

Illinois Department of Public Health (IDPH)
 Illinois Suicide Prevention Alliance (ISPA)
 Summary of Minutes August 19, 2013
 10:00 a.m. – 2:30 p.m.
Approved November 21, 2013

VIDEO CONFERENCE:
 122 S. Michigan Ave., 7th floor, Chicago
 One Natural Resources Way, Lake Level, Springfield
 2309 W. Main St., Marion

		Present	Excused	Un- excused
<u>Appointed Members in Attendance</u>				
Carol Gall	Mental Health America of Illinois	Chicago		
Chuck Johnson	Illinois Hospital Association	Springfield		
Colleen Daley	Illinois Council Against Handgun Violence		X	
Eric Davidson	Illinois Higher Education Center	Phone		
Jeff Dill	Representing fire service		X	
Jessica Gerdes	Illinois State Board of Education	Phone		
Judy Ashby	LifeSavers Training Corporation	Marion		
Lora Thomas	NAMI Illinois – National Alliance on Mental Illness	Phone		
Mariann Blacconiere	Representing service members, veterans and their families	Chicago		
Nicole Pekovitch	Representing mental health consumers		X	
Paul Fleming	Survivor	Chicago		
Peter Mulhall	Center for Prevention Research and Development	Springfield		
Steve Moore	American Foundation for Suicide Prevention	Chicago		
<u>Ex-Officio Members in Attendance</u>				
Jennifer Martin	Illinois Department of Public Health	Springfield		
Jessica O’Leary	Office of the Attorney General	Chicago		
Mary Mayes	Illinois Department on Aging	Springfield		
Mary Ratliff	Illinois Criminal Justice Information Authority	Springfield		
Master Sergeant Ed Petrik	Illinois State Police	Phone		
Patricia Reedy	Illinois Department of Human Services	Chicago		
<u>Stakeholders in Attendance</u>				
Gail Simpson	Illinois Department of Children and Family Services	Springfield		
Alysia Tate	Office of the Attorney General	Chicago		
Shantel High	Illinois Department of Human Services	Springfield		
Libby Bair	Illinois Department of Public Health	Springfield		
Trina Dietrich	Illinois Department of Human Services	Springfield		
Mr. Suell	Illinois Department of Human Services	Springfield		
Vyki Jackson	Illinois Department of Public Health	Phone		

Meeting was called to order at 10:05 a.m.

Introductions/Welcome

Introductions and a welcome were made by Ms. Ratliff. Quorum is met.

A review of the FY14 meeting dates and new format (all meetings by video conference and shortened lunch) was provided.

Review & Approval of May 17, 2013 Meeting Minutes

Copies of the minutes were distributed to the members prior to the meeting and copies were available during the meeting. Ms. Reedy motioned for the approval of the minutes, with a second from Mr. Moore. All in favor, motion carried.

Update from Illinois Department of Public Health *(Reporting: Jennifer Martin)*

Graduate intern – Ms. Martin announced Libby Bair as the new graduate intern assigned to the youth suicide prevention project. Today is her first day.

Ethics training – Ms. Martin thanked all the appointed members for completing the annual ethics training.

National Suicide Prevention Week – members were encouraged to observe National Suicide Prevention Week.

Youth Suicide Prevention Project – starting with this meeting, the project updates will be provided through the workgroup reports.

Mr. Johnson provided a presentation about a joint campaign held in his community to promote the national 75 Days of Action campaign, recognizing everyone has a role in preventing suicide, by the Substance Abuse and Mental Health Service Administration; Blessing Hospital developed a joint comprehensive campaign with their local mental health center and television station to host a number of activities; such as establish a Voice of the Family Committee made up of primary and secondary mental health consumers to coordinate the campaign; television and radio public service announcements; electronic bill boards, train physician office staff at three medical clinics, train emergency department (ED) on post ED visit next day follow up by local mental health center; send letter to the editor; send letters and suicide prevention materials to clergy at all area churches; offer a school luncheon to promote the IYSPP and expand the “Teen Depression and Suicide” programs to rural high school health classes.

Part two of Mr. Johnson’s discussion included a presentation on how he promotes the Illinois Youth Suicide Prevention Project (IYSPP.) He provided an overview of the project, statistics and the online training. Mr. Johnson provided this presentation to a regional meetings of mental health providers. As a result, three mental health centers approached him afterwards about conducting the same presentation in their area. His presentation served as an example of how local communities can help increase awareness of the state project. If a member conducts a similar presentation, then Mr. Johnson encourages them to take flyers about the online training and the overview of the project when you talk to schools (they like the additional information.) Ms. Gall encouraged other members to offer similar activities. Dr. Muhall recommended offering the presentation at all the regional mental health meetings, to mental health providers and mental health centers. Ms. Diedrich recommended adding the It Only Takes One link and information about substance abuse resources to the presentation.

Discussion of ISPA leadership positions and member vacancies *(Reporting: Jennifer Martin)*

Vacancies – Ms. Martin reported there is not an update on the letters sent to the state agencies, requesting they join the alliance. She also outreached to other agencies currently with vacancies to identify nominees.

