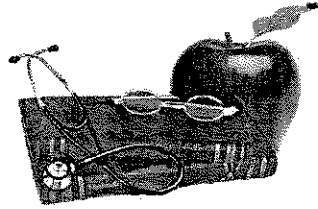


# *Healing Hands Resource Center*



## **The Whole Person Project :**

The Whole Person Project (WPP) is a Healthy People 2020 focused initiative. It targets North Lawndale, one of the 77 neighborhoods in Chicago. This project recognizes, as does Healthy People 2020, that health and health service implementation most be considered in a social-economic context. Jonathan Fielding, MD, MPH, MA, MBA, chair of the Secretary's Advisory Committee on Health Promotion and Disease Objectives for 2020 stated "We can't achieve what we want without looking at education, jobs, public health infrastructure, recognizing that poverty is a poison...it can't just be left to public health. We need to have elected leaders think about the health implications of what they do — tax policy, mass transit, agricultural subsidies — we need people in all sectors to be thinking about health implications."

Many community based organizations within the North Lawndale strongly agree with Dr. Fielding . In fact, The Whole Person Project (WPP) is a collaboration between community based organizations including : Healing Hands Resource Center; Healing Hands Medical Center; C.A.H.M.C.P (Chicago Area Health And Medical Careers Program/IIT); M.O.V.E (Mother Opposed To Violence Everywhere), Several faith based organizations, Blessed Sacrament Youth Community Center) and three North Lawndale based public elementary Schools (Sol. R. Crown, William Penn and Dvorak Elementary Schools). Healing Hands Resource Center is the primary service provider and lead agency for the collaboration.

The Whole Person Project was designed to create and implement strategies which address the four goals of Healthy People 2020: 1) achieve health equity, eliminate health disparities and improve health for all groups; 2) eliminate preventable disease, disability, injury and premature death; 3) create social and physical environments that

promote good health for all; and 4) promote healthy development and healthy behaviors at every stage of life. WPP proposes achieving these goals via the establishment of a multi-campus school based clinic which will serve as a New Access Point for health care delivery in North Lawndale. WPP understands that youth and family centered services is the key to addressing community based challenges, including health care. 75% of North Lawndale residents are in the age range to be elementary school students, their siblings or parents . A school based clinic would allow students and families to access health services in a familiar and easily accessible setting. Each of the participating schools is committed to increase teacher and school effectiveness and to become community-oriented schools. They are therefore prepared to provide operational flexibility and to seek out greater community interface. . By utilizing the preexisting infrastructure of the schools the project is able to dedicate greater resources to health care delivery.

The WPP recommends introducing whole person treatment, also known as integrated health services into each of the three participating schools. Whole Person Treatment approaches health in a holistic manner. It integrates all aspects of treatment into one treatment plan. For example, when treating an individuals with hypertension, whole person treatment does not solely address the medical aspects of the disease; it also focuses on stress management , possible underlying mental health concerns, as well as nutrition and fitness . The foundation of whole person treatment is the understanding that health does not come in pieces or in parts. Health is a whole thing, which exists in a delicate balance. Increasingly research is showing a high co-morbidity between certain medical disorders, particularly life style related disorders, and social stressors, psychological and addictive disorders. Whole Person Treatment suggest that in order to optimally address these disorders, they should be approached as components of a syndrome rather than as unrelated illnesses. To ensure comprehensive services WPP has targeted 19 of the 39 focus areas proposed by Healthy People 2020. The 19 focus areas have been divided into four subgroups: Primary Care: Mental Health/ Substance Abuse: Community Initiatives: and Nutrition and Fitness. To ensure intergrated and coordinated services, data from all service points will be filtered though a central body, the treatment team. The treatment team will meet weekly and consist of represenatives from each of the four subgroups.

North Lawndale is plagued by multiple social stressors including high levels of poverty, poor educational outcomes, crime , criminal justices involvement and health disparities. North Lawndale lacks many basic health resources, including access to

good places to buy food. It is one of the area's Mari Gallagher of The National Center For Public Research called a "food desert". In comparisons to most other Chicago communities, Illinois, and national statistics North Lawndale has higher rates of Obesity, Diabetes Mellitus, Strokes, Cancer, Asthma, HIV/STD, Mental Illness, Substance Dependence and infant mortality. It is clear that social stressors directly impact health related attitudes, behaviors and outcomes.

