

DEPARTMENT OF HEALTH AND HUMAN SERVICES
CENTERS FOR MEDICARE & MEDICAID SERVICES

PRINTED: 10/07/2015
FORM APPROVED
OMB NO. 0938-0391

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 145500	(X2) MULTIPLE CONSTRUCTION A. BUILDING _____ B. WING _____		(X3) DATE SURVEY COMPLETED C 08/19/2015
NAME OF PROVIDER OR SUPPLIER HILLSBORO REHAB & HCC			STREET ADDRESS, CITY, STATE, ZIP CODE 1300 EAST TREMONT STREET HILLSBORO, IL 62049		
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F 000	INITIAL COMMENTS	F 000			
F 224 SS=K	<p>Incident Report Investigation to Incident of 7/28/15/ IL79202</p> <p>483.13(c) PROHIBIT MISTREATMENT/NEGLECT/MISAPPROPRIATN</p> <p>The facility must develop and implement written policies and procedures that prohibit mistreatment, neglect, and abuse of residents and misappropriation of resident property.</p> <p>This REQUIREMENT is not met as evidenced by: Based on interview and record review, the Facility neglected to properly perform the Heimlich maneuver in compliance with Facility policy and current standards of practice; and neglected to provide Cardio Pulmonary Resuscitation (CPR) for one resident (R2) in the sample of 21, who was choking on food and became unresponsive. This neglect resulted in R2 expiring in the Facility due to an Airway Obstruction. This has the potential to affect 20 residents (R1, R3-R21) in the sample who were identified as having swallowing problems with a potential for choking and who currently reside in the Facility.</p> <p>This failure resulted in an Immediate Jeopardy which was identified to have begun on 7/28/15.</p> <p>While the Immediate Jeopardy was removed on 8/14/15, the Facility remains out of compliance at Severity Level 2 as the Facility continues to</p>	F 224		8/20/15	

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

09/01/2015

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

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F 224	<p>Continued From page 1</p> <p>educate staff and update the staff on Emergency Policies and Procedures for Choking.</p> <p>1. The Facility's Emergency Procedure for Choking policy documents: "The purpose of this procedure is to prevent choking by expelling the foreign body airway obstruction.</p> <p>Conscious Resident - Standing or sitting:</p> <p>1. Ask the resident if he/she is choking. REMEMBER, a choking victim cannot speak or breath and needs your help immediately.</p> <p>2. Ask the resident to cough or speak if at all possible to determine if his or her airway is obstructed.</p> <p>3. If able to cough, instruct and encourage the resident to continue coughing to dislodge or expel any foreign object.</p> <p>4. Call for help, but stay with the resident.</p> <p>5. Quickly assure the resident that you are going to stay and assist him or her.</p> <p>6. If the resident cannot cough, only then should abdominal thrusts be performed as follows:</p> <p>a. Stand behind the resident.</p> <p>b. Wrap your arms around the resident's waist.</p> <p>c. Make a fist with one hand.</p> <p>d. Place the thumb side of your fist against the resident's upper mid-abdomen, below the ribcage and above the navel.</p> <p>e. Grasp your clenched fist with your other hand.</p> <p>f. Press your fist into the resident's upper abdomen with a quick upward thrust.</p> <p>g. Do not squeeze the ribcage. Contain the force of the thrust to your hands.</p> <p>h. Repeat the thrusts until the foreign body is expelled or the resident loses consciousness.</p> <p>Unconscious Resident - Lying Down (or when unable to reach around the resident).</p> <p>1. Ease the resident gently as possible to the</p>	F 224			

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F 224	Continued From page 2 floor. 2. Call for help if assistance is not readily present but do not leave the resident unattended. 3. Position the resident on his or her back with the arms to his/her side. 4. Perform abdominal thrusts as follows: a. Facing the resident, kneel down and straddle the resident's upper thighs with your body. b. Place the heel of one hand on the resident's upper mid-abdomen, below the rib cage and above the navel and with fingers pointed toward the resident's chest. c. Place the other hand directly over the positioned hand. d. Bring your shoulders forward over your hands. e. Use your body weight to press your hands into the resident's upper abdomen with a quick upward thrust. 5. Perform the finger sweep maneuver to check for a foreign body as follows: a. Keep the resident's face up. b. Perform the tongue-jaw lift to open the resident's mouth. (Note: moving the lower jaw moves the tongue off the throat and opens the airway.) c. Perform the finger sweep using your index finger as a hook. 1. Insert your index finger into the resident's mouth along side of the cheek and across the base of the tongue. 2. Try to remove any foreign objects. 3. Avoid pushing foreign objects deeper into the throat. 4. Turn the resident's head to one side if needed to sweep an object from the mouth. 6. Alternate steps 4 and 5 until the object is expelled. Arrange for the resident to be evaluated by a physician immediately after the	F 224			

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F 224	<p>Continued From page 3</p> <p>foreign body airway obstruction has been removed.</p> <p>7. If unable to clear the foreign body from obstructing the airway, arrange emergency transport of the resident to the nearest acute care medical facility.</p> <p>8. Proceed with CPR immediately if the resident has no pulse or respirations.</p> <p>The person performing this procedure should record the following information in the resident's medical record:</p> <ol style="list-style-type: none"> 1. The date and time the procedure was performed. 2. The name and title of the individuals who performed the procedure. 3. The exact time the choking began. 4. The exact time of any unconsciousness. 5. All assessment data obtained during the procedure. 6. The time the procedure was started and stopped. 7. The resident's response to the procedure. 8. The signature and title of the person recording the data." <p>The American Red Cross First Aid Recommendations for Choking document:</p> <ol style="list-style-type: none"> 1. Have someone call 911. 2. Obtain consent from the victim. 3. Lean the person forward and give 5 back blows with the heel of your hand. 4. Give 5 quick, upward abdominal thrusts. 5. Continue alternating back blows and abdominal thrusts until: the obstructing object is forced out. The person can breathe or cough forcefully on his own or the person becomes unconscious. 	F 224			

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F 224	<p>Continued From page 4</p> <p>The American Red Cross documents the following recommendations to follow for the unconscious choking adult: Try 2 rescue breaths. Each rescue breath should last about 1 second. If breaths do not go in, tilt the head farther back. Try 2 rescue breaths again. If the chest does not rise - give 30 chest compressions in about 18 seconds. Look for an object in the airway. Remove if one is seen. Try 2 rescue breaths. Repeat until EMS responders arrive or the obstruction is removed and the patient begins to breathe on his/her own.</p> <p>The Facility Occurrence Investigation and R2's Nurses Notes, dated 7/28/15 5:40 PM, per Licensed Practical Nurse (LPN), E11, document "I was called to the dining room, with resident coughing. (E7) CNA (Certified Nurses Aide) told me that (R2) was choking on a hamburger and I attempted to get resident to spit it out, resident would not and kept chewing what was left in her mouth at this time. (R2) began to wheeze and I attempted a finger sweep with no results and Heimlich performed with no results. (R2) taken back to room, with oxygen applied and another finger sweep attempted with no results. I returned to the desk and called 911 and (R2's) POA (Power of Attorney). I went back to resident's room and (E9, RN, Registered Nurse, Nurse Manager) was in with (R2). (E9) states that (R2) had no pulse, but still had some shallow breathing. Ambulance arrive, and placed monitor on resident and stated that (R2) was 'gone.' When the POA was notified, the POA said that she would meet (R2) and the ambulance at the hospital. Earlier in the shift, (R2) was not feeling well and I had notified (Z1), her physician about this. (Z1) ordered lab (laboratory) work to be done. Lab work was obtained and sent to</p>	F 224			

