outdoors. R1 does not walk fast. He walks one step at a time. He cannot walk fast because he is unable to bend his knees. The MDS (minimum data set) dated 10/18/13 denotes for the BIMS (Brief Mini Mental Status) evaluation a score 10 out of 15 indicating R1 has moderate cognitive impairment.</p> <p>R1 's community survival skills assessment dates of 1/31, 4/25, 7/23 and 9/17/2013 documented the following: The resident appears to be capable of outside pass privileges at this time and resident appears to be capable, but still</p>	S9999		

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S9999	<p>Continued From page 9</p> <p>needs the doctor ' s orders.</p> <p>The facility ' s community survival skills assessment for R1 did not reflect the physician ' s order. This assessment was not revised after it was found that R1 was not capable of being independent while in the community.</p> <p>2. On 2/11/14 at 1:15PM E4 (Receptionist) and E6 (CNA) were present in the area when R8 entered the front door of facility walking with a cane. R8 had no coat, gloves or hat on. R8 had on a short skirt, sweater and anklet socks and shoes.</p> <p>When R8 was asked if she had a coat, R8 said, "It's in my room. I just stepped outside to see how cold it was." R8 is a 64 year old female with diagnosis of Schizophrenia and Manic Depression.</p> <p>E6 and E4 stated that residents do not have to sign out if they are just going out to smoke.</p> <p>According to Z3 (local weather reporting agent), "Temperature in Chicago on 2/11/14 ranged from a high of 15 degrees to a low of minus 4 degrees Fahrenheit."</p> <p>3. According to incident report dated 1/03/14, R3 an 81 year old male with diagnosis of Dementia, memory difficulty and Pacemaker reported falling on ground while out on community pass.</p> <p>According to Z3, the temperature on 1/03/14 ranged from a high of 20 degrees to low 1degree Fahrenheit in Chicago.</p> <p>The incident report date 01/25/14, R3 fell out in the community during icy, cold and snow. R3 sustained abrasions to 5th fingers and abrasions</p>	S9999		

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S9999	<p>Continued From page 10</p> <p>to knuckles. Report states that two men helped him up. Then nurse 's notes dated 1/25/14, remarks that R3 walks with a stooped posture, x-ray of finger results sent to physician. R3 walks with walker.</p> <p>On 2/11/13 at approximately 2:00PM, R3 observed walking towards his walker in his room, alert and oriented to name, place. R3 observed to have a great stooped posture. R3 sat on bed and began to talk about life in general. R3 said he was just about to step out but will talk with surveyor. When asked about fall incident, R3 responded, "Which fall? I fell several times. I already told them about it." R3 responded to question about a fall in January, R3 said, "The one last month happened as I was stepping to the curb after getting off the bus and I fell. Two or three people helped me up. It was icy out there and cold. People can get hurt, that stuff is deep. I don't remember whether or not I had on gloves."</p> <p>R3 last community survival skills assessment with dates of 9/10 and 12/05/2013 documented: The resident appears to be capable of outside pass privileges at this time. Resident is ambulatory and can take the bus. This assessment was not re-assessed after 1/03 and 1/25/2014 during the extreme cold and icy condition.</p> <p>4. On 2/14/14 at approximately 2:05PM, R10 observed standing in front of facility smoking a cigarette. Care Plan dated 2/14/14 indicates R10 is a 39 year old with mild mental retardation and Diagnosis of Bipolar Affective Disorder.</p> <p>Incident reports dated 1/03/14 indicate R10 had experienced a fall while out on community pass on extremely cold days.</p>	S9999		

Illinois Department of Public Health

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  <b>IL6002430</b>	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____  B. WING _____	(X3) DATE SURVEY COMPLETED  <b>C</b> <b>03/06/2014</b>
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NAME OF PROVIDER OR SUPPLIER  <b>WATERFORD NURSING &amp; REHAB, THE</b>	STREET ADDRESS, CITY, STATE, ZIP CODE <b>7445 N. SHERIDAN ROAD CHICAGO, IL 60626</b>
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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	(X5) COMPLETE DATE
S9999	<p>Continued From page 11</p> <p>According to Z3, "Temperature in Chicago on 1/03/14 ranged from 20 degrees to a low minus 2 degrees Fahrenheit." Incident report dated 1/03/14 remarks that R10 reported to the nurse on duty that she fell in the snow.</p> <p>Incident report dated 2/02/14 remarks R10 reported having a fall while walking from the gas station due to a large pile of snow causing her to lose her balance and fall.</p> <p>According to Z3, "Chicago temperature on 2/02/14 ranged from 23 degrees to low 7 degrees Fahrenheit."</p> <p>R10's community survival skills assessment with a date of 11/13/2013 documented: The resident appears to be capable of outside pass privileges at this time. The assessment was not reviewed after R10's fall on 1/03 and 2/02/2014 during the extreme cold and icy condition.</p> <p>During an interview with E1 (Administrator) on 2/11/14 at 2:30PM, E1 presented a newly developed Severe Weather Policy. This policy did not specify provisions for or the management of residents whom go out on community passes and smoke breaks during extreme cold weather days.</p> <p>On 2/11/2014 E1 (administrator) present a policy dated October 2011 entitled " Severe Winter Weather Conditions ". This policy addresses how the facility with maintain a comfortable interior environment for the residents. It does not address what actions if any the facility staff will take to ensure the safety of residents leaving the facility for community pass or outside for smoking activity during extreme cold condition.</p> <p>On 2/13/14 at 2:10PM, E1 presented the facility's</p>	S9999		

Illinois Department of Public Health

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  <b>IL6002430</b>	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____  B. WING _____	(X3) DATE SURVEY COMPLETED  <b>C</b> <b>03/06/2014</b>
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NAME OF PROVIDER OR SUPPLIER  <b>WATERFORD NURSING &amp; REHAB, THE</b>	STREET ADDRESS, CITY, STATE, ZIP CODE <b>7445 N. SHERIDAN ROAD CHICAGO, IL 60626</b>
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S9999	Continued From page 12  policy for Community Pass. The policy indicated that residents were not assessed for community pass according to level of ability. When asked how and who determines if a resident is appropriate for community passes, E1 said, "They will have to revisit and revise how community passes are assessed and managed during severe weather conditions."  (A)	S9999		