This project recognizes that community, family and student "buy-in" or willingness to participate in services is the core of effective service delivery. "Buy-in" requires a service delivery strategy which is culturally and socially competent. Such a strategy requires seven key components which may be best understood in the context of attending a party:

- 1) Get an invitation - follow the community's lead. Community based request, support and input on services is key to community use of services.
- 2) Understand the role of a guest. Health care providers should behave as guest rather than hosts of the party:- this requires establishing and conducting a service environment in which service recipients perceive treatment as a partnership and that ultimately they are in control of health care decisions.
- 3) Make sure the party is accessible – providing service in an environment which is accessible, familiar and comfortable to the service recipient
- 4) Don't be a wall flower, let people know you are at the party- aggressive culturally and socially competent marketing of services
- 5) Know how to dance- culturally and socially competent delivery of services
- 6) Get the "digits" (phone numbers) –establish mechanisms to maintain regular contact with service recipients.
- 7) Stay connected - establish a tightly woven network of services providers to ensure the integration, continuity and time sensitive provision or follow up of services.

## Biography for Valencia M. Green, M.D., M.P.H.

Dr. Green grew up in the sunshine state of Florida. Inquisitive and quiet, her thirst for knowledge and love for giving back to the community were values instilled into her by parents and grandparents at an early age. She was inspired by her father, Dr. Ginton Darien, Sr., who grew up in the impoverished neighborhoods of Cuba and Jamaica. Dr. Darien witnessed the negative impact on the community, because of the lack of dental health care providers in his neighborhood. His motivation to become a dentist was derived after seeing a family member suffering from tooth pain. Her father's ability to overcome challenges faced as an immigrant and his desire to help others, sparked Dr. Green's interest in pursuing excellence in education. After completing undergraduate studies at Florida State University, she obtained an M.D. degree from University of Nebraska Medical Center in Omaha, NE. Realizing youths in our communities are the future leaders, Dr. Green worked feverishly with young people as Youth Director of various church and community organizations. She desired to create programs for youths and adults from economically disadvantaged backgrounds. She combined her knowledge as a physician with administrative training. She earned a Masters degree in Public Health, with concentration in Health Policy Administration from the University of Illinois at Chicago.

Dr. Green worked as an Assistant Director and Health Educator for *Yihoodah Y. Green and Associates LLC*, a multi-specialty medical practice established by her husband in 2003. The clinic was located at the foot of Rockwell Gardens Housing Project on the west side of Chicago. She mentored students from the clinic and the community and became an advocate for youths.. After working closely with her own children and the youth in the community, Dr. Green was able to experience the challenges students in public schools face. Of particular interest to her, were those challenges faced by students with learning disabilities and attention deficit hyperactivity disorder. She researched and studied learning differences and dyslexia. Due to the vast number of students requiring services not provided in the schools and the negative impact it began to have on the community, Dr. Green established a free tutoring program for elementary and high school students. The program offered test preparation for standardized admissions tests, focusing on admission to top high schools and colleges.

In 2007, Dr. Green established *Healing Hands Resource Center*, a non-profit organization providing mental health services and skill training for youths and adults. Presently she provides seminars on various topics including; life skills, health education, and HIV/AIDS. She also works with youths and adults participating in ex-offender programs. Dr. Green lives in Chicago, IL with her husband and four children.

## **CURRICULUM VITAE**

### **YIHOODAH Y. GREEN, M.D.**

#### BIOGRAPHICAL DATA

Date of Birth: December 11, 1964

Home Address: 1022 N. Kedzie Avenue  
Chicago, IL 60651  
(773)814-3202

Email: drgreen4935@sbcglobal.net

Marital Status: Married

Number of Dependents: Five

Clergy: Ordained Minister and Associate Elder of  
Beyth-El Temples International

#### EDUCATION

10/1999-10/2002 Mt. Sinai Hospital Medical Center  
Chicago IL.  
Residency – Family Practice (Board Eligible)

7/1997-10/2004 Finch University of Health and Sciences/ Chicago Medical  
School  
North Chicago IL.  
Residency –Adult Psychiatry (Board Eligible)

7/1995-6/1996 Christ Hospital  
Internship- Internal Medicine  
Oak Lawn IL.

8/1990-6/1995 University Of Health Sciences/ Chicago Medical  
School  
North Chicago, IL  
Degree: M.D.

8/1983-6/1989                      National College of Education Administration  
 Elementary Science Education  
 Kankakee, IL  
 Degree: B.S.

1970-1983                              Chicago Public School System  
 Chicago, IL

## PROFESSIONAL EXPERIENCE

7/2009 – Present

HRDI- Medical Director, Chief Clinical Officer and Chief Psychiatrist

Historically the offices of Medical Director, Chief Clinical Officer and Chief Psychiatrist were independent entities. However in 2009 by authorization from the interim President/CEO these offices were combined in order to facilitate an expeditious restructuring of all clinical programming. HRDI recently consisted of over forty independent clinical programs. In order to increase agency wide efficiency and productivity, beginning in July of 2009, this new office was entrusted with the responsibility of blending these programs into a program system. In pursuit of this goal the following objectives were instituted:

Objective 1) Defining and establishing an internal Systems View of the organization.