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F 224	<p>Continued From page 5</p> <p>hospital, with the order to continue to monitor (R2) at this time. (Z1's) office had called back and wanted (R2) to be started on an antibiotic for a Urinary Tract Infection. The antibiotic was started at 5:35 PM without any difficulty swallowing. At 6:15 PM, the hospital called and said that (R2) had a critical hemoglobin of 7.7."</p> <p>The Occurrence Report documents a statement dated 7/28/15 at 7:46 PM, made by E7: "I was feeding (R2) the regular food that I was given for her. I was feeding her tiny bites. (R2) started to choke and gasp for air. I told (E8) CNA, to run and get (E11). (E11) came in and asked me what was wrong and I told (E11) that (R2) was choking and couldn't breathe. We tried digging the food our of her mouth but, couldn't get it. Her lips started turning blue/purple."</p> <p>On 8/11/15, at 2:25 PM, E7 stated that he was in the dining room helping feed residents supper on 7/28/15. E11, LPN, told E7 that R2 needed to be fed promptly. E7 said that E11 stated "you need to help (R2) eat - she's a feeder." E7 said that R2 had seemed a bit tired that day and normally ate independently. E7 said that he and R2 had been talking and laughing at the supper table. R2 had french fries and a hamburger cut into fourths on her plate. E7 said he gave R2 a small piece of hamburger and told her to chew. E7 then gave R2 another piece of hamburger from the edge of the burger and R2 "began acting weird - she started coughing and gasping." E7 said that he patted R2 on the back a couple of times and told E8, CNA, to go and get the nurse, E11. E7 said that E11 gently patted R2 on the back and said "Can you spit it up?" E7 said that R2 did not respond and would not open her mouth. R2 was gasping, coughing and began turning blue. E11</p>	F 224			

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F 224	<p>Continued From page 6</p> <p>attempted one abdominal thrust while R2 was sitting in her wheelchair. E7 said "I think something was stuck in (R2's) airway." E7 said that E11 then wheeled R2 to R2's room with R2 sitting in her wheelchair and E10, CNA, holding R2's feet up. E7 went to get the blood pressure cuff and stethoscope. E7 said four staff members hoisted R2 into her bed and E7 then left R2's room. E7 said that after the event occurred with R2 on 7/28/15, the Facility inserviced him concerning aspiration. E7 said that "as of 8/11/15 he has not been inserviced by the Facility on what to do if someone is choking and did not know what to do if someone is choking."</p> <p>E10 stated in an interview on 8/11/15 at 2:05 PM that he was standing in the hallway when he saw E11, LPN, rush R2 to her room. E10 said "I saw that something was wrong so I grabbed (R2's) legs, and helped (E11) get (R2) to her room. Four of us put (R2) to bed - (E8, E11, E21) and myself. We could not get (R2's) pulse and her blood pressure was very irregular and thready. (R2) was gasping for air - they were short, shallow breaths. I didn't know that (R2) had choked, but (E11) told me while were in the hallway. (E11) left (R2's) room to call the ambulance. (E8, E21) and I were trying to get (R2) to respond. (E9) came into (R2's) room and checked (R2's) pulse. (E9) thought (R2) might have a weak pulse, but wasn't sure. We put an oxygen mask on (R2) as she took her final gasp of air. I didn't see anything in her mouth. Nobody did the Heimlich maneuver nor did anyone initiate CPR (Cardio Pulmonary Resuscitation). The ambulance took about 15 minutes to get there. The EMT's (Emergency Medical Technician's) said there was nothing they could for (R2) as she</p>	F 224			

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F 224	<p>Continued From page 7</p> <p>was gone." E10 said that he has not been given any training by the Facility on what to do if someone is choking. E10 said "I don't think that they should have taken (R2) to her room and laid her down. I think they should have started life saving measures in the dining room."</p> <p>On 8/11/15 at 1:53 PM, E11 said that during the supper meal on 7/28/15, E8 walked up to the Nurses Station and said E11 was needed in the Dining Room. "I got up and walked to the Dining Room. I did not know there was a rush. I went into the Dining Room, (E7) called me over and said that (R2) was choking. (R2) was breathing. I told (R2) to spit out the food. (R2) kept chewing so I tried to get the food out of her mouth. I tried putting my fingers in her mouth, but (R2) was clamping down with her teeth. (R2) started wheezing. I reached around and did the Heimlich maneuver while she sat in the wheelchair. I only did one abdominal thrust. (R2) kept chewing. I told (E7) that we needed to get (R2) back to her room. We got (R2) to her room and she was unresponsive. (R2) was still breathing, but wheezing, and with shallow breaths. I tried to do a finger sweep, but didn't feel anything. (E9) came in and took over so I left to call 911. I told (E9) that I had done the Heimlich one time. (R2) was a DNR (Do Not Resuscitate) so we didn't do anything else. (R2) quit breathing right before the ambulance came. (E9) said that (R2) had taken a little gasp and stopped breathing. The EMT's came in and I told them that (R2) had choked. The EMT's said that (R2) was already 'gone' and they left. It was 6:13 PM. I called (Z1, R2's physician), and he said it sounded like (R2) aspirated. (E9) told me that (R2) was 'gone' when we put her into bed. I have been trained by the Facility after this happened, but no one has</p>	F 224			

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F 224	<p>Continued From page 8</p> <p>ever told me to do the Heimlich Maneuver more than one time. I didn't know that you should do CPR on someone who is choking if they have a DNR."</p> <p>On 8/11/15 at 1:36 PM, E9 said that he had been outside the Facility on break during the evening meal on 7/28/15. E9 said that he came into the building as he heard an urgent page on the overhead. E9 said that staff had taken R2 to her room and placed her into bed. E9 said "I went into (R2's) room and saw that she was unresponsive. (R2's) eyes were fixed and she had agonal breathing. There were 4 or 5 people standing around in (R2's) room. One of the CNA's was trying to take (R2's) blood pressure. (E11) left (R2's) room to call someone, maybe the ambulance, (R2's) Physician or (R2's) POA. I tried to get (R2's) pulse so I went and got the Pulse Oximeter Machine. We had oxygen going on R2. Her color was dusky, but she had a faint pulse. It was difficult to assess her heart sounds as she was obese. The EMT's got there about 10 minutes later. The EMT's said 'Why did you call us? This lady is gone!' (R2) was a DNR so we did not attempt resuscitation. She had been very depressed - she had said that she wanted to die." E9 said that he did not record any of what occurred with R2 in writing. E9 could not remember who was present in the room with R2. E9 said that he would not attempt CPR on a resident who has a DNR even if they become unresponsive due to choking.</p> <p>E8 was interviewed on 8/11/15 at 2:51 PM. E8 said that staff would always encourage R2 to eat and that she would eat ice cream "all day long." E8 said that staff normally did not feed R2. E8 said "I was passing trays in the dining room when</p>	F 224			