Ms. Martin announced Sam Giordano Jr. submitted his resignation to represent emergency medical services (EMS,) due to other work commitments. Alliance members were invited to nominate someone. No names were nominated during today’s meeting. Ms. Martin will follow up with the EMS staff and/or council for recommendations.

Presentation with regards to overdoses presented at the emergency department; are they intentional or unintentional overdoses: (Reporting: Trina Diedrich, Illinois Department of Human Services, Division of Alcoholism and Substance Abuse.)

Ms. Diedrich provided a presentation on suicide and substance abuse. She shared data, information on the effects on emergency departments and an overview of the drug overdoses deaths and pharmaceutical drugs. She summarized there are clear data that shows a strong correlation between substance abuse and suicide. In the past several years specific suicide deaths have been related to use of opiate pain. Individuals who use opiate pain medication are more likely to begin use of other illicit drugs like heroin. Any family that has opiate medication should have it locked in safe place. Ms. Diedrich also shared information about the SAMHSA TIP 50 and the suicide prevention toolkit for high schools as resources. The alliance discussed the concerns associated with bath salts. Mr. Johnson mentioned they noticed a standard three day detox could last five days for those seen for bath salts. Ms. Reedy asked if there are pharmacist collaboration. Dr. Mulhall mentioned the Illinois Prescription Monitoring Program. Ms. Tate mentioned prescription dispenser are required for pharmacists but for doctors it's voluntary. Ms. Mayes shared the concerns with older adults. Medication misuse can occur as a result of not being able to read the label and they tend to keep old medication even when their medication has been changed. Since older adults are already at risk of suicide, special attention should be made to the medications they have on hand.

Review of the 2012 Annual Report – a draft annual report was shared with the alliance members. A list of accomplishments was included; however, the data will need to be updated. A couple of member's accomplishments needed to be added or revised. Staff were asked to check the format (e.g., bullets, spacing) and the national statistics. Members agreed to keep the data in the appendices; in fact, it will be renamed the Data Section." Members requested the data on poisoning be broken out. If the data includes drug overdoses then a notation should be made. A request was made to add behavioral data and substance abuse data. Ms. Diedrich will provide Illinois data for substance abuse. Ms. Martin will make these changes and consult with the internal data team to revised and add data. A revised report will be sent to the members.

Workgroup Updates

Community Awareness Workgroup – (Reporting: Carol Gall)

It Only Takes One campaign – Ms. Gall anticipates the new website will be launched in the next month or so. She encourages everyone to continue to leverage suicide prevention activities during National Suicide Prevention Week. Ms. Diedrich mentioned National Recovery Week is the same week.

Issue paper – Ms. Martin reported some internal discussion were had about what header to use for the issue papers. Staff resubmitted their request for a suicide prevention header be developed. Ms. Bair will begin creating new issue papers.

Data Workgroup – (Reporting: Peter Mulhall)

Dr. Mulhall reported the administrator for the Kendall County Health Department spoke to the data workgroup during their last meeting about their approach to conduct psychological autopsies to review incidents of suicide and utilize the information to increase awareness in their communities. He also reported there was an evaluation component to the consensus meeting which his staff is reviewing.

Other data initiatives include: the Illinois Youth Survey, which provides data back to schools on a variety of topics, will start again in Spring 2014. They currently are recruiting schools. Substance abuse data was added to the Illinois Department of Public Health's I-Query system. It is a group of selected data which was finished in July. It includes both state and county comparison.

Dr. Mulhall would like people to start thinking about upstreaming, a protective factor for suicide. The Illinois State Board of Education is having schools look at five essential areas to gauge school environments.

Ms. Gall mentioned she and Ms. Martin are part of a focus group will convene to look at the Illinois Violent Death Reporting System (IVDRS) – how the system collects data, how data are layered and how it are used. Ms. Gall encourages the alliance to continue to look at ways to expand the IVDRS.

Education and Training Workgroup – (Reporting: Jennifer Martin)

Ms. Martin provided updated on the proposal to host a statewide suicide prevention conference and host a meeting with institutions of higher education, in addition to webinars with trauma centers and substance abuse prevention specialists. The workgroup will need help planning the system change meeting for next year. Ms. Martin will establish an ad hoc committee.

State Agency Review and Support Subcommittee – (Reporting: Patricia Reedy)

Ad hoc committee looking at professional competency – Met with one of the organizers in Washington to learn more about the role the social work department had in the initiative.

Ms. Simpson noted there are similarities in the activities within this group and the Education and Training Workgroup. The two groups are encouraged to share information to ensure there is not duplication.

2013 stakeholder's consensus meeting – The meeting was held on June 20, 2013 in Springfield. Approximately, fifty people attended. Participants will receive a follow up survey. A report will be created based on the findings.

Agency Announcements

- Ms. Blacconiere reported Kevin Hines (who survived jumping from a bridge) will speak for the VISN12 area. The VA also plans to distribute gun locks as part of National Suicide Prevention Week.
- The American Foundation for Suicide Prevention have eighteen community walks planned.
- Mental Health America of Illinois are participating in health fairs at city colleges. They will conduct screenings, provide education materials and register people in the Violet Registry.

The meeting was adjourned at 2:30p.m.

Minutes prepared by Jennifer Martin