Objective 2) Defining specialty functions of individual programs/ components and their respective roles within the system.

Objective 3) Establish optimal intra-agency linkage of services.

Objective 4) Establish optimal intra-agency communications and connectivity.

Objective 5) Establish structures which would facilitate an optimally trained clinical staff.

Objective 6) Establishing optimal staff awareness of the following:

- a. the core function of the overall system
- b. the role of their respective components within the system
- c. their roles and function within their respective components

In fulfillment of these objectives the following action plans were implemented.

## **Objective 1: Systems view of organization.**

**Action Plan One:** July 2009- Presentation to the HRDI board of directors – The Whole Person Project – A system view of integrated holistic services which included the development of a primary care clinic within the HRDI system. This presentation led to the development of the Federally Qualified Health Center Investigation Ad-hoc committee of the HRDI board of directors.

**Action Plan Two:** July, 2009- Establishment of weekly management meetings which emphasized the Whole Person Project philosophy. This was done in order to promote an internal view of the system as an integrated health services provider.

## **Objective 2: Defining functions of individual components and their roles within the System.**

**Action Plan One:** July, 2009- Began bi-weekly meetings with managers to define role of system and the expected role of each component. In expectation of CARF Accreditation Review, emphasis was placed on CARF's DASA and Mental Health policies and procedure standards .

**Action Plan Two:** July, 2009- Merged HRDI's three independently administered methadone clinics into one integrated parent clinic and two out post clinics. This merger necessitated the establishment of the Office of Director of Opioid Services, and unified policies and procedures governing all opioid clinics

**Action Plan Three:** July, 2009 - Established an independent methadone medical and nursing department.

**Action Plan Four:** August, 2009 - Successfully completed both the mental health and substance dependence CARF accreditation process.

**Action Plan Five:** October, 2009 – Established a centralized intake process for HRDI's four DASA sponsored residential programs.

**Action Plan Six:** October, 2009 - Established the framework for a unified DASA residential program with four outpost locations. This necessitated the establishment of the office of the Director of DASA Residential Programs.

### **Objective 3) Establish optimal intra-agency linkage of services.**

**Action Plan One:** July, 2009 – Facilitated an intra-agency conference of all agency managers and discussed all available programming and demonstrated all potential program linkages. Such linkages included the use of HIV prevention/ awareness counselors from HRDI's HIV program to provide counseling sessions at the DASA residential adolescent girls program, Chicago Girls, and HRDI's alternative school, Vivian Summers.

Established breakout groups During monthly managers meeting designed to explore and emphasize interagency referral possibilities.

**Action Plan Two:** August, 2009- Coordinated by monthly meetings between HRDI's Opioid services Director, DASA residential managers and the, director of mental health services to promote the use of HRDI's mental health clinic by DASA sponsored clients.

### **Objective 4) Establish optimal intra-agency communications and connectivity.**

**Action Plan One;** August, 2009 - Coordinated and supervised the grant writing effort of a \$900,000 technology based grant which would allow the purchase of telecommunications and computer based diagnostic equipment. This equipment would assist in distant training, implementation of tele-counseling and tele-psychiatric services, and distant diagnostic evaluations. This grant is pending.

**Action Plan Two:** September, 2009 – Established the clinical technology team. This team was composed of members from the clinical staff and the IT staff. This team facilitated the clinical implementation of technology. This team made an assessment of HRDI's extensive technology inventory and initiated the use of HRDI's technological equipment and clinical practice. For example, in October of 2009 the team, through the use of telepresence technology, facilitated the agency wide managers meeting which included representatives from the Alabama Boston and Nevada programs.

**Action Plan Three** - September, 2009. The Clinical technology team evaluated the AMS system/ the electronic medical record system employed by the opioid clinics. This evaluation determined several technical flaws within the AMS system. This team eradicated these flaws and thus allowed a much more efficient running AMS system. This allowed, HRDI's opioid clinics to use the AMS system as its primary documentation source and methadone dispensing program. This team is also assisting the opioid clinic employees in becoming more computer literate.

**Action Plan Four** – November, 2009 The clinical/ technology team will implement the electronic medical record system called Soapware. Soapware will be the EMR used by the division of mental health.



## **Objective 5) Establish structures which would facilitate an optimally trained clinical staff.**

**Action Plan One–September, 2009** Established a framework for a training program for the clinical staff.

**Action Plan Two:** October, 2009 - Established the framework for the development of individual standard of operations protocol manuals for each of the forty programs.