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F 224	<p>Continued From page 9</p> <p>I heard (E11) tell (E7) to feed (R2). Then, I saw (E11) go over to (R2) and stick her fingers in (R2's) mouth. (R2) was biting down. (E11) did the Heimlich maneuver to (R2) one time. By that time, (R2) was slouched over and had no expression on her face. I told (E11) that (R2's) lips were turning blue. (R2) was gasping for air. I went to get oxygen from (E23, LPN) and she said to ask (E22, LPN) as she was going on-break. (E22) was on the telephone so I had to wait for her to finish her call. (E22) handed me the keys for the oxygen room and I got the portable oxygen. By that time, staff were bringing (R2) down the hall. (R2's) lips were purplish/blue and she was pale. Somebody said that we needed to get the sit-to-stand lift to get (R2) into bed. Instead, we manhandled her into bed. We put oxygen on her and (R2) was gasping. We found out she was a DNR so we didn't do anything else. We tried 4 - 5 times to get (R2's) pulse or blood pressure and couldn't get one. (E9) couldn't get one either. The EMT's came and said that (R2's) face was fixed already. We told the EMT's that she choked." E8 said that she had not been trained by the Facility on what to do when someone is choking. E8 said that she "could not remember what to do when someone is choking." E8 said that she guessed that you see if there is something in the persons mouth if they are choking.</p> <p>On 8/12/15 at 1:55 PM, E22 stated that "I was not aware until the inservice training I received today, that you do the Heimlich Maneuver on someone who is choking and is a DNR followed by CPR."</p> <p>E18, CNA, stated in an interview on 8/12/15 at 9:45 AM, that if she saw someone choking "Hopefully, help would be there. I would lay them</p>	F 224			

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F 224	<p>Continued From page 10 on the ground at that location."</p> <p>E2, Director of Nursing (DON), stated in an interview on 8/11/15 at 10:00 AM, that Facility nurses receive training on the Heimlich Maneuver and CPR from the American Heart Association. E2 said that the CNA's can obtain training on CPR on the computer, but they are not mandated by the Facility to complete the training. E2 said that CNA's do not receive any hands-on training for the Heimlich Maneuver or CPR. On 8/12/15 at 1:44 PM, E2 said that during the Facility investigation into R2's death, she did not realize that staff had only performed one abdominal thrust in an attempt to clear R2's airway however, she was aware that staff did not start CPR. E2 stated that currently there are 20 residents in the facility, R1 and R3 through R21, who are identified as having swallowing problems and are potentially at risk for choking.</p> <p>Z1, R2's physician, was interviewed by telephone on 8/12/15 at 11:15 AM. Z1 said that R2 had previously had a major stroke and anyone who has had a stroke is at risk for choking. Z1 said that Facility staff should have done the Heimlich Maneuver repeatedly on R2 to clear the obstruction in R2's airway and implemented life saving measures. Z1 said "I would have expected a real, repeated effort to clear (R2's) airway. My understanding is that staff did not follow through because (R2) was a DNR, and they should not have stopped. Choking to death is not a good way to die."</p> <p>R2's "State Certificate of Death Worksheet", with a certification date of 7/29/15, documents that R2's primary cause of death was "Airway Obstruction." The approximate interval between</p>	F 224			

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F 224	<p>Continued From page 11</p> <p>onset and death is documented as "10 minutes." R2's secondary cause of death is documented as "Swallowing Dysfunction" with an interval between onset and death of "2 years."</p> <p>The Immediate Jeopardy began on 7/28/15 at 5:40 PM when R2 choked during the evening meal and staff did not respond appropriately. E1, Administrator, was notified of the Immediate Jeopardy on 8/13/15 at 12:00 PM. On 8/13/15 the surveyor determined through record review and interview that the Facility took the following actions to remove the Immediacy:</p> <ol style="list-style-type: none"> 1. On 7/28/15, E1, Administrator and E2, DON, initiated an investigation regarding circumstances surrounding the event related to R2 on 7/28/15. 2. Between 7/28/15 and 8/8/15, E2 and/or E12, Wound Care Nurse Manager, E19, Restorative Nurse, E25, MDS/Care Plan Nurse and E9, Weekend Nurse Supervisor, educated nursing staff, including Licensed Nurses and CNA's, on reporting immediately to the charge nurse, any resident having any difficulty with eating such as choking, pocketing food, or any not previously noted difficulty with meal consumption. 100% of nursing staff have been re-educated with the exception of approximately six staff that will not be allowed to return to duty until they have been educated. Remaining staff, including all department managers, dietary, housekeeping and activities will be in-serviced by 8/14/15. Staff which are on vacation will be inserVICED before returning to work. 3. Speech therapy staff were re-educated by their supervisor on 7/31/15 on immediately communicating any recommendation for diet 	F 224			

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F 224	<p>Continued From page 12</p> <p>changes due to swallowing issues to the Facility nurses and to the resident's physician.</p> <p>4. On 8/11/15, nursing staff, including Licensed Nurses and CNA's were educated on the Emergency Procedure for Choking, including initiating CPR if the resident becomes unresponsive as a result of the choking event, even if the resident has an order for DNR. All of the nursing staff have been re-educated, with the exception of three staff that will not be allowed to return until the education has been completed. This was completed on 8/12/15.</p> <p>5. The DON reassessed all residents on 8/6/15, that are currently identified with swallowing difficulties to ensure that any potential difficulties with meal consumption were being addressed. Only one resident was identified as having an episode of coughing and that was discussed with the Speech Therapist. All of the remaining residents will have a screen completed for swallowing difficulties, by therapy staff, by 8/14/15. Any issues identified will be communicated to the physician for additional orders and the care plan will be updated where indicated.</p> <p>6. All new staff hires after 8/12/15 will be educated on emergency procedures including emergency procedures for choking. All new employees hired will continue to be educated during orientation on reporting any difficulty with meal consumption to the nurse if/when identified.</p> <p>7. E1 and the Medical Director met on 8/12/15, reviewed and discussed the occurrence and corrective action. The Medical Director concurred with the corrective action that has been</p>	F 224			

