

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 14E361	(X2) MULTIPLE CONSTRUCTION A. BUILDING _____ B. WING _____		(X3) DATE SURVEY COMPLETED C 10/29/2020
NAME OF PROVIDER OR SUPPLIER ASPEN REHAB & HEALTH CARE			STREET ADDRESS, CITY, STATE, ZIP CODE 1403 9TH AVENUE SILVIS, IL 61282		
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	(X5) COMPLETION DATE	
F 000	INITIAL COMMENTS	F 000			
F 678 SS=F	<p>Facility Reported Incident of 10/10/2020/IL128081-F678F; F689J; F803J</p> <p>A partial extended survey was conducted Cardio-Pulmonary Resuscitation (CPR) CFR(s): 483.24(a)(3)</p> <p>§483.24(a)(3) Personnel provide basic life support, including CPR, to a resident requiring such emergency care prior to the arrival of emergency medical personnel and subject to related physician orders and the resident's advance directives. This REQUIREMENT is not met as evidenced by: Based on interview and record review, the facility failed to ensure that staff trained and certified in CPR (Cardio Pulmonary Resuscitation) were available each shift. This failure has the potential to affect all 24 residents currently residing in the facility.</p> <p>FINDINGS INCLUDE:</p> <p>The facility policy, Cardiopulmonary Resuscitation, dated (revised) 12/27/18 directs staff, "It is the policy of (the Company) that cardiopulmonary resuscitation (CPR) shall be initiated and maintained by qualified staff, in cases of recognized cardiac and/or pulmonary arrest to sustain or support or support a resident's cardiac and/or pulmonary function until advanced life support systems are available. Nursing personnel of this facility shall be certified in CPR within a reasonable time after hire but not to exceed 90 days."</p>	F 678	<p>F678 Cardio-Pulmonary Resuscitation (CPR) F678 CFR(s): 483.24(a)(3) 483.24(a)(3) Personnel provide basic life support, including CPR, to a resident requiring such emergency care prior to the arrival of emergency medical personnel and subject to related physician orders and the resident's advance directives.</p> <p>For those Residents found to have been potentially affected by the alleged deficient practice, the following corrective action was implemented:</p> <p>A. V3, V6, & V10 were verified to have valid CPR certification. (Attachment A) B. On 10/12/2020, an audit was conducted to ensure all nursing personnel had a valid CPR certification on file. (Attachment B) C. On 10/12/20, a social distancing CPR</p>	11/19/20	

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

Electronically Signed

11/20/2020

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

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F 678	<p>Continued From page 1</p> <p>The facility October 2020 Nurse Schedule and October 2020 CNA (Certified Nursing Assistant) for 10/10/2020 documents V6/Licensed Practical Nurse (LPN) and V3 and V10/CNAs were scheduled to work on the evening shift (2:00 P.M. 10:00 P.M.).</p> <p>On 10/24/2020 at 2:30 P.M., V3/CNA, V6/LPN and V10/CNA's employee files were reviewed for current CPR verification. No current CPR cards were present in each of the employee files. At that same time, V11/Business Office Manager verified that V3, V6 and V10 had no current CPR certification.</p> <p>On 10/24/2020 at 3:00 P.M., V1/Administrator verified that no facility staff present on the 10/10/2020 evening shift had valid CPR certification when an incident occurred where a resident choked and subsequently expired, in the facility.</p> <p>The facility Resident Roster, dated 10/24/2020 and verified as correct by V2/Director of Nurses, documents 24 residents currently residing in the facility.</p>	F 678	<p>certification course was scheduled at the facility for 10/27/2020.</p> <p>D. Staff was educated regarding CPR policies and procedures by Lori Jasper, CPR Instructor on 10/27/2020. (Attachment C)</p> <p>E. As of 10/27/20, staff are available each shift who are trained in CPR.</p> <p>1. The alleged deficient practice could affect all residents in the facility, however due to the implementation of 1A-1E alleged deficient practice will not recur.</p> <p>2. The following systematic changes have been implemented to ensure the alleged deficient practice does not recur:</p> <p>A. New nursing personnel will provide CPR certification as a condition of employment within 90 days of employment per facility policy.</p> <p>B. Director of Nursing/Designee will audit CPR certification records weekly over the next 90 days ensure compliance.</p> <p>3. The following Quality Assurance Programs have been implemented to monitor and ensure the alleged deficient practice will not recur:</p> <p>A. Quality Assurance Committee will assure compliance through the internal Quality Assurance Process.</p> <p>B. Director of Nursing/Designee will audit CPR certification records weekly over the next 90 days and bring results of audits to Quality Assurance Committee for additional recommendations as needed.</p>		