**Action Plan Three:** , October, 2009 - Reestablished quality assurance teams for both DASA and mental Health services.

## **Objective 6). Establishing optimal staff awareness of the following:**

- a. the core function of the overall system
- b. the role of their respective components within the system
- c. their roles and function within their respective components

**Action Plan One:** the future development of an employee handbook which specifies components “a” through “c”.

9/2008 – 7/2009

Founder of the **S.O.B.N.O.M.O.** Initiative.

The **S.O.B. N.O.M.O.** is an acronym for **S**earching **O**ut **B**ehaviors **N**ot **O**therwise **M**entioned or **O**bserved.

The **S.O.B.N.O.M.O.** Initiative is a collaboration between Healing Hands Resource Center in Chicago, Illinois, Rose Medical Center in Peoria Heights, Illinois and several faith based organizations in central Illinois. This initiative which seeks out new and innovative means to provide mental health services, is in response to the increasing demand for mental health services within African American communities in central Illinois. This program made use of face to face and tele-psychiatric services.

7/2007 – 7/2009	Author of seven private and governmental grants on behalf of Healing Hands Resource Center.
3/2007- Present	Chicago Lake Shore Hospital Chicago IL. Attending Adolescent and Adult Psychiatrist
12/2005 – 07/2008	Scott Nolan Psychiatric Hospital Deplanes, IL. Attending Adolescent Psychiatrist
11/2006- 07/2009	Daniel J Nellum Is a DCFS Transitional Shelter for male ages 13-21 Lead Psychiatrist
08/2008- 08/2009	I AM ABLE Community base counsel service and subcontractor for DCFS for evaluation of DCFS involved parents with a history of mental illness. Lead Psychiatrist for parent assessment team
3/2004- Present	Mt. Sinai Medical Center Chicago, IL. Attending Physician -Department of Family Practice
09/2005 – Present	Rapid Response Behavioral Health Services A multi-provider group specializing in mental health Chicago, IL. Founding Partner and Chief Psychiatrist.
12/2004 – 11/2008	Human Resource Development Institute (HRDI) an international organization dedicated to substance dependence rehabilitation and mental health services Chicago IL. -Medical Administrator of Residential Programs -Division of Substance Abuse -Psychiatrist – Division of Specialize Counseling (HIV Services)
12/2004 – 6/2007	New Directions Outreach Residential treatment facility which contracts With the Department of Children and Family Services

Chicago IL.  
- Psychiatrist,

- 09/2003 – Present      Yihoodah Y. Green and Associates, LLC.  
A multi-specialty medical group contracted with family  
Practice and mental health agencies  
- Founder and Executive Director
- 11/2001-6/2004      Cook County Jail  
Isaac Ray Forensic Center,  
Sub- contractor for psychiatric services at Cook County Jail  
Chicago, IL  
- Attending Psychiatrist,
- 7/2002 - Present      Vice Chairman, Board of Directors Bolden House  
A transitional shelter for homeless persons in drug or  
Alcohol recovery
- 7/1999-10/2002      Balance Seminar Lecturer  
Department of Family Practice/Mount Sinai Hospital  
Chicago, IL
- 10/1999-PRESENT      Member, Board of Directors,  
Bat and Bar Mitzvah Organization for Youth  
- An organization designed to enrich the social,  
Academic and spiritual skills and values of youths
- 7/1998-6/1999      Co-Chief Resident, Department of Psychiatry,  
Chicago Medical School  
Chicago, IL
- 6/1995-12/1997      Director of the “Harvard Bound Program” of  
Beyth-El School and Center  
Chicago, IL  
-An after school program designed to promote  
Academic And personal achievement in Chicago area  
Inner-city elementary and high school students

- 6/1993-8/1993 Teaching Assistant/Group Leader for the National Board Review Program-Part I  
Chicago Medical School Ancillary Affairs  
provided individual and group tutorials in a four month course for students studying for the National Medicine Board Examination-Part I
- 6/1985-8/1987 Science/Chemistry Laboratory Instructor at Chicago Area Health and Medical Program/Illinois Institute of Technology  
Taught Life Science and Basic Chemistry to high school students in the CAHAMPS Summer School Program
- 5/1986-12/1986 Health/Science Columnists for "The Citizen"  
-A weekly column of health related issues in the Hyde Park based publication
- 9/1985-9/1986 Math/Science Instructor  
-Instructor for the Upward Bound Program of the Black United Front of Chicago/Northeastern IL University Inner City Studies Campus
- RESEARCH
- 5/1993-9/1993 Research Assistant in the Lab of Donna King, Ph.D., Department of Pharmacology and Molecular Biology  
-Participated in the Mapping of the Sheep Fetal Beta Hemoglobin Gene
- 4/1992-12/1992 Research Assistant to Y.B. Amen, Ph.D., Beyth-El School and Center  
- A pilot study based on an evaluation of an Applied Epistemological Project among inner city students
- 6/1991-9/1991 Satellite Clinic Plan  
National Health Service Corps. /Charles Drew Health Center, Inc.  
-An eight week project  
Project Outcomes/Satellite Clinic Plan:  
1.) Conducted Field Study of Omaha's Communities