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F 224	Continued From page 13 implemented. 8. On 8/12/15, the Quality Assurance (QA) Committee met and a Plan of Action was developed and will remain in place until the QA Committee feels, based on interviews and observations, that the staff have incorporated the education received into the day-to-day care and service. 9. Effective 8/12/15, Nurse Managers, including the DON, Assistant Director of Nursing (ADON), Wound Care Nurse Manager, Restorative Nurse Manager and Weekend RN Supervisor, will monitor random meals, at least four times a week, to identify residents at risk for choking. Observations will include questioning staff on what to do if a resident has difficulty with meal consumption. The Nurse Managers will question at least one staff member per day on the Emergency Procedure for choking. The plan will be reviewed weekly by the QA Committee and monthly in the QA Meeting and will remain in effect for at least 90 days to ensure the action is incorporated into the care of service.	F 224			
F 281 SS=G	483.20(k)(3)(i) SERVICES PROVIDED MEET PROFESSIONAL STANDARDS The services provided or arranged by the facility must meet professional standards of quality. This REQUIREMENT is not met as evidenced by: Based on record review and interview, the Facility failed to provide life saving measures according to accepted professional standards of care for 1 of 1 residents (R2) in the sample of 21	F 281		8/20/15	

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F 281	<p>Continued From page 14</p> <p>who began choking on food and as a result became unresponsive. This failure resulted in R2 expiring in the Facility due to an Airway Obstruction.</p> <p>Findings include:</p> <p>1. The Facility Occurrence Investigation and R2's Nurses Notes dated 7/28/15 5:40 PM per E11, Licensed Practical Nurse (LPN), document, "I was called to the dining room, with resident coughing. (E7, Certified Nurses Aide) CNA told me that (R2) was choking on a hamburger and I attempted to get resident to spit it out, resident would not and kept chewing what was left in her mouth at this time. (R2) began to wheeze and I attempted a finger sweep with no results and Heimlich performed with no results. (R2) taken back to room, with oxygen applied and another finger sweep attempted with no results. I returned to the desk and called 911 and (R2's) POA (Power of Attorney). I went back to resident's room and (E9, Registered Nurse, RN/ Nurse Manager) was in with (R2). (E9) stated that (R2) had no pulse, but still had some shallow breathing. Ambulance arrived, and placed monitor on resident and stated that (R2) was 'gone.' When the POA was notified, the POA said that she would meet (R2) and the ambulance at the hospital. Earlier in the shift, (R2) was not feeling well and I had notified (Z1) her physician about this. (Z1) ordered laboratory work to be done. Lab work was obtained and sent to hospital, with the order to continue to monitor (R2) at this time. (Z1's) office had called back and wanted (R2) to be started on an antibiotic for a Urinary Tract Infection. The antibiotic was started at 5:35 PM without any difficulty swallowing. At 6:15 PM, the hospital called and</p>	F 281			

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F 281	<p>Continued From page 15</p> <p>said that (R2) had a critical hemoglobin of 7.7."</p> <p>R2's "State Certificate of Death Worksheet," with a certification date of 7/29/15, documents that R2's primary cause of death on 7/28/15 was due to "Airway Obstruction." The approximate interval between onset and death is documented as "10 minutes." R2's secondary cause of death is documented as "Swallowing Dysfunction" with an interval between onset and death of "2 years."</p> <p>On 8/11/15 at 1:53 PM, E11, LPN, said that during the supper meal on 7/28/15, E8, CNA, walked up to the nurses station and said E11 was needed in the Dining Room. E11 said "I got up and walked to the Dining Room. I did not know there was a rush. I went into the Dining Room, (E7) called me over and said that (R2) was choking. (R2) was breathing. I told (R2) to spit out the food. (R2) kept chewing so I tried to get the food out of her mouth. I tried putting my fingers in her mouth, but (R2) was clamping down with her teeth. (R2) started wheezing. I reached around and did the Heimlich maneuver while she sat in the wheelchair. I only did one abdominal thrust. (R2) kept chewing. I told (E7) that we needed to get (R2) back to her room. We got (R2) to her room and she was unresponsive. (R2) was still breathing, but wheezing and with shallow breaths. I tried to do a finger sweep, but didn't feel anything. (E9) came in and took over so I left to call 911. I told (E9) that I had done the Heimlich one time. (R2) was a DNR (Do Not Resuscitate) so we didn't do anything else. (R2) quit breathing right before the ambulance came. (E9) said that (R2) had taken a little gasp and stopped breathing. The EMT's (Emergency Medical Technicians) came in and I told them that (R2) had choked. The EMT's said that (R2) was</p>	F 281			

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	<p>Continued From page 16</p> <p>already 'gone' and they left. It was 6:13 PM. I called (Z1, R2's physician) and he said it sounded like (R2) aspirated. (E9) told me that (R2) was 'gone' when we put her into bed. I have been trained by the Facility after this happened, but no one has ever told me to do the Heimlich Maneuver more than one time. I didn't know that you should do CPR (Cardiopulmonary resuscitation) on someone who is choking if they have a DNR."</p> <p>On 8/11/15, at 2:25 PM, E7 stated that he was in the dining room helping feed residents supper on 7/28/15 and E11 told E7 that R2 needed to be fed promptly. E7 said that E11 stated "you need to help (R2) eat - she's a feeder." E7 said that R2 had seemed a bit tired that day and normally ate independently. E7 said that he and R2 had been talking and laughing at the supper table. R2 had french fries and a hamburger cut into fourths on her plate. E7 said he gave R2 a small piece of hamburger and told her to chew. E7 then gave R2 another piece of hamburger from the edge of the burger and R2 "began acting weird - she started coughing and gasping." E7 said that he patted R2 on the back a couple of times and told E8, CNA, to go and get the nurse, E11. E7 said that E11 gently patted R2 on the back and said "Can you spit it up?" E7 said that R2 did not respond and would not open her mouth. R2 was gasping, coughing and began turning blue. E11 attempted one abdominal thrust while R2 was sitting in her wheelchair. E7 said "I think something was stuck in (R2's) airway." E7 said that E11 then wheeled R2 to R2's room with R2 sitting in her wheelchair and E10, CNA, holding R2's feet up. E7 went to get the blood pressure cuff and stethoscope. E7 said four staff members hoisted R2 into her bed and E7 then</p>				

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F 281	<p>Continued From page 17</p> <p>left R2's room. E7 said that after the event occurred with R2 on 7/28/15, the Facility inserviced him concerning aspiration. E7 said that he has not been inserviced on what to do if someone is choking and did not know what to do if someone is choking.</p> <p>On 8/11/15 at 2:05 PM, E10, CNA, said that he has not been given any training by the Facility on what to do if someone is choking. E10 said "I don't think that they should have taken (R2) to her room and laid her down. I think they should have started life saving measures in the dining room."</p> <p>On 8/11/15, at 1:36 PM, E9 stated that he would not attempt CPR on a resident who has a DNR even if they become unresponsive due to choking.</p> <p>On 8/11/15 at 2:51 PM, E8 said that she had not been trained by the Facility on what to do when someone is choking. E8 said that she could not remember what to do when someone is choking. E8 said that she guessed that you see if there is something in the persons mouth if they are choking.</p> <p>On 8/12/15 at 1:55 PM, E22, LPN, stated "I was not aware until the inservice training I received today that you do the Heimlich Maneuver on someone who is choking and is a DNR, followed by CPR."</p> <p>E18, CNA, stated in an interview on 8/12/15 at 9:45 AM, that is she saw someone choking "Hopefully, help would be there. I would lay them on the ground at that location."</p> <p>E2, Director of Nursing (DON), stated in an</p>	F 281			