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F 678	Continued From page 2	F 678	(Attachment D)		
F 689 SS=J	<p>Free of Accident Hazards/Supervision/Devices CFR(s): 483.25(d)(1)(2)</p> <p>§483.25(d) Accidents. The facility must ensure that - §483.25(d)(1) The resident environment remains as free of accident hazards as is possible; and</p> <p>§483.25(d)(2) Each resident receives adequate supervision and assistance devices to prevent accidents. This REQUIREMENT is not met as evidenced by: Based on interview and record review, the facility failed to provide the required supervision and verbal cueing during mealtimes for R1, a resident with a documented history of choking while eating. This failure resulted in R1 choking while eating unattended and eventual death.</p> <p>These failures resulted in an Immediate Jeopardy when the facility staff did not monitor a resident (R1) with a history of choking and the resident choked and died. This was identified as past non-compliance that occurred from October 10, 2020 to October 15, 2020.</p> <p>The Immediate Jeopardy was removed on 10/15/2020.</p> <p>FINDINGS INCLUDE:</p> <p>The Immediate Jeopardy was identified on 10/28/2020 at 2:00 P.M. The Immediate Jeopardy</p>	F 689	<p>4. Completion Date: 11/19/2020</p> <p>Past noncompliance: no plan of correction required.</p>	11/20/20	

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F 689	<p>Continued From page 3</p> <p>began on 10/10/20 at 6:00 P.M., when the facility failed to supervise a resident (R1) with a history of choking during meals.</p> <p>Aspen Rehab & Health Care was notified of the Immediate Jeopardy on 10/28/2020 at 2:45 P.M., (V1/Administrator was notified of the Immediate Jeopardy).</p> <p>R1's facility Profile Face Sheet, documents that R1 was admitted to the facility on 3/8/2019 with the following diagnoses: Morbid Obesity, Schizophrenia, Anxiety Disorder, Schizoaffective Disorder, Dementia with Behavioral Disturbances and Adjustment Disorder.</p> <p>R1's Nursing Admission Assessment, dated 3/8/19 documents, "Diet/Feeding: Regular, thin liquids; cut up meat."</p> <p>R1's Dietary Admission Assessment, dated 3/9/19 documents, "Swallowing problems identified: shoves food into mouth."</p> <p>R1's Baseline Care Plan, dated 3/11/19 documents, "Eating: supervision/VC (verbal cues), cut meat, chewing concern, stuffs mouth."</p> <p>R1's Dietary Notes, dated 3/12/19 document, "(R1) has been moved to a feeder table."</p> <p>R1's Nurse's Notes, dated 4/7/19 at 5:35 P.M. document, "(R1) noted to be choking. Not able to speak, (skin) color abnormal. Not able to do Heimlich in upright position, lowered to the floor and Heimlich successful to dislodge meat. Color returns to normal. (R1) able to speak. 9-1-1 here at this time to assess (R1). V7/ sister</p>	F 689			