- 2.) Conducted demographic study of Omaha using zip codes
- 3.) Identified appropriate site for New Satellite Clinic

6/1990-9/1990

Research Assistant in the lab of A. Gilman-Sachs, Ph.D.,  
Department of Microbiology and Immunology-CMS/UHS  
-The Immunologic Response of T-Cells in Graft Rejection  
as measured by Flow Cytometry

6/1984-12/1984

Research Assistant in the lab of Barbara Smith, Ph.D.,  
Department of Microbiology and Immunology,  
Vanderbilt University Medical Center  
-Role of Macrophages in the functioning of Lung Epithelial  
Cells

#### MEMBERSHIPS/AWARDS

2009

CAHMCP 2008 "Top Docs" Award  
-An award given to Physicians who demonstrate  
excellence in service and leadership.

1993

Abraham Ben Amon Community Service Award  
-An annual award given to Beyth-El Temples International  
to individuals who promote academic excellence and/or  
social reforms within communities housing Beyth-El  
Temples

1991-1993

Student National Medical Association-CMS/UHS Chapter  
-1991-1992 Secretary  
-1992-1993 Community Liaison  
Coordinator of SNMA activities involving the Waukegan  
Public School system and/or local churches

1991

Accommodation-By the American Medical Student  
Association/Foundation  
-For students achievement in cancer research done with  
A. Gilman/Sachs Ph.D., UHS/Chicago Medical School

1986

University of Nebraska Medical Center-Award of  
Leadership  
-In recognition of service as liaison between student in the

Minority Health Career Opportunity Program and the  
Associate Dean of Academic Affairs/Director of Minority  
Affairs

# Dennis Garrett, MD

1532 East Miller Street  
Springfield, Illinois 62702

312-473-6080  
dennis.garrett.md@gmail.com

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## Education:

M.D. Rosalind Franklin University of Medicine and Science, North Chicago, Illinois-2000  
B.S. Chemistry, Xavier University, New Orleans, Louisiana-1987  
Residency (Internship), Sisters of Charity Medical Center, St. Vincent's Campus, Staten Island, NY-2001

## Pre-matriculation Studies:

Post Baccalaureate Summer Program, Robert Wood Johnson- Chicago Medical School (RWJ-CMS) -1988  
Summer Medical School Program, University of Illinois-1984  
Summer Program, Rush Presbyterian -St. Luke Medical Center-1987

## Work Experience:

Health Care Advocate and Consultant: Springfield Urban League, Inc., Springfield, Illinois 2007- Present  
Plan, organize, and lecture at Prostate Cancer Screenings and Workshops for Central and Downstate Illinois

Consultant, Illinois Department of Public Health (IDPH) and Urban League, Springfield, Illinois 2005-present

- ❖ Prepare prostate cancer lectures
- ❖ Prepare and administer evaluation instruments
- ❖ Provide cogent medical literacy
- ❖ Translate technical medical jargon to laymen use
- ❖ Participate in community outreach activities
- ❖ Supervise prostate screening activities
- ❖ Participate in strategic planning on executive committee level
- ❖ Cardiovascular screenings( e.g. blood pressure, diabetes, cholesterol, etc.) and blood pressure trainings

Adjunct Instructor, Lincoln Land Community College (LLCC), Springfield, Illinois 2005-present

- ❖ Prepare classroom lectures
- ❖ Administer tests and measures
- ❖ Evaluate student progress
- ❖ Supervise lab preparation and instruction
- ❖ Participate in Science and Math Department Committee meetings

Adjunct Instructor, Heartland Community College, Normal, Illinois-2005

- ❖ Prepare classroom lecture
- ❖ Evaluate student progress
- ❖ Supervise lab instruction
- ❖ Conduct experiments in genetics, pulmonary function, immunology, microbiology, and biochemistry

Medical Consultant, Circle of Care, Waukegan, IL-2002-present

- ❖ Plan, organize and lecture on identified continuing education topic
- ❖ Translate technically written medical and health documents for nursing and administrative staff
- ❖ Develop and administer evaluation instruments
- ❖ Consult with administrative staff regarding best practices for direct client care
- ❖ Consult with administrative staff regarding crisis and disaster management
- ❖ Serve as professional medical reference