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F 281	<p>Continued From page 18</p> <p>interview on 8/11/15 at 10:00 AM, that Facility nurses receive training on the Heimlich Maneuver and CPR from the American Heart Association. E2 said that the CNA's can obtain training on CPR on the computer, but they are not mandated by the Facility to complete the training. E2 said that CNA's do not receive any hands-on training for the Heimlich Maneuver or CPR. On 8/12/15 at 1:44 PM, E2 said that during the Facility investigation into R2's death, she did not realize that licensed staff had only performed one abdominal thrust in an attempt to clear R2's airway, however, she was aware that staff did not start CPR.</p> <p>Z1, R2's Physician, was interviewed by telephone on 8/12/15 at 11:15 AM. Z1 said that R2 had previously had a major stroke and anyone who has had a stroke is at risk for choking. Z1 said that Facility staff should have done the Heimlich Maneuver repeatedly on R2 to clear the obstruction in R2's airway and implemented life saving measures. Z1 said "I would have expected a real, repeated effort to clear (R2's) airway. My understanding is that staff did not follow through because (R2) was a DNR, and they should not have stopped. Choking to death is not a good way to die."</p> <p>The Facility policy "Emergency Procedure - Cardiopulmonary Resuscitation" documents that "Preparation for Cardiopulmonary Resuscitation includes obtaining or maintaining American Red Cross or American Heart Association certification in Basic Life Support (BLS)/Cardiopulmonary Resuscitation (CPR) for key clinical staff members who will direct resuscitative efforts, including non-licensed personnel."</p>	F 281			

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F 281	Continued From page 19 The Center for Medicare and Medicaid Services Survey and Certification Letter 14-01-NH, Revised 1/23/15 documents "CPR Certification: Staff must maintain current CPR certification for healthcare providers through a CPR provider whose training includes hands-on practice and in-person skills assessment; online-only certification is not acceptable. Proper technique should be evaluated by an instructor through in-person demonstration of skills." The American Red Cross First Aid Recommendations for Choking document: 1. Have someone call 911. 2. Obtain consent from the victim. 3. Lean the person forward and give 5 back blows with the heel of your hand. 4. Give 5 quick, upward abdominal thrusts. 5. Continue alternating back blows and abdominal thrusts until: the obstructing object is forced out. The person can breathe or cough forcefully on his own or the person becomes unconscious. The American Red Cross documents the following recommendations to follow for the unconscious choking adult: Try 2 rescue breaths. Each rescue breath should last about 1 second. If breaths do not go in, tilt the head farther back. Try 2 rescue breaths again. If the chest does not rise - give 30 chest compressions in about 18 seconds. Look for an object in the airway. Remove if one is seen. Try 2 rescue breaths. Repeat until EMS responders arrive or the obstruction is removed and the patient begins to breathe on his/her own.	F 281			
F 309 SS=K	483.25 PROVIDE CARE/SERVICES FOR HIGHEST WELL BEING	F 309		8/20/15	

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F 309	<p>Continued From page 20</p> <p>Each resident must receive and the facility must provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychosocial well-being, in accordance with the comprehensive assessment and plan of care.</p> <p>This REQUIREMENT is not met as evidenced by: Based on record review and interview, the Facility failed to provide appropriate actions to clear a resident's airway when found choking on food; and failed to provide Cardio Pulmonary Resuscitation (CPR) when becoming unresponsive after choking on food for 1 of 21 residents (R2) reviewed for choking in the sample of 21. This failure resulted in R2 expiring in the Facility due to an Airway Obstruction. This has the potential to affect 20 residents (R1, R3 thru R21) in the sample who were identified as having swallowing problems with a potential for choking who currently reside in the Facility.</p> <p>This failure resulted in an Immediate Jeopardy which was identified to have begun on 7/28/15.</p> <p>While the Immediate Jeopardy was removed on 8/14/15, the Facility remains out of compliance at Severity Level 2 as the Facility continues to educate staff and update the staff on Emergency Policies and Procedures for Choking.</p> <p>Findings include:</p> <p>1. The Facility Occurrence Investigation and R2's Nurses Notes, dated 7/28/15 5:40 PM, per E11,</p>	F 309			

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F 309	<p>Continued From page 21</p> <p>Licensed Practical Nurse (LPN), document, "I was called to the dining room, with resident coughing. (E7, Certified Nurses Aide) CNA told me that (R2) was choking on a hamburger and I attempted to get resident to spit it out, resident would not and kept chewing what was left in her mouth at this time. (R2) began to wheeze and I attempted a finger sweep with no results and Heimlich performed with no results. (R2) taken back to room, with oxygen applied and another finger sweep attempted with no results. I returned to the desk and called 911 and (R2's) POA (Power of Attorney). I went back to resident's room and (E9, Registered Nurse, RN/ Nurse Manager) was in with (R2). (E9) stated that (R2) had no pulse, but still had some shallow breathing. Ambulance arrived, and placed monitor on resident and stated that (R2) was 'gone.' When the POA was notified, the POA said that she would meet (R2) and the ambulance at the hospital. Earlier in the shift, (R2) was not feeling well and I had notified (Z1) her physician about this. (Z1) ordered laboratory work to be done. Lab work was obtained and sent to hospital, with the order to continue to monitor (R2) at this time. (Z1's) office had called back and wanted (R2) to be started on an antibiotic for a Urinary Tract Infection. The antibiotic was started at 5:35 PM without any difficulty swallowing. At 6:15 PM, the hospital called and said that (R2) had a critical hemoglobin of 7.7."</p> <p>The Occurrence Report documents a statement dated 7/28/15 at 7:46 PM, made by E7: "I was feeding (R2) the regular food that I was given for her. I was feeding her tiny bites. (R2) started to choke and gasp for air. I told (E8, CNA) to run and get (E11). (E11) came in and asked me what was wrong and I told (E11) that (R2) was choking</p>	F 309			