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F 689	<p>Continued From page 4</p> <p>acknowledges that (R1) has had that problem or is prone to choking because (R1) eats fast and shovels food into (R1's) mouth. Physician notified and new orders received for a Mechanical Soft diet."</p> <p>R1's Dietary Notes, dated 4/7/19 document, "(R1) is at high risk for choking. (R1's) diet has been switched to Mechanical Soft due to (R1) shoving food into (R1's) mouth and is now eating with cues from staff."</p> <p>R1's Care Plan, dated 5/30/19 documents, "Problem: I have a tendency to choke on my food due to not chewing my food. I have a diagnosis of anxiety and a diagnosis of schizophrenia, depression and Schizoaffective disorder, so I tend to swallow my food without chewing to finish it as soon as possible. Approach: Prepare food to recommended consistency of Speech Therapist and ordered by MD (Medical Doctor). Give verbal cues to stimulate chewing or swallowing. Stroke throat lightly at Adam's apple to stimulate swallow."</p> <p>R1's Care Plan, dated 9/20/19 documents, "Problem: When I eat, I always eat too fast and I do not chew my food completely. I do not swallow my food prior to putting another bite in my mouth. I also take too large of bites in my mouth. I also take too large of bites for me most of the time. I do eat very fast. I am always hungry, it may have to do with my psyche medications I take for my depression and schizophrenia, Schizoaffective disorder, depression and anxiety. I do have anxiety when I have food and especially at meal times. I have nurses or CNAs (Certified Nursing Assistants) sit with me to help me slow down and remind me to take smaller bites and chew my</p>	F 689			

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F 689	<p>Continued From page 5</p> <p>food and swallow before taking another bite and to drink in between bites. When I am done eating even though I didn't always comply with the staff's cueing I asked 'How did I do' I am looking for reassurance and praise. I do need assistance with my eating. I have had several choking episodes before coming to the facility. I am on an eating restorative program. Approach: Assist me with setting up my meal the way I like it. Remind me when I become anxious and want to eat fast and not chew my food completely what the outcome could be. Assist me to cut my food into smaller bites. Cue me to put my utensils down and take sips of fluids between bites. Give praise when the meal is over. Inform nurse of any difficulties during his meals. During meals, provide verbal cues to resident to slow eating, take small bites and chew prior to swallowing, encourage liquids as needed. If resident doesn't finish greater than 50 percent of meal, staff to assist resident with the rest of the meal."</p> <p>R1's Dietary Notes, dated 10/31/2019 document, "Dietician recommended all breads be quartered and moistened both sides with butter, gravy or jelly at every meal."</p> <p>R1's Physician Progress Notes, dated 7/25/19 include the following physician order: Discharge Speech Therapy, program complete. Please remind (R1) in slowing down rate/small bites, sips and alternate bites/sips with supervision with all intake."</p> <p>R1's Nurse's Notes, dated 1/15/20 at 6:00 P.M., document, "(R1) had choking episode with no loss of consciousness. Able to remove soft food from (R1's) mouth. 9-1-1 called for back up if needed. Continues to sit at feeder table during</p>	F 689			

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F 689	<p>Continued From page 6</p> <p>meals for supervision and encouragement to eat slowly and to chew food well before swallowing."</p> <p>R1's Physician Orders, dated 1/23/2020 document, "Speech Therapy to eval (evaluate) and treat."</p> <p>R1's Speech Therapy Progress and Discharge Summary, dated 2/18/2020 document, "Discharge Plans and Instructions: Discharge to facility with mechanical soft diet and thin liquids via straw. Continue taking small bites/sips at a slow rate. Supervision is recommended with intake to remind (R1) in slow rate and smaller size bites."</p> <p>R1's Nurse's Notes, dated 9/26/2020 at 1857 (6:57 P.M.) document, "When writer entered (R1's) room to give medications to (R1), was choking on food. Writer able to get (R1) to lean forward. That helped (R1) able to cough food out on (R1's) own."</p> <p>R1's Nurse's Notes, dated 9/27/2020 at 10:15 A.M. document, "Noted to be choking/coughing during meal."</p> <p>R1's Nurse's Notes, dated 10/10/2020 document, At approximately 6:00 P.M. writer (V6/Licensed Practical Nurse) responded immediately to (R1's) room, CNA (V3) in room and assisted writer to get (R1) to the floor. (R1) was conscious and attempting to draw in a breath. (R1's) face was grayish in color. Writer had staff call 9-1-1. (R1's) mouth (was) observed and food present on (R1's) dentures. Writer removed food and dentures. Abdominal thrusts initiated. Assisted breathing with bag valve mask to maintain airway. Airflow noted with some resistance. Attempted to remove airway obstruction when (R1) inhaled deeply,</p>	F 689			