Legislative Liaison: Chicago Area Health and Medical Careers Program at the Illinois Institute of Technology (CAHMCP-IIT), and the Good Health Place (GHP) Senior Instructor and Community Medical Facilitator, Chicago/Springfield, Illinois-2003-Present

- ❖ Research and analyze public health issues

- ❖ Advise on public health legislation
- ❖ Advocate for CAHMCP Funding and Medical Research
- ❖ Allied Health Instruction
- ❖ Health Workshops/Fairs referrals

Independent Therapeutic Day Care Interventionist, Springfield, Illinois:2002- 2009

- ❖ Provide supplemental educational modalities in accordance with individualized care plans
- ❖ Supply written educational evaluation progress reports to State agencies
- ❖ Provide ongoing behavioral assessments to psychotherapist

Medical Technical Advisor, "Prostate Cancer Awareness for African American Men" 2008

- ❖ Provide medical expertise for overall content, relevancy, and flow.  
Collaborated on production, storyline, and final editing of public service announcement

#### **Academic Service:**

Supplemental Science Instructor, Finch University of the Health Sciences/ the Chicago Medical School (CAHMCP-IIT/FUHS/CMS), Chicago, Illinois- 1994-1996

Staff Intern and Medical Research Scholar, CAHMCP-IIT/FUHS/CMS, Chicago, Illinois- 1987-1992

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#### **Presentations:**

Presenter: Healthy Breakfast Equals Healthy Father: Interactive Health Workshops on Prostate Cancer Awareness and Nutrition at Saint Paul Baptist Church in Peoria, IL June 20, 2010

Presenter: An Interactive Health Workshop on Prostate Cancer Awareness at House of Faith Church in Decatur, IL May 22, 2010

Presenter: What Healthcare Reform Means for You at Harvey Public Library, Harvey Public Library District, Harvey, IL May 2, 2010

Presenter: Health Workshops with Focus on Prostate Cancer Awareness and Nutrition at the Sisters United for Christ Conference, Hilton Hotel Springfield, IL March 26, 2010

Presenter: African American Male Prostate Cancer Focus Group at the Martin Luther King Jr. Day Census Rally held at Union Baptist Church, Springfield, IL January 18, 2010

Presenter: Healthy Dinner Prostate Cancer Workshop at Mount Emory Baptist Church, Jacksonville, IL 62650 May 28, 2009, Springfield Urban League, Inc.

Presenter: Good Health Begins With You: HIV and Prostate Cancer at Calvary Baptist Church, Springfield Community Federation, Inc. April 2009

Presenter: Illinois District Convention for Alpha Phi Alpha Fraternity, Inc.: Health and Wellness Lecture and Workshop, DeKalb, IL February 2009

Presenter: Diabetes and Prostate Cancer in African-American Men at Abundant Faith Christian Church, Springfield, IL January 2009, Illinois Department of Public Health

Presenter: Churches' Role and Partnership in Prostate Cancer Prevention: Ministerial Alliance of Sangamon County, IL January 2009, Springfield Urban League, Inc.

Presenter/Participant: Over 40 Hoops for Prostate Awareness and Screening, Springfield, IL May 17<sup>th</sup> 2008 Illinois Department of Public Health

Presenter: Men's Health Week Prostate Cancer Dinner at Northfield Inn, Springfield, IL June 13, 2008, Springfield Urban League, Inc.



Project manager: Men's Healthy Breakfast and Prostate Cancer Workshop at Capital City Church of God, Springfield, IL October 2008, Springfield Urban League, Inc.

Senior Chemistry Project: "Hypertension Research via Chemometrics", Xavier University Chemistry Department 1986

**Certifications:**

Puerto Rico Board of Licensing and Medical Disciplines  
 Authorized American Red Cross African American HIV/AIDS Education and Prevention Instructor  
 Authorized American Red Cross Basic HIV/AIDS Instructor (for Multicultural Use)  
 American Red Cross CPR/AED for the Professional Rescuer  
 LLCC's Faculty Online Training Course 2007  
 Internal Medicine, Sisters of Charity Medical Center St. Vincent's Campus, Staten Island, NY· 2001  
 Hypnosis, Dacaren Institute of Applied Hypnosis, Chicago, IL·1992

**Professional Affiliations:**

College of Medicine and Surgeons of Puerto Rico  
 Authorized American Red Cross African American HIV Education and Prevention Instructor  
 Authorized American Red Cross Basic HIV Instructor  
 American Red Cross CPR/AED for the Professional Rescuer  
 Member, Alpha Phi Alpha Fraternity, Inc., Initiated Beta Tau Chapter 1985; Presently of Mu Delta Lambda Chapter, Inc. Director of Health and Educational Activities  
 Member, Student Medical Society·1994-2000  
 Member, American Psychiatric Association, Student Association·1996-1998  
 Member, American Medical Association, Student Association·1994-1997