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F 309	<p>Continued From page 22</p> <p>and couldn't breathe. We tried digging the food out of her mouth but, couldn't get it. Her lips started turning blue/purple."</p> <p>On 8/11/15, at 2:25 PM, E7 stated that he was in the dining room helping feed residents supper on 7/28/15. E11 told E7 that R2 needed to be fed promptly. E7 said that E11 stated "You need to help (R2) eat - she's a feeder." E7 said that R2 had seemed a bit tired that day and normally ate independently. E7 said that he and R2 had been talking and laughing at the supper table. R2 had french fries and a hamburger cut into fourths on her plate. E7 said he gave R2 a small piece of hamburger and told her to chew. E7 then gave R2 another piece of hamburger from the edge of the burger and R2 "began acting weird - she started coughing and gasping." E7 said that he patted R2 on the back a couple of times and told E8, CNA, to go and get the nurse, E11. E7 said that E11 gently patted R2 on the back and said "Can you spit it up?" E7 said that R2 did not respond and would not open her mouth. R2 was gasping, coughing and began turning blue. E11 attempted one abdominal thrust while R2 was sitting in her wheelchair. E7 said "I think something was stuck in (R2's) airway." E7 said that E11 then wheeled R2 to R2's room with R2 sitting in her wheelchair and E10, CNA, holding R2's feet up. E7 went to get the blood pressure cuff and stethoscope. E7 said four staff members hoisted R2 into her bed and E7 then left R2's room. E7 said that all of the resident's who need to be fed by staff sit in one area of the dining room - that is how the CNA's know that someone is a "feeder." E7 said that R2 was not sitting in that area and the only reason that E7 was feeding R2 on 7/28/15 was because E11 told E7 to feed R2.</p>	F 309			

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F 309	<p>Continued From page 23</p> <p>E10, CNA, stated in an interview on 8/11/15 at 2:05 PM that he was standing in the hallway when he saw E11 rush R2 to her room. E10 said "I saw that something was wrong so I grabbed (R2's) legs, and helped (E11) get (R2) to her room. Four of us put (R2) to bed - (E8, E11, E21) and myself. We could not get (R2's) pulse and her blood pressure was very irregular and thready. (R2) was gasping for air - they were short, shallow breaths. I didn't know that (R2) had choked, but (E11) told me while were in the hallway. (E11) left (R2's) room to call the ambulance. (E8, E21) and I were trying to get (R2) to respond. (E9) came into (R2's) room and checked (R2's) pulse. (E9) thought (R2) might have a weak pulse, but wasn't sure. We put an oxygen mask on (R2) as she took her final gasp of air. I didn't see anything in her mouth. Nobody did the Heimlich maneuver nor did anyone start CPR (Cardiopulmonary Resuscitation). The ambulance took about 15 minutes to get there. The EMT's (Emergency Medical Technicians) said there was nothing they could for (R2) as she was gone." E10 said that he has not been given any training by the Facility on what to do if someone is choking. E10 said "I don't think that they should have taken (R2) to her room and laid her down. I think they should have started life saving measures in the dining room."</p> <p>On 8/11/15 at 1:53 PM, E11 said that during the supper meal on 7/28/15, E8 walked up to the Nurses Station and said E11 was needed in the Dining Room . "I got up and walked to the Dining Room. I did not know there was a rush. I went into the Dining Room, (E7) called me over and said that (R2) was choking. (R2) was breathing. I told (R2) to spit out the food. (R2) kept chewing</p>	F 309			

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F 309	<p>Continued From page 24</p> <p>so I tried to get the food out of her mouth. I tried putting my fingers in her mouth, but (R2) was clamping down with her teeth. (R2) started wheezing. I reached around and did the Heimlich maneuver while she sat in the wheelchair. I only did one abdominal thrust. (R2) kept chewing. I told (E7) that we needed to get (R2) back to her room. We got (R2) to her room and she was unresponsive. (R2) was still breathing, but wheezing and with shallow breaths. I tried to do a finger sweep, but didn't feel anything. (E9) came in and took over so I left to call 911. I told (E9) that I had done the Heimlich one time. (R2) was a DNR (Do Not Resuscitate) so we didn't do anything else. (R2) quit breathing right before the ambulance came. (E9) said that (R2) had taken a little gasp and stopped breathing. The EMT's came in and I told them that (R2) had choked. The EMT's said that (R2) was already 'gone' and they left. It was 6:13 PM. I called (Z1, R2's Physician) and he said it sounded like (R2) aspirated. (E9) told me that (R2) was 'gone' when we put her into bed. I have been trained by the Facility after this happened but no one has ever told me to do the Heimlich Maneuver more than 1 time. I didn't know that you should do CPR on someone who is choking if they have a DNR."</p> <p>On 8/12/15, at 2:20 PM, E11 said that R2 had not eaten on 7/28/15. E11 said "My intent was for (E7) to sit with (R2), but he started feeding her."</p> <p>E9, RN, Nurse Manager, said on 8/11/15 at 1:36 PM, that he had been outside the Facility on break during the evening meal on 7/28/15. E9 said that he came into the building as he heard an urgent page on the overhead. E9 said that staff had taken R2 to her room and placed her</p>	F 309			

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F 309	<p>Continued From page 25</p> <p>into bed. E9 said "I went into (R2's) room and saw that she was unresponsive. (R2's) eyes were fixed and she had agonal breathing. There were 4 or 5 people standing around in (R2's) room. One of the CNA's was trying to take (R2's) blood pressure. (E11) left (R2's) room to call someone, maybe the ambulance, (R2's) physician or (R2's) POA. I tried to get (R2's) pulse so I went and got the Pulse Oxymeter Machine. We had oxygen going on (R2). Her color was dusky, but she had a faint pulse. It was difficult to assess her heart sounds as she was obese. The EMT's got there about 10 minutes later. The EMT's said 'Why did you call us? This lady is gone!' (R2) was a DNR so we did not attempt resuscitation. She had been very depressed - she had said that she wanted to die." E9 said that he did not record any of what occurred with R2 in writing. E9 could not remember who was present in the room with R2. E9 said that he would not attempt CPR on a resident who has a DNR even if they become unresponsive due to choking.</p> <p>E8, CNA, was interviewed on 8/11/15 at 2:51 PM. E8 said that staff would always encourage R2 to eat and that she would eat ice cream "all day long." E8 said that staff normally did not feed R2. E8 said "I was passing trays in the dining room when I heard (E11) tell (E7) to feed (R2). Then, I saw (E11) go over to (R2) and stick her fingers in (R2's) mouth. (R2) was biting down. (E11) did the Heimlich maneuver to (R2) one time. By that time, (R2) was slouched over and had no expression on her face. I told (E11) that (R2's) lips were turning blue. (R2) was gasping for air. I went to get oxygen from (E23, LPN) and she said to ask (E22, LPN) as she was going on break. (E22) was on the telephone so I had to wait for</p>	F 309			

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F 309	<p>Continued From page 26</p> <p>her to finish her call. (E22) handed me the keys for the oxygen room and I got the portable oxygen. By that time, staff were bringing (R2) down the hall. (R2's) lips were purplish/blue and she was pale. Somebody said that we needed to get the sit-to-stand lift to get (R2) into bed. Instead, we manhandled her into bed. We put oxygen on her and (R2) was gasping. We found out she was a DNR so we didn't do anything else. We tried 4 - 5 times to get (R2's) pulse or blood pressure and couldn't get one. (E9) couldn't get one either. The EMT's came and said that (R2's) face was fixed already. We told the EMT's that she choked." E8 said that she had not been trained by the Facility on what to do when someone is choking. E8 said that she could not remember what to do when someone is choking. E8 said that she guessed that you see if there is something in the persons mouth if they are choking.</p> <p>E24, Speech Therapist, stated on 8/12/15 at 9:38 AM, that she had started working with R2 in early July 2015. E24 said that she first started seeing R2 for cognition as she seemed confused and was talking about her dead husband. During R2's evaluation, E24 noticed that R2 was sitting poorly in her wheelchair with her head tilted back. E24 gave R2 water and she coughed a little. E24 said that she had previously worked with R2 for swallowing. E24 said that she then asked some of the CNA's how R2 ate and they said that R2 occasionally choked on her food. E24 said that R2 would take large bites and needed to be cued to take smaller bites. E24 said that R2's food needed to be cut up and placed towards R2's right side due to her previous Cardio Vascular Accident (CVA). E24 said "I told (R2) that we needed to downgrade her diet and give her</p>	F 309			