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F 689	<p>Continued From page 7</p> <p>again obstructing airway. Continued abdominal thrusts and noted loss of consciousness. Assessed (R1) and no pulse and no respirations noted. CPR (Cardio Pulmonary Resuscitation) initiated. Officer arrived and assumed chest compressions while writer maintained airway. AED (Automated External Defibrillator) utilized by Officer and no shockable rhythm arose. CPR continued. EMS (Emergency Medical Services) arrived and assumed care of (R1). Able to remove obstruction with forceps. Resuscitation efforts continued. At 6:25 P.M., Physician, Resident's Responsible Party (V7), Administrator (V1) and DON (V2/Director of Nurses) notified of (R1's) condition. EMS contacted Medical Control and (R1) pronounced (deceased) at 6:44 P.M."</p> <p>R1's Ambulance Service Report, dated 10/10/2020 documents, "Dispatched/responded to (facility) where a male who was choking and is now unresponsive with CPR in progress. Upon arrival (R1) is found unresponsive laying supine in room with CPR in progress. Staff states (R1) was eating a grilled cheese sandwich when he began to choke. (R1's) airway was opened with a MAC 4 and large amounts of food are removed from the airway with maguil forceps."</p> <p>R1's State Certificate of Death, dated 10/13/2020 documents, "Cause of death: Anoxia, Choking on Food Substance."</p> <p>On 10/24/2020 at 2:52 P.M., V3/Certified Nursing Assistant (CNA) stated, " I have been working here about a month. I guess (R1) had special instructions (for eating), but I wasn't aware of them. No one told me (R1) shoved food into his mouth. I didn't know. I delivered his tray and left the room. I finished passing the other trays. I was</p>	F 689			

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F 689	<p>Continued From page 8</p> <p>gone maybe five minutes. When I came back (into R1's room), I was helping his roommate, my back was turned to (R1). When I turned around, I saw (R1) inhale and then (R1) started choking, (R1) was slumped over. I tried to pull the food out of his mouth. I got a couple of pieces of sandwich out. There was a chunk at the back of (R1's) mouth, towards his throat. I yelled for the nurse and she came in and started CPR. I didn't know I wasn't supposed to leave (R1) alone when (R1) was eating."</p> <p>On 10/24/2020 at 2:05 P.M., V6/Licensed Practical Nurse (LPN) stated, "(The evening of 10/10/2020) I was sitting with another resident and I heard V3/CNA yell for help. I immediately went to (R1's) room. (R1) was sitting in a chair, slumped to the side, gasping. (R1) was gray. (R1) looked at me, but (R1) couldn't talk. I grabbed (R1's) belt and pulled (R1) to the floor. I opened (R1's) mouth and saw food. It was bread. I took (R1's) dentures out. I did a couple of abdominal thrusts (on R1). I yelled for someone to call 9-1-1. A policeman was the first on the scene. He took over CPR. He left and ran back to his car and got the AED. (R1) had no shockable rhythm. The EMTs showed up and took over. They pulled a large amount of food out of (R1's) throat. They worked on (R1) for about thirty five minutes and then called the ER (Emergency Room) doctor and the ER doctor said to stop resuscitation efforts at that time."</p> <p>On 10/26/2020 at 8:15 A.M., V7/R1's sister stated, "(R1) had a previous choking episode prior to admission (to the facility). I found (R1) unresponsive on the floor of his apartment. (R1) spent a week in ICU (Intensive Care Unit). I am a Licensed Speech Therapist. I told (the facility) of</p>	F 689			