**Honors/Awards:**

Springfield Urban League, Inc., Recognition and Dedication to Men's Health Initiative 2008  
 Recipient, John Bradley Community Service Award, CAHMCP-IIT, Chicago, Illinois·1988  
 Recipient, Xavier University Service Award, New Orleans, Louisiana·1987  
 Recipient, Xavier University Chemistry Scholarship, New Orleans, Louisiana·1983-1984  
 Recipient, Xavier University Stress on Analytical Reasoning (S.O.A.R.) Scholarship·1982  
 Deans List, Xavier University, New Orleans, Louisiana·1982-1984

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**Board of Directors:**

Illinois Capital Area Chapter of the American Red Cross, Inc.  
 Optionsss Outreach Ministries in Illinois  
 North Shore Community Alliance in Illinois

**References:**

Furnished upon request

**VALENCIA M. GREEN, M.D., M.P.H.**  
1022 N. Kedzie Avenue • Chicago, IL 60651 • (773) 814-3201  
[vygreen1@yahoo.com](mailto:vygreen1@yahoo.com)

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### **SUMMARY OF QUALIFICATIONS**

Innovative thinker with an extensive background and expertise in public health education, public health advocacy, medicine, and administration. Proven background of ability to quickly analyze key business decisions and develop strategies to grow the bottom line.

### **EDUCATION**

- 1997**                      **University of Illinois at Chicago**  
Chicago, IL  
Degree: Masters in Public Health with concentration in  
Health Policy Administration
- 1992**                      **University of Nebraska Medical Center**  
Omaha, Nebraska  
Degree: M.D.
- 1987**                      **Florida State University**  
Tallahassee, Florida  
Degree: B.S. in Biology

### **PROFESSIONAL EXPERIENCE**

- 2007 – Present**                      **Founder and Executive Director,**  
**Healing Hands Resource Center**  
A not for profit organization dedicated to the growth of  
individuals with social, emotional, and/or mental  
limitations.
- Created social/educational events which utilized creative artists to provide HIV/AIDS prevention and education to over 800 individuals while functioning under a grant from the Illinois department of Public Health.
  - Implemented HIV/AIDS curriculum and provided culturally competent lectures for seminars and discussions.

- Established networks and collaborations with local community, civic and faith based organizations.
- Developed protocol to measure impact of HIV/AIDS education and prevention activities.

- 2007 – 2009**                      **Director, YYG Durable Medical Equipment**  
A medical equipment and supply company.
- 2004 – 2007**                      **Office Manager for Yihoodah Y. Green and Associates**  
A multi-specialty group contracted with family practice and mental health agencies.
- 2004- Present**                      **Advocate for Sons with Learning Disabilities in Chicago Public Schools**
- 2002 - 2004**                      **Medical Director, Universal Care**  
An Adult Day Program for seniors with mental illness which promotes personal and social well-being.
- 2000**                                      **Medical Education Facilitator for Compass Medical Education**  
Provided group tutorials in a four month course for Students and physicians studying for the United States Medical Licensing Exam – Step 1
- 1992 – Present**                      **Beyth-El Temple and College; Chicago, IL**
- 2004 – Present**                      a) **Director, Bat/Barnitzwa Program for Youths**  
A year long program designed to enrich the social, spiritual, and academic development of youths as they enter adolescence.
- 1999 – 2001**                      b) **Coordinator, BBOY Food Pantry**  
Responsible for organizing/managing activities involved in pickup and distribution of food to needy residents in community.
- 1992 – 2001**                      c) **Youth Activities Coordinator**  
Responsible for organizing/managing programs and activities which enhance the educational and social experiences of youths. Activities included college tours, tutoring, field trips, guest speakers.

- 1997 – 1999**                      **d) Coordinator/Editor for Junior Publishing Program**  
 Responsible for directing activities which enhance youth's skills including writing, critical thinking, public speaking, project management skills, and team management skills.

#### **MEMBERSHIPS/AWARDS**

- 1987 -1992**                      **Student National Medical Association; University of Nebraska Medical Center**  
 1989 -1991 Coordinator for screening physicals for Omaha Boy's Club  
 1988-1990 Committee for Promotion of Undergraduate Health Education  
 1989-1990 Parliamentarian  
 1988-1989 Historian

- 1986**                              **University of Nebraska Medical Center – Award of Leadership**

- 1985**                              **Beyth-EL Temple and College**  
 Awarded Certificate of Recognition for work done with students.