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F 309	<p>Continued From page 27</p> <p>ground meat, and (R2) said she didn't like it. I told her either we needed to downgrade her diet or work with (R2) to eat regular food. I did tell some of the CNA's (I don't remember who) to REALLY cut up her food but, it was not documented. I usually write up a plan when I finish working with a resident. I saw her three times a week so, I probably saw (R2) about 6 times for swallowing problems. It can take one to two months to complete the process and make recommendations. (R2) fed herself - I don't know why she was being fed that meal."</p> <p>Z1, R2's Physician, was interviewed by telephone on 8/12/15 at 11:15 AM. Z1 said that R2 had previously had a major stroke and anyone who has had a stroke is at risk for choking. Z1 said that Facility staff should have done the Heimlich Maneuver repeatedly on R2 to clear the obstruction in R2's airway and implemented life saving measures. Z1 said "I would have expected a real, repeated effort to clear (R2's) airway. My understanding is that staff did not follow through because (R2) was a DNR, and they should not have stopped. Choking to death is not a good way to die."</p> <p>R2's Ambulance Service Patient Care Report documents "7/28/15, Call Received at 6:01 PM. Arrived on scene at 6:04 PM. We were called out by 911 for a woman choking and moving very little air. Upon arrival, we found (R2) laying in bed with a CNA and nurses around the bed. They said that they just got her back into bed after choking in the dining room. There was a CNA hooking the oxygen mask over (R2's) face, about 3-4 inches above her face and 2 liters of oxygen running. (R2) was not breathing and did not have a pulse in her arm or at the carotid. (R2's) eyes were</p>	F 309			

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F 309	<p>Continued From page 28</p> <p>already fixed and had mucous starting to form. The nurse said that (R2) was a DNR. The monitor was put into place and it confirmed in all three leads that her rhythm was asystole. The charge nurse called the coroner."</p> <p>R2's Facility Facesheet documents that she was originally admitted to the Facility on 7/8/14 with diagnoses, in part, of Dense Left Hemiplegia due to CVA, Dysphagia, Hemiplegia and Cognitive Deficit. R2's most recent Minimum Data Set (MDS), dated 6/23/15, documents that has a Brief Interview for Mental Status (BIMS) score of 13, which means that she was cognitively intact; and required supervision with setup help for eating. R2's clinical records document a Physician's Order, dated 4/29/15, for "regular diet, regular texture and regular consistency of liquids." R2 also has a Physician's Order, dated 7/4/15, which documents "Skilled Speech Therapy 3 times a week for 8 weeks for treatment of Dysphagia and Cognition. Treat to decrease the risk for aspiration."</p> <p>R2's Speech Therapy Plan of Care, dated 7/3/15, documents "Reason for Referral: Dysphagia. This 68 year old female with a history of acute CVA last year has been experiencing increased difficulty with her cognitive abilities. Nursing reporting that patient has been confused and asking about her late husband as if he were still alive. Patient has also been demonstrating choking episodes during meals. These have reportedly involved patient coughing, loosing her voice and her face turning red. ST (Skilled Speech Therapy) services are necessary for patient to decrease her risk for aspiration and improve her cognitive skills. Without ST, patient is at risk for worsening confusion and risk for</p>	F 309			

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F 309	<p>Continued From page 29</p> <p>aspiration and choking. Rehabilitation Outcome Measure: Swallowing - moderate to severe."</p> <p>R2's current Facility Plan of Care, dated 7/9/15, does not document R2's swallowing problems. E2, Director of Nursing (DON) confirmed in an interview on 8/11/15 at 10:00 AM that the Facility did not develop a plan of care for R2's swallowing problems. E2 said that she inserviced staff on 7/31/15 concerning residents experiencing aspiration, swallowing problems and pocketing food. E2 said that the inservice did not include what to do if a resident is choking.</p> <p>R2's "State Certificate of Death Worksheet", with a certification date of 7/29/15, documents that R2's primary cause of death was "Airway Obstruction." The approximate interval between onset and death is documented as "10 minutes." R2's secondary cause of death is documented as "Swallowing Dysfunction" with an interval between onset and death of "2 years."</p> <p>The Facility's Emergency Procedure for Choking policy documents: "The purpose of this procedure is to prevent choking by expelling the foreign body airway obstruction.</p> <p>Conscious Resident - Standing or sitting:</p> <ol style="list-style-type: none"> 1. Ask the resident if he/she is choking. REMEMBER, a choking victim cannot speak or breath and needs your help immediately. 2. Ask the resident to cough or speak it at all possible to determine if his or her airway is obstructed. 3. If able to cough, instruct and encourage the resident to continue coughing to dislodge or expel any foreign object. 4. Call for help, but stay with the resident. 5. Quickly assure the resident that you are going 	F 309			

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F 309	<p>Continued From page 30 to stay and assist him or her.</p> <p>6. If the resident cannot cough, only then should abdominal thrusts be performed as follows:</p> <ol style="list-style-type: none"> Stand behind the resident. Wrap your arms around the resident's waist. Make a fist with one hand. Place the thumb side of your fist against the resident's upper mid-abdomen, below the ribcage and above the navel. Grasp your clenched fist with your other hand. Press your fist into the resident's upper abdomen with a quick upward thrust. Do not squeeze the ribcage. Contain the force of the thrust to your hands. Repeat the thrusts until the foreign body is expelled or the resident loses consciousness. <p>Unconscious Resident - Lying Down (or when unable to reach around the resident).</p> <ol style="list-style-type: none"> Ease the resident gently as possible to the floor. Call for help if assistance is not readily present but do not leave the resident unattended. Position the resident on his or her back with the arms to his/her side. Perform abdominal thrusts as follows: <ol style="list-style-type: none"> Facing the resident, kneel down and straddle the resident's upper thighs with your body. Place the heel of one hand on the resident's upper mid-abdomen, below the rib cage and above the navel and with fingers pointed toward the resident's chest. Place the other hand directly over the positioned hand. Bring your shoulders forward over your hands. Use your body weight to press your hands into the resident's upper abdomen with a quick upward thrust. 	F 309			