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F 689	<p>Continued From page 9</p> <p>(R1's) history and stressed that (R1) was only able to eat or drink under supervision. I know of a couple of incidents while (R1) was at the facility, he choked. One of the more recent episodes, I specifically asked the nurse if a staff member was in the room with (R1) and she said no. I repeated how (R1) had to have someone with (R1) at all times while (R1) was eating or drinking."</p> <p>On 10/26/2020 at 11:55 A.M., V2/Director of Nurses stated,"Due to Covid-19 (R1) ate in (R1's) room. There was someone typically in (R1's) room, with (R1), during meals. Either a CNA or a Nurse, if the CNA were busy. (R1) had a long history of choking and needed to be monitored. Unfortunately, (V3/CNA) stepped out of the room (R1's) that night (10/10/2020)." At that same time, V2/DON verified R1's Care Plan and Speech Therapy recommendations were for a staff member to be present with R1 during all meals.</p> <p>On 10/26/2020 at 12:47 P.M., V8/Speech Language Pathologist stated, "I saw (R1) for speech therapy after an incident of (R1) choking during a meal. (R1) had an almost obsession with eating his meals very quickly, literally shoving food into his mouth. I worked with (R1) and taught (R1) compensatory strategies for safe swallowing. I also educated the (facility) staff that (R1) would need to be supervised for all food and fluid intake with frequent reminders to slow his rate of consumption and to take smaller bites. It would never be safe for (R1) to eat without staff supervision."</p> <p>On 10/28/2020 at 2:00 P.M. an Immediate Jeopardy was identified to have begun on 10/10/20.</p> <p>On 10/28/2020 at 2:45 P.M.,V1/Administrator was</p>	F 689			

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F 689	Continued From page 10 notified of the Immediate Jeopardy. The surveyor confirmed through interview and record review the facility took the following actions, which were initiated on 10/10/2020 and completed on 10/15/2020 , to remove the Immediate Jeopardy: 1.) On 10/10/2020 staff immediately checked to see that appropriate diet was served. 2.) On 10/12/2020 QA (Quality Assurance) members completed a whole house audit to ensure all diet orders were correct on the Physician Order Sheet. 3.) On 10/12/2020 QA members completed a whole house audit to ensure all Physician approved RD recommendations had been transcribed and followed. 4.) On 10/12/2020 QA members completed a whole house audit to ensure any Physician approved Speech recommendations had been transcribed and were being followed. 5.) On 10/12/2020 QA members completed a whole house audit to ensure diet cards had correct diet and interventions. 6.) On 10/13/2020 QA members completed an audit to ensure care plans included correct diet and interventions. 7.) All residents identified at risk will have a food and swallowing precautions card on the meal tray in addition to the diet card. 8.) On 10/13/2020 the Administrator and FSS (Food Service Supervisor) inserviced staff following individualized plan of care with emphasis on diet and interventions and implementation of food and swallowing precautions card. FSS and RD (Registered Dietician) completed competencies with food service staff regarding knowledge of mechanically	F 689			

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F 689	Continued From page 11 altered food and beverage on 10/19/2020. 9.) 10/15/2020 random sampling of employees were questioned regarding competency of food and swallowing precautions by Administrator with 100 percent understanding. For Quality Assurance Measures; * All newly hired staff will be inserviced on following individualized plan of care with emphasis on diet and interventions and food and swallowing precautions card. * The QA Team will discuss the diet status on all new admits and any change in condition during daily QA meeting. The Quality Assurance Team will review quarterly for compliance.	F 689			
F 803 SS=J	Menus Meet Resident Nds/Prep in Adv/Followed CFR(s): 483.60(c)(1)-(7) §483.60(c) Menus and nutritional adequacy. Menus must- §483.60(c)(1) Meet the nutritional needs of residents in accordance with established national guidelines.; §483.60(c)(2) Be prepared in advance; §483.60(c)(3) Be followed; §483.60(c)(4) Reflect, based on a facility's reasonable efforts, the religious, cultural and ethnic needs of the resident population, as well as input received from residents and resident groups; §483.60(c)(5) Be updated periodically;	F 803		11/20/20	

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F 803	<p>Continued From page 12</p> <p>§483.60(c)(6) Be reviewed by the facility's dietitian or other clinically qualified nutrition professional for nutritional adequacy; and</p> <p>§483.60(c)(7) Nothing in this paragraph should be construed to limit the resident's right to make personal dietary choices. This REQUIREMENT is not met as evidenced by: Based on interview and record review, the facility failed to provide the correct textured diet to R1, a resident with a documented diagnosis of dysphagia. This failure resulted in R1's choking and death.</p> <p>These failures resulted in an Immediate Jeopardy when the facility staff did not provide a resident (R1) with their planned diet texture. This was identified as past non-compliance that occurred from October 10, 2020 to October 15, 2020.</p> <p>The Immediate Jeopardy was removed on 10/15/2020.</p> <p>FINDINGS INCLUDE:</p> <p>The Immediate Jeopardy was identified on 10/28/2020 at 2:00 P.M. The Immediate Jeopardy began on 10/10/20 at 6:00 P.M., when the facility failed to serve R1 the correct therapeutic diet.</p> <p>Aspen Rehab & Health Care was notified of the Immediate Jeopardy on 10/28/2020 at 2:45 P.M., (V1/Administrator was notified of the Immediate Jeopardy).</p> <p>The facility policy, Cycle Menu, dated (revised) 4/17 directs staff, "Diets are modified according to</p>	F 803	<p>Past noncompliance: no plan of correction required.</p>		

