

ILLINOIS DEPARTMENT OF PUBLIC HEALTH
Illinois Suicide Prevention Alliance
State Agency Review and Support Subcommittee
Approved October 20, 2014

Monday, August 11, 2014

3:00 p.m. – 4:00 p.m. (Conference call)

Introductions

Jennifer Martin	Illinois Dept of Public Health
Jessica Gerdes	Illinois State Board of Education
Libby Bair	Illinois Dept of Public Health
Patricia Reedy (Chair)	Illinois Department of Human Services/ Division of Mental Health (DMH)
Trina Diedrich	Illinois Department of Human Services/ Division of Alcoholism and Substance Abuse (DASA)

Minutes from June 16, 2014

Ms. Reedy proposed two minor changes to the minutes:

- Add “on community partners” after the word decision, second paragraph in **Announcements**.
- Change Mr. to Ms., second to last paragraph of **Old business**.

Ms. Reedy motioned for approval of the amended minutes, seconded by Ms. Diedrich. All in favor, motion carried.

Announcements

Ms. Martin reported she and Ms. Bair have been meeting individually with several alliance members to discuss what suicide prevention strategies the ISPA can help implement in their agency, as well as opportunities for collaboration. Each call has resulted in at least one action item. After completion of the calls, Ms. Martin plans to go through her notes from the calls and create a summary to share with the workgroups. Anything State Agency collaboration related will be relayed to the workgroup.

Ms. Gerdes reported her division had a meeting earlier in the day where Michele Carmichael featured the Kognito trainings in her report. She mentioned they were way to complete required mental health training requirements.

Update on State Agency Projects

Ms. Diedrich informed the group she won't be coordinating an annual event for Recovery Month this September due to educational obligations. The event was previously held at the McFarland facility in Springfield. Because of Ms. Diedrich's absence, her agency has decided to partner with an event that has already been developed for the health observance, Recovery Rally on the Rock, which will be held Saturday, September 20th in Rockford. A goal of this event is to reach out to agencies in DHS Region 2, and is being coordinated by Kate Craig of Treatment Alternatives for Safe Communities, Inc.

Updates on opportunities to increase professional competency

Ms. Reedy noted during the last workgroup call she and Ms. Thomas reported NAMI is taking the lead on this project. They also reported they were going to try to get the National Association of Social Workers (NASW) involved in the project. Since then, Ms. Reedy met with exec director of NASW. She stated he is not 100% convinced with their original approach to the issue, which was to attempt to emulate Washington state (there is a law that requires licensed clinicians to have 3-5 hours of CEUs be about suicide prevention/crisis intervention).

Rather, she found the executive director of NASW was interested in gathering his peers from other professional organizations together in efforts to bring all of them up to speed on the issue. A meeting hasn't been planned yet and will need to be planned months in advance in order to get as many directors in attendance as possible. Ms. Martin added bringing the American Foundation for Suicide Prevention might be beneficial to the conversation, as they have legislative priorities. Ms. Reedy mentioned she was still looking for contacts for LMFT and LCPC professional organizations, and added if anyone has contacts for either to please share with she or Ms. Thomas.

Update on plans to conduct a meeting with substance abuse treatment professionals to enhance their capacity to implement suicide prevention strategies

Ms. Martin shared a 2-page summary of the responses to the survey. The ad-hoc committee for this meeting will be meeting Thursday the 14th to look at these results and discuss matters such as whether to have one training or regional trainings, what time of year to hold the training/s, and what approach to take in terms of content. Ms. Martin added the number of people on the planning committee has tripled due to the survey being sent out. She was hoping to have met with the group prior to this workgroup call, however finding a time that was suitable for a large amount of people was a challenge.

Ms. Martin briefly summarized the document presented: the majority of responses were from providers in Regions 1 and 2 and most topics presented had promising numbers of interested respondents.

Ms. Diedrich asked if the summary of results/raw result data had been forwarded to Ms. Binion, director of DASA. They had not—Ms. Diedrich agreed to forward them to her. Ms. Reedy added the number of responses went up tremendously after the survey was sent out with Ms. Binion's signature attached.

Review recommendations from the final report from the Youth Suicide Prevention Consensus Building Meeting

Identify appropriate resources for referral by increase awareness on the resources that are currently available

Ms. Martin reported on an idea she has been pursuing. Now that the Department has webinar capabilities, she'd like to host webinars that would highlight resources available in the state. The It Only Takes One website currently has a resource list and provider directory, but the proposed webinars would enhance those resources that already exist.

Ms. Martin also reported the original resource list from the recommendation report said to "develop a standardized referral process," however, in a meeting with school personnel, they expressed their concern that this approach would not work and that they have tried it (and were unsuccessful). Ms. Martin continued the school personnel suggested a more appropriate approach to be letting schools know of what programs/resources are already ready and available for them (SASS, AFSP programs for schools, etc.) for when they need to make a referral.

Ms. Diedrich inquired as to whether those have done trainings in schools talk about resources at all. She is curious particularly because of the current heroin epidemic—she gets calls each day from parents, Social Workers, other independent professionals looking for treatment and detox services. Opiates have overtaken any other cause of death for adolescents up to age 25, surpassing motor vehicle incidents.

In a majority of the state where Medicaid expansion has come into effect, coverage has increased while treatment capacity has decreased as a result. Ms. Diedrich stressed it is urgent that we get the message about available resources out to those who need it—she believes accomplishing this may be a matter of brainstorming between state agencies to create a list to hit all of the needs, as the particular type of list probably doesn't already exist.

Ms. Reedy added some of the Governor's Office of Health Innovation & Transformation (GOHIT) initiatives being worked on might be relevant to the problems Ms. Diedrich was speaking about. She added the person managing the part of GOHIT most relevant to this issue (people having coverage but not enough places to get treatment) be made aware of this issue.

Ms. Martin suggested the Delivery Reform workgroup of the GOHIT might be of help to/interested in this discussion.

New business

Ms. Reedy provided a handout for the group regarding the GOHIT/Illinois 1115 waiver. According to Ms. Reedy, GOHIT is a transformation of how healthcare will be delivered in the state and will involve integration from several areas.

For those who weren't familiar with the 1115 waiver, Ms. Reedy explained it as the section of the Social Security act that gives the Secretary of Health and Human Services authorization to approve things to the state Medicaid plan that otherwise wouldn't normally be approved.

Ms. Reedy encouraged those at the meeting to do some reading regarding this topic. While it may be overwhelming, she believes it is the direction the state is headed rather quickly. Ms. Martin added that an invitation has been extended to GOHIT to address these issues at the upcoming alliance meeting.

Divide tasks and determine expectations for next meeting

No other expectations/tasks in addition to previous matters discussed during the meeting.

Reminder of FY15 meeting dates

Ms. Martin will send out a reminder with all FY15 meeting dates. The standing date falls on Columbus Day, so the October meeting has been moved to the following Monday, October 20th.

Minutes submitted by Libby Bair, reviewed by Jennifer Martin