

Pat Quinn, Governor LaMar Hasbrouck, MD, MPH, Director

122 S. Michigan Ave., Suite 700 • Chicago, IL 60603-6119 • www.idph.state.il.us

ILLINOIS DEPARTMENT OF PUBLIC HEALTH PERINATAL ADVISORY COMMITTEE MEETING October 10, 2013 1:00 p.m. – 3:00 p.m. Michael Bilandic Building 160 North LaSalle Street Chicago, Illinois 5th Floor, Room N-502 Howard Strassner, MD, Chairman MINUTES

Chaired: Howard Strassner, MD, Chairman

Attendees Richard Besinger, Dennis Crouse, Harold Bigger, Bree Andrews, Janet Albers, Phyllis Lawlor-Klean, Omar LaBlanc, Leonard Gibeault, Janine Lewis, Robin Jones, Cindy Mitchell, Edward Hirsch, Jose Gonzalez, Bruce Merrell,

Absent: J Roger Powell, Janet Hoffman, Nancy Marshall, William Grobman (all excused)

IDPH Staff: Charlene Wells, Brenda Jones, Glendine Sisk,

Guests: Maripat Zeschke, Bernadette Taylor, Elaine Shafer, Pat Prentice, Barb Haller, Jenny Brandenburg, Cora Reidl, Angela Rodriguez, Pam Wolfe, Mike Farrell, Ray Spooner, Marilyn Paolella, Peggy Gricus, LuAnn Nurczyk, Madiha Qureshi, Jose Sanchez

- Call to Order & Welcome......Howard Strassner, MD Dr. Strassner introduced Glendean Sisk, acting Director of Family Wellness, Department of Health and Family Services
- 2. Self Introduction of Members......Howard Strassner, MD Members and guests introduced themselves.
- **3. Review and Approval of MinutesHoward Strassner, MD** Dr. Strassner asked if there were any changes to the agenda. There were no changes. The minutes of the June were reviewed. Denis Crouse moved approval, Edward Hirsch seconded. The minutes of the June 13, 2013 meeting were approved as written.

4. Old Business......Howard Strassner, MD

Dr. Strassner indicated that the membership will go through the latest version of the PAC bylaws word by word today. The goal is to create a proposed version that will have final approval when voted on at the December meeting.

Dr. Bigger in charge of the Medical Studies Act and Roberts Rules for the Perinatal Program and he has reviewed the by-laws for form under the Medical Studies Act.

The articles were reviewed by the entire membership. Changes were proposed and these are included in the attached version that accompanies the minutes.

The members are asked to review the bylaws prior to the December 12, 2013 meeting and be prepared to finalize the document.

Dr. Strassner also discussed succession and requested persons who have an interest in being chair to let Charlene know. If no candidates come forward the need still exists for a new chair and the PAC will need to deal with that.

Conclusion of Presentation of PAC By-Laws at 2:05pm.

5. IDPH Update.....Charlene Wells

- The Ethics 2014 statement is due, many did return. The complete roster absolutely must be presented at the December meeting. IDPH Legal takes this responsibility very seriously. All members are asked to review the material and sign.
- Open Meetings Act training must be completed by all PAC members.
- The Perinatal Program has moved from Health Promotion to the office of Women's Health under Dr. Brenda Jones, Deputy Director.
- Grantees are looking to correct the errors in the appendices and the Site Visit process.

Brenda Jones

- Dr. Jones presented her goals for the review of the Perinatal Program. She indicated that the placement of the Program with Women's Health will allow more interactivity with other IDPH Women's Programs
- She is meeting with chairs and committee members and eliciting support from a consultant with regionalization experience.
- Title V will give support. IDPH has posted positions for Maternal-Child Nurses who will assist with Quality and Performance Measurements
- Dr. Jones hopes to have ready for presentation in December

Barb Haller asked about the Illinois State Police Background checks and pending members' clearance to join the PAC. It is hoped that the solution will be in place by the December meeting.