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F 803	<p>Continued From page 13</p> <p>the current edition of the (state) Simplified Diet Manual with some minor adjustments as noted within the diet descriptions below: Mechanical Soft: Designed for individuals who have difficulty chewing but are able to tolerate a wide variety of foods. This diet is designed to permit easy chewing. This diet includes foods soft in texture such as cooked fruits and vegetables, moist ground meat and soft bread and cereal products. Modifications in the diet need to be individualized according to the resident's needs."</p> <p>R1's October 2020 Physician Order Sheet includes the following diagnoses: Depression, Adjustment Disorder with Mixed Anxiety, Schizo-Affective Disorder, Schizophrenia, Anxiety, Morbid Obesity and Dementia with Behaviors. This same document includes the following physician orders: Mechanical diet, soft ground meat, bread quartered and moistened with butter, gravy or jelly.</p> <p>R1's Dietary Notes, dated 10/31/2019 document, "Dietician recommended all breads be quartered and moistened both sides with butter, gravy or jelly at every meal."</p> <p>R1's Care Plan, dated 10/31/2019 documents, "Problem: When I eat, I always eat too fast and I do not chew my food completely. Approaches: All breads are to be served moistened with gravy or jell, both sides (of bread) with butter and quartered, before serving, at all meals. Problem: Resident with difficulty chewing or swallowing (dysphagia) as evidenced by alteration in consistency of food (mechanical soft). Approaches: Prepare foods to recommended consistency of Speech Therapist and ordered by Physician. See Physician Order Sheet for most</p>	F 803			

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F 803	<p>Continued From page 14</p> <p>current order. Assess tolerance to consistency. Minimizes pocketing, choking, coughing, discomfort during swallowing." This same Care Plan includes the following update on 3/14/2020, directing staff, "Allowing family to bring in food on Fridays for resident's mental health to decrease depressive episodes. Food to be delivered to kitchen to be prepared per resident's diet."</p> <p>R1's Speech Therapy Progress and Discharge Summary, dated 2/18/2020 documents, "Diagnosis: Dysphagia. Discharge Plans and Instructions: Discharge to facility with mechanical soft diet and thin liquids via straw."</p> <p>R1's Ambulance Service, Patient Care Report, dated 10/10/2020 documents, "Dispatched/responded immediately to (facility) for a male who was choking and is now unresponsive with CPR (Cardio Pulmonary Resuscitation) in progress. Staff states (R1) was eating a grilled cheese sandwich when he began to choke.(R1) assessed. CPR taken over form staff. (R1's) airway opened and large amounts of food are removed from the airway. CPR now continuous. Medical Control is contacted and advised to terminate resuscitative efforts."</p> <p>R1's Certificate of Death, dated 10/13/2020 documents, "Cause of death: Anoxia, choking on food substance."</p> <p>On 10/24/2020 at 1:28 P.M., V4/Food Service Supervisor stated, "(R1) was on a mechanical soft, no added salt diet. Our mechanical soft diet includes soft bread. Bread needed to be moistened and quartered. We started doing this in September or October of 2019 because (R1) ate too fast and he was a choking risk with bread.</p>	F 803			