#### **WRITING AND PUBLIC SPEAKING**

- 2007-present**                      **Grant writer for Healing Hands Resource Center**

- 2003-present**                      **Keynote Speaker for Community Health Fairs, Chicago, IL**  
 -First Pilgrim Baptist Church  
 -Commonwealth Community Baptist Church  
 -Caanon Baptist Church  
 -Trinity Baptist Church  
 -Abla-Lac Community Center

- 1997**                              Health Columnist and local coordinator for the "Beyth-El Shofar" Newsletter, Chicago, IL

- 1990 - 1997**                      Keynote Speaker, Various Community Programs in Omaha, NE, Nashville, TN and Chicago, IL

- 2008 - 2010**                      **Continuing Medical Education**  
 25 hours via Pri-Med

## Biography for Yihoodah Y. Green, M.D.

Dr. Green is a lifelong resident of the Chicago Westside. He received his elementary and secondary school training in the Chicago public school system. In elementary school he experience significant academic and behavioral difficulties. He was frequently in trouble and encountered conflicted with staff and peers. Though many in the school system gave up on him, there were three teachers who did not. He is eternally grateful to Harry Hasegawa, Clyde Bradshaw and Y. B. Amen Ph.D. Because of their caring and persistence he went from a special education student to an honor roll student. These heroes established in him a love for learning and an appreciation for the value of education

Dr. Green's love of learning led him to pursue higher education. As an undergraduate he majored in premedical training and minored in education at National College of Education Administration. As an undergraduate he actively sought out opportunities to teach and to in part unto others his love for learning. Prior to beginning his medical training he worked in various capacities in youth orientated services throughout the Chicago west and south sides. He held positions including Executive Director of the Harvard Bound Youth Programs for Beyth-El Temples International and Tutor and Mentor for the CHAMPS program (Chicago Health And Medical Professions Services). Upon completing his undergraduate training he entered medical school at Meharry Medical College and completed his medical training at the Chicago Medical School. Following Medical School he completed a combined Family Practice and Psychiatry Residency program at the Chicago Medical School /Mt. Sinai Hospital.

Upon completing residency training Dr. Green served for three years as a staff psychiatrist at the Cook County Jail. In 2003 he left the correctional system and entered private practice. He founded a mutli-specality practice called Healing Hands Medical Center on the Chicago west side. Because of his reputation at the Cook County Jail and his experience in youth services, Dr. Green's private practice was overwhelmed by referrals form other mental health and social services professionals seeking medical and psychiatric treatment for troubled adolescents. Dr. Green was happy to see all child and adolescent medical patients; however he initially declined adolescent psychiatric referrals because he was trained as an adult Psychiatrist. Dr. Green attempted to connect these adolescents to the appropriate psychiatric services. With time he became increasingly frustrated by the lack of psychiatric and medical services available to certain patient populations. He discovered that adolescent Medicaid patients were placed on long waiting lists; some lists had a six month wait. He realized that health care delayed was health care denied. He subsequently actively embraced these referrals and incorporated adolescent psychiatry into his practice. In 2005 he co-founded Rapid Response Behavioral Health Services LLC, a mental health agency dedicated to the immediate connection of patient needs to patient services. Currently Dr. Green holds appointments at Mt. Sinai and Bethany Hospitals in family practice and Scott Nolan Adolescent Psychiatric Hospital and Chicago Lake Shore Hospital in psychiatry. Dr. Green serves as a consultant to many agencies including Human Resource Development institute (HRDI) and New Directions Outreach Residential Home.

Over the years Dr. Green has discovered that he shares many traits with many individuals in the various patient populations in which he serves. This led him to seek evaluation. As an adult he was evaluated and diagnosed with Adult Attention Deficit Hyperactivity Disorder (ADHD). This discovery was an epiphany for Dr. Green, finally there was a name and explanation for what he had been experiencing his whole life. Dr. Green was initially angry that a diagnosis with such huge potential impact had been missed for so many years. How could this be? Searching for an answer to this question lead him to a second epiphany; if no one asks the right questions how could they find the right answers? Realizing the importance of asking the right questions, Dr. Green extensively reviewed the research in ADHD and developed a focus in the evaluation and treatment of childhood and adult ADD/ADHD. Dr. Green takes a strength based approach to ADD/ADHD. He realizes that an overwhelming number of individuals with ADD/ADHD are very bright and creative. However their difficulties in focusing and organizing present significant barriers to their future success. Dr. Green has traveled the country lecturing on ADD/ADHD and its impact on academic and career performance, and its propensity toward addictive and criminal behaviors if undiagnosed and untreated. However, his lectures also place emphases on the large number of writers, artists, musicians, academias and physicians among other professionals who have tapped into their ADD/ADHD and made the world a better place because of it.