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F 309	<p>Continued From page 31</p> <p>5. Perform the finger sweep maneuver to check for a foreign body as follows:</p> <ol style="list-style-type: none"> Keep the resident's face up. Perform the tongue-jaw lift to open the resident's mouth. (Note: moving the lower jaw moves the tongue off the throat and opens the airway.) Perform the finger sweep using your index finger as a hook. <ol style="list-style-type: none"> Insert your index finger into the resident's mouth along side of the cheek and across the base of the tongue. Try to remove any foreign objects. Avoid pushing foreign objects deeper into the throat. Turn the resident's head to one side if needed to sweep an object from the mouth. Alternate steps 4 and 5 until the object is expelled. Arrange for the resident to be evaluated by a physician immediately after the foreign body airway obstruction has been removed. If unable to clear the foreign body from obstructing the airway, arrange emergency transport of the resident to the nearest acute care medical facility. Proceed with CPR immediately if the resident has no pulse or respirations. <p>The person performing this procedure should record the following information in the resident's medical record:</p> <ol style="list-style-type: none"> The date and time the procedure was performed. The name and title of the individuals who performed the procedure. The exact time the choking began. The exact time of any unconsciousness. All assessment data obtained during the 	F 309			

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CENTERS FOR MEDICARE & MEDICAID SERVICES

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 145500	(X2) MULTIPLE CONSTRUCTION A. BUILDING _____ B. WING _____		(X3) DATE SURVEY COMPLETED C 08/19/2015
NAME OF PROVIDER OR SUPPLIER HILLSBORO REHAB & HCC			STREET ADDRESS, CITY, STATE, ZIP CODE 1300 EAST TREMONT STREET HILLSBORO, IL 62049		
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F 309	<p>Continued From page 32 procedure.</p> <p>6. The time the procedure was started and stopped.</p> <p>7. The resident's response to the procedure.</p> <p>8. The signature and title of the person recording the data."</p> <p>The American Red Cross First Aid Recommendations for Choking document:</p> <ol style="list-style-type: none"> 1. Have someone call 911. 2. Obtain consent from the victim. 3. Lean the person forward and give 5 back blows with the heel of your hand. 4. Give 5 quick, upward abdominal thrusts. 5. Continue alternating back blows and abdominal thrusts until: the obstructing object is forced out and the person can breathe or cough forcefully on his own, or until the person becomes unconscious. <p>The American Red Cross documents the following recommendations to follow for the unconscious choking adult:</p> <p>Try 2 rescue breaths. Each rescue breath should last about 1 second. If breaths do not go in, tilt the head farther back. Try 2 rescue breaths again. If the chest does not rise - give 30 chest compressions in about 18 seconds. Look for an object in the airway. Remove if one is seen. Try 2 rescue breaths. Repeat until EMS responders arrive or the obstruction is removed and the patient begins to breathe on his/her own.</p> <p>E2 stated in an interview on 8/11/15 at 10:00 AM, that Facility nurses receive training on the Heimlich Maneuver and CPR from the American Heart Association. E2 said that the CNA's can obtain training on CPR on the computer but, they are not mandated by the Facility to complete the</p>	F 309			

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F 309	<p>Continued From page 33</p> <p>training. E2 said that CNA's do not receive any hands-on training for the Heimlich Maneuver or CPR. On 8/12/15 at 1:44 PM, E2 said that during the Facility investigation into R2's death, she did not realize that staff had only performed one abdominal thrust in an attempt to clear R2's airway however, she was aware that staff did not start CPR. E2 stated that currently there are 20 residents in the facility R1, and R3 through R21, who are identified as having swallowing problems and are potentially at risk for choking.</p> <p>The Immediate Jeopardy began on 7/28/15 at 7:40 PM when R2 choked during the evening meal and staff did not respond appropriately. E1, Administrator, was notified of the Immediate Jeopardy on 8/13/15 at 12:00 PM. On 8/13/15 the surveyor determined through record review and interview that the Facility took the following actions to remove the Immediacy:</p> <ol style="list-style-type: none"> 1. On 7/28/15, E1, Administrator and E2, DON, initiated an investigation regarding circumstances surrounding the event related to R2 on R/28/15. 2. Between 7/28/15 and 8/8/15, nursing staff, including Licensed Nurses and CNA's, were educated by E2 and/or E12, Wound Care Nurse Manager, E19, Restorative Nurse, E25, MDS/Care Plan Nurse and E9, Weekend Nurse Supervisor, on reporting any resident having any difficulty with eating such as; choking, pocketing food, or any not previously noted difficulty with meal consumption to the charge nurse when it is noted. 100% of nursing staff have been re-educated with the exception of approximately six staff that will not be allowed to return to duty until they have been educated. Remaining staff, including all department managers, dietary, 	F 309			

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F 309	<p>Continued From page 34</p> <p>housekeeping and activities will be in-serviced by 8/14/15. Staff which are on vacation will be inserviced before returning to work.</p> <p>3. Speech therapy staff were re-educated by their supervisor on 7/31/15 on immediately communicating any recommendation for diet changes to the Facility nurses and to the resident's physician.</p> <p>4. On 8/11/15, nursing staff, including licensed nurses and CNA's were educated on the Emergency Procedure for Choking, including initiating CPR if the resident becomes unresponsive as a result of the choking event, even if the resident has an order for DNR. All of the nursing staff have been re-educated, with the exception of three staff that will not be allowed to return until the education has been completed. This was completed on 8/12/15.</p> <p>5. E2, DON reassessed all resident on 8/6/15 that are currently identified with swallowing difficulties to ensure that any potential difficulties with meal consumption were being addressed. Only one resident was identified as having an episode of coughing and that was discussed with the Speech Therapist. All of the remaining residents will have a screen completed for swallowing difficulties, by therapy staff, by 8/14/15. Any issues identified will be communicated to the physician for additional orders and the care plan will be updated when indicated.</p> <p>6. All new hires after 8/12/15 will be educated on emergency procedures including emergency procedures for choking. All new employees hired will continue to be educated during orientation on reporting any difficulty with meal consumption to</p>	F 309			

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F 309	Continued From page 35 the nurse if identified. 7. E1, Administrator and the Medical Director met on 8/12/15, reviewed and discussed the occurrence and corrective action. The Medical Director concurred with the corrective action that has been implemented. 8. On 8/12/15, the Quality Assurance (QA) Committee met and a Plan of Action was developed and will remain in place until the QA Committee feels, based on interviews and observations, that the staff have incorporated the education received into the day-to-day care and service. 9. Effective 8/12/15, Nurse Managers, including the DON, Assistant Director of Nursing (ADON), Wound Care Nurse Manager, Restorative Nurse Manager and Weekend RN Supervisor, will monitor random meals, at least four times a week, to identify residents at risk for choking. Observations will include questioning staff on what to do if a resident has difficulty with meal consumption. The Nurse Managers will question at least one staff member per day on the Emergency Procedure for choking. The plan will be reviewed weekly by the QA Committee and monthly in the QA Meeting and will remain in effect for at least 90 days to ensure the action is incorporated into the care of service.	F 309			