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F 803	<p>Continued From page 15</p> <p>On 10/10/2020, I had a call in (from staff) and I was filling in. The sandwich that (R1) ate that night, was a grilled tuna melt from (a local restaurant). (R1's) sister would bring one in every Friday and (R1) would eat half of it on Friday and the other half on Saturday. It was supposed to be moistened on both sides with milk or water, before it was served. I saw (V5/Evening Cook) take it out of the refrigerator and put it in the microwave to heat it up. I did not witness (V5) moisten the bread before she put it on the plate to be served."</p> <p>On 10/24/2020 at 1:40 P.M., V5/Evening Cook stated, "(R1) was on a mechanical soft diet. The bread had to moistened with milk. If it were a sandwich, both pieces of bread were spread with butter or mayo (mayonnaise). All sandwiches were cut into bite-sized pieces. (R1's) sister brings in a grilled tuna melt sandwich every Friday. I cut it into bite sized pieces. I put it in the microwave for one minute, to make it softer. I put about twelve pieces on the plate. I also sent mayo with the tray. I did not moisten the pieces (with milk) or add additional condiments (to the bread) before I served it."</p> <p>On 10/24/2020 at 2:52 P.M. V3/Certified Nursing Assistant (CNA) stated, "I didn't know (R1's) bread was supposed to be moistened. (R1) did have special instructions (for eating) but I wasn't aware of them. No one told me (R1) shoved food into (R1's) mouth. I didn't know, until afterwards when they did an investigation. I delivered (R1's) meal tray and left the room. (R1) had a grilled tuna melt, cut up. The bread wasn't wet. When I came back to the room, I was helping (R1's) roommate. I saw (R1) inhale and (R1) was choking. I tried to pull the food out of (R1's)</p>	F 803			

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F 803	<p>Continued From page 16 mouth. I yelled for the nurse and she came in and started CPR."</p> <p>On 10/26/2020 at 11:55 A.M., V2/Director of Nurses stated, "(R1's) bread was to be chopped up and quartered, meat was ground. Bread was to be moistened with butter, jelly or gravy before it was served. (R1) had a history of dysphagia and choking on bread."</p> <p>On 10/27/2020 at 9:15 A.M., V9/Company Dietician stated, "Mechanical soft diets are served sandwiches with soft breads, with the addition of added sauces or condiments. It makes them easier to swallow."</p> <p>On 10/28/2020 at 2:00 P.M. an Immediate Jeopardy was identified to have begun on 10/10/20. On 10/28/2020 at 2:45 P.M. ,V1/Administrator was notified of the Immediate Jeopardy.</p> <p>The surveyor confirmed through interview and record review the facility took the following actions, which were initiated on 10/10/2020 and completed on 10/15/2020, to remove the Immediate Jeopardy:</p> <ol style="list-style-type: none"> 1.) On 10/10/2020 staff immediately checked to see that appropriate diet was served. 2.) On 10/12/2020 QA (Quality Assurance) members completed a whole house audit to ensure all diet orders were correct on the Physician Order Sheet. 3.) On 10/12/2020 QA members completed a whole house audit to ensure all Physician approved RD recommendations had been transcribed and followed. 4.) On 10/12/2020 QA members completed a 	F 803			

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F 803	<p>Continued From page 17</p> <p>whole house audit to ensure any Physician approved Speech recommendations had been transcribed and were being followed.</p> <p>5.) On 10/12/2020 QA members completed a whole house audit to ensure diet cards had correct diet and interventions.</p> <p>6.) On 10/13/2020 QA members completed an audit to ensure care plans included correct diet and interventions.</p> <p>7.) All residents identified at risk will have a food and swallowing precautions card on the meal tray in addition to the diet card.</p> <p>8.) On 10/13/2020 the Administrator and FSS (Food Service Supervisor) inserviced staff following individualized plan of care with emphasis on diet and interventions and implementation of food and swallowing precautions card. FSS and RD (Registered Dietitian) completed competencies with food service staff regarding knowledge of mechanically altered food and beverage on 10/19/2020.</p> <p>9.) 10/15/2020 random sampling of employees were questioned regarding competency of food and swallowing precautions by Administrator with 100 percent understanding.</p> <p>For Quality Assurance Measures; * All newly hired staff will be inserviced on following individualized plan of care with emphasis on diet and interventions and food and swallowing precautions card. * The QA Team will discuss the diet status on all new admits and any change in condition during daily QA meeting.</p> <p>The Quality Assurance Team will review quarterly for compliance.</p>	F 803			