6. Committee Reports

Statewide Quality Improvement Committee......Harold Bigger, MD

Media Qureshi, MPH from the March of Dimes requested to be on the SQC and was unanimously approved by those members. Edward Hirsch moved approval and Cindy Mitchell seconded. The PAC membership unanimously approved the motion. Ms. Qureshi will be a member of the SQC.

Regional Quality Council Reports St. Louis - Study on Evidenced Based Breastfeeding

The study was prompted as there was no consistent data on the quality of breastfeeding in the Network Hospitals

The following outlines the accomplishments and goals: $1^{\ensuremath{\mathsf{st}}}$ Quarter

- Questionnaires were sent out in January 2013
- The Online toolkit was reviewed at a Network Meeting
- Data Collection was discussed
- Established a Minimum Data Collection
- Review policies for compliance with the Infant Feeding Act

87% of Network Hospitals had Breastfeeding Policies

94% had some type of lactation support

25% had a Breastfeeding Committee

37% has skin-to skin

56% had 24 hour rooming in

94% had breastfeeding within 60 minutes but only 36% monitored

Monitoring was weak for all areas

2nd Quarter

- Quality Indicators determined maternal reports via questionnaires, monthly summary report
- Breastfeeding policy developed or revised to comply with Infant Feeding Act
- Begin Staff education

Survey asked:

- Total del
- 23/24/ hours back to Nursery
- Pumping within 6 hours for mothers
- Mixed or actual

3rd Quarter hoping to start data collection July 1 – Started September 1, 2013

Successes:

• 4 hospitals on baby Friendly pathway

Issues

Having trouble about 24 hour rooming in – back to the nursery for exams

- Difficult explaining changes to MD's
- Skin to Skin with Cesarean getting Anesthesia to cooperate.
- OR staff not always cooperative.
- Problems with low staff and education, no lactation consultants
- Culture change difficult
- 60 minutes don't want to get skin-to-skin right away
- Early pumping
- Quality Indicators hard to select
- Nursing Manager also does staffing.

With implementation hospitals should meet the Joint Commission Quality Indicators

Loyola - Obesity in the Perinatal Population

CDC slides indicate that in 2010, 28.2% of the population of Illinois is obese. This problem is consuming healthcare dollars which are much higher (\$1429 in 2006) for those with a BMI 30 or higher. No state has a rate < 20%.

CDC leaves pregnant women out of statistics but the 2011 Pregnancy Nutrition Surveillance indicated that 59.2% of mothers were overweight and 55.8% were obese.

Loyola did education in Network hospitals outlining the risks and complications. Obesity data was collected from Network hospitals on Three Classes of Obesity:

Class I BMI 30-34.9 Class II BMI 35-39.9 Class III BMI 40+

Few patients had BMI documented on initial Visit.

Pre-Pregnant BMI =N 450 deliveries Labor Admission BMI =N 541 deliveries

Of significance was Labor Admission showed 50% patients have Class 1-2-3 obesity

No formal toolkit is in place at present. A data collection tool has been developed to review management:

- 1. Antepartum
 - a. Diabetes
 - b. Preterm Labor
 - c. PRE-eclampsia
 - d. Nutrition Gastric Bypass and Lapband
- 2. Intrapartum with factors such as

PTD

Cesarean Airway Management Blood Clots Infection (Systemic and Incisional) Vaginal Should Dystocia Operative Deliveries

- 3. Postpartum
- 4. Neonatal

The results will determine the primary area of focus and the best opportunities for improvement. The goal will be to engage stakeholders in conversations with recommendations from experts.

Members asked what motivated the Network to do this study. High rates of morbidity associated with obesity were being observed. Partners include MD's, MD champion for each site and anesthesia participating.

The study will avoid only focusing on the mother; will look at babies with hypoglycemia and other neonatal complications. The members complimented Loyola on this project.

