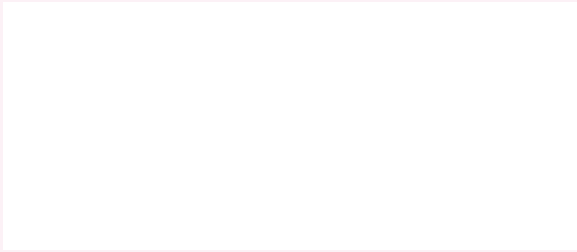


# We need your help to spread the word!

To sign up to host a Pink Potluck, go to [cancerscreening.illinois.gov](http://cancerscreening.illinois.gov)



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ILLINOIS DEPARTMENT OF  
PUBLIC HEALTH  
Office of Women's Health  
535 West Jefferson Street  
Springfield, Illinois 62761



State of Illinois  
Illinois Department of Public Health

## Pink Potlucks



Women helping women by promoting breast and cervical cancer awareness



## HOW CAN I ORGANIZE A PINK POTLUCK?

### WHAT IS A PINK POTLUCK?

A Pink Potluck is a fun event that can save lives. It is an opportunity for women to talk with other women about the importance of screenings and early detection of breast and cervical cancer. Illinois kicked off the first Pink Potlucks by inviting women in congregations and community groups across the state to host the events. Just like a regular potluck, everyone coming to the event brings a healthy dish or dessert to share. We then provide the information you need to know about getting screened for breast and cervical cancer.

### WHY HOLD A PINK POTLUCK?

Women listen to their friends. That is why a Pink Potluck is the best way to get the word out about the importance of getting screened early for breast and cervical cancer. When it comes to breast and cervical cancer, early detection is the key to survival. According to the American Cancer Society, the 5-year survival rate for breast cancer is 98% when it is detected early. cervical cancer is also treatable if detected early. Women need to know that the Illinois Breast and cervical Cancer Program provides free screenings and low-cost treatment to all uninsured women. What better way to save lives and have fun than to gather a group of women for breakfast, lunch or dinner and empower them to stay healthy!

### FREE SCREENINGS LOW-COST TREATMENT

Uninsured women 35 and older can get free cervical cancer screenings, and women 40 and older can get free breast cancer screenings. Younger women with symptoms also may be eligible. Eligible women diagnosed with breast or cervical cancer, or a precancerous cervical condition, whether diagnosed through IBCCP or an outside medical provider, may receive free or low-cost treatment through the Department of Healthcare and Family Services. For more information, please call the Illinois Women's Health Line at 888-522-1282 (800-547-0466 TTY) or go to [cancerscreening.illinois.gov](http://cancerscreening.illinois.gov).

**TAKE CHARGE**  
*get screened*

[www.cancerscreening.illinois.gov](http://www.cancerscreening.illinois.gov)

**ILLINOIS WOMEN'S HEALTH-LINE**  
**1-888-522-1282**  
**TTY 1-800-547-0466**  
**(HEARING IMPAIRED USE ONLY)**

1. Decide how many people you want to invite. It can be a small group of women or a whole congregation.
2. Pick a location and time.
3. Register your Pink Potluck by going to [www.cancerscreening.illinois.gov](http://www.cancerscreening.illinois.gov). There you can order the information that you will need.
4. Invite women through flyers, phone calls, e-mails or word of mouth. Let them know if the potluck is a breakfast, lunch or dinner and ask them to bring some food to share.
5. Invite a speaker knowledgeable about women's health issues and, if possible find a survivor to talk about their experiences.
6. Be prepared to eat, have fun and get informed!