Deb Rosenberg indicated that the prenatal minimum electronic data, when implemented will provide data access for all Medicaid patients. IDPH is making the shift from hospital based medicine to offices for betterment of care.

Arden Handler is involved in a Care Coordination committee to pilot the provider toolkit training and provider and consumer checklist.

Ann Borders discussed how the Perinatal Collaborative could be instrumental in the study and may be able to provide provisional data.

Maternal Mortality Review Sub -Committee......Robin Jones, MD

Dr. Jones indicated the MMRC has lost three Maternal Fetal Medicine physicians but the following MFM's have requested membership and were unanimously approved by the MMRC.

Dr. Gary Loy, Dr. Michael Socal and Dr. Robert Abrams were presented for approval and were unanimously approved by the PAC.

Frank Nagorka, JD, EMT-P is proposed as an ex-officio member. Mr. Nagorka has 30 years of experience as an EMT as serves as an n attorney for EMT's. He was unanimously approved by the PAC for the ex-oficio position.

Nancy Martin – ASTHO award – contributes and dedication.

Workgroup looking at resuscitation – opportunities for improvement for what occurs during OB resuscitation, OB group will publish recommendations in the next 2-3 months.

Subcommittee on Facilities Designation Report.....Cindy Mitchell, RN, BSN, MSHL

St. Alexius Hospital has requested to move from the Rockford Perinatal Center to Loyola Perinatal Center

MOTION #3 To approve the request of St. Alexis Hospital to move from the Rockford Perinatal Center to Loyola Perinatal Center.

Cindy Mitchell proposed the motion, Lenny Gibeault seconded. Dr. Jones asked what prompted the request. The request would support the Neonatologists referral pattern and logistics, improve education and quality monitoring and simplify Morbidity and Mortality reviews. The motion was passed unanimously.

Silver Cross Hospital has requested to advance from a Level II to a Level II with Extended Capabilities.

Motion #4 To approve the request of Silver Cross Hospital to advance from a Level II to a Level II with Extended Capabilities

Cindy Mitchell proposed the motion, Barb Prochnicki seconded. The motion passed with all ayes, except one abstention.

The Subcommittee on Facilities Designation was asked if a Physician assistant can cover and take call in the Special Care Nursery. The Perinatal Rule specifies an APN or board certified pediatrician, therefore a Physician Assistant cannot currently be the in-house person for the Special Care Nursery.

Maternal Level II with Exemptions allows the Letter of Agreement component exception process if to make an exception for neonatal care but not obstetric. The APC and hospital can request from IDPH for blanket approval for obstetric exemption but that is not as the Rule intended and at this time there are two hospitals in this category.

Update for Northwest Community: a Site Visit will be held on October 29, 2013. The Director has deferred final decision whether to act upon the PAC recommendation that Level II be revoked until December, 2013.

Grantee Committee Report..... Lenny Gibeault, MSW

Centering Healthcare update was presented by Mary Alice Grady focusing on how we can improve health using the model. There are costs involved. She requested referrals from hospitals

Collaborating for Network Education and Trainings – resources are depleting and there is an opportunity for better utilizing time by consolidating classes and eliminating duplication or cancellations. POEI will be discussing with the Grantees.

7. New Business......Howard Strassner, MD

Ray Spooner asked does Medicaid cover non-medically indicated inductions ore Cesarean birth. They are covered at a vaginal rate.

CHMCHAC is working with EMS high risk mom right place right time. Angela Rodriguez discussed the Perinatal and Trauma similarities. CHMCHAC is trying to place the seed to begin to triage patients blend systems, algorithm. An educational program will be provided for key EMT personnel t the end of the month. EMS downstate does have a protocol should be familiar and protocols can be shared. County lines and when it happens time and necessity are really important in this area.

Dr. Strassner asked that any other new business item be held for next meeting. He reiterated the expectation that the next meeting result in approval of by-laws and the process for election of officers be completed

> Next Meeting December 12 at 1:00 PM Michael Bilandic Building - Room N-502

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