

DEPARTMENT OF HEALTH AND HUMAN SERVICES
CENTERS FOR MEDICARE & MEDICAID SERVICES

PRINTED: 03/04/2015
FORM APPROVED
OMB NO. 0938-0391

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 14E327	(X2) MULTIPLE CONSTRUCTION A. BUILDING _____ B. WING _____		(X3) DATE SURVEY COMPLETED 02/17/2015
NAME OF PROVIDER OR SUPPLIER PINCKNEYVILLE NURSING & REHAB			STREET ADDRESS, CITY, STATE, ZIP CODE 708 VIRGINIA COURT PINCKNEYVILLE, IL 62274		
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)		(X5) COMPLETION DATE
F 000	INITIAL COMMENTS	F 000			
F 248 SS=D	<p>Annual Certification Survey</p> <p>483.15(f)(1) ACTIVITIES MEET INTERESTS/NEEDS OF EACH RES</p> <p>The facility must provide for an ongoing program of activities designed to meet, in accordance with the comprehensive assessment, the interests and the physical, mental, and psychosocial well-being of each resident.</p> <p>This REQUIREMENT is not met as evidenced by: Based on record review, observation and interview the facility failed to provide and offer an activity program to meet the individualized needs, interests and activities for 3 of 9 residents (R1, R3 and R7) reviewed for activities in the sample of 10.</p> <p>The findings include:</p> <p>1. R3's admission Minimum Data Set (MDS) dated 11/10/14 documents R3 has a 10 on the Brief Interview for Mental Status, (10 means R3 has moderately impaired cognition.) In the Preference for Customary Routine and Activities section on this same MDS, it documents it is "very important" for R3 to participate in religious services and practices, do things with groups of people, keep up with the news and be around animals such as pets. It also documents it is "somewhat important" to listen to music. R3's Activity Care Plan dated 1/27/15 does not have a problem documented. The goal listed is "try to get resident more active" but has no interventions or preferences listed. The Behavior Care Plan</p>	F 248		2/27/15	

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

03/02/2015

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

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F 248	<p>Continued From page 1</p> <p>documents, Resident will isolate herself throughout the day and one intervention listed is to have one on one communication with resident. The facility's Activity Department Policy dated 3/99 states an ongoing program of activities is designed to meet the needs of each resident.</p> <p>During random observations on 2/10/15 from 9:15am until 3:30 pm, R3 was observed lying on her bed. No television, music or other activity was provided for this resident while in bed. On 2/11/15 observations were made at 10:00 am, 11:00 am, 11:45 am, 1:30 pm, 2:30 pm and 3:30 pm and R3 was lying on her bed. No television, music or other activity was provided for this resident while in bed.</p> <p>R3 was interviewed on 2/10/15 at 11:00am and was found to be alert and oriented. R3 said she enjoys being in her room and also enjoys music, animals and reading. E6, Activity Director, was interviewed on 2/13/15 at 10:45am. E6 said R3 will rarely attend an out of room activity. E6 said she does go to R3 and ask her if she has anything she wants to talk about or do but R3 never wants to talk about or do anything. E6 stated, "I let her do the suggestions because she is a hard one" and "I'm lost with her." E6 said she is still learning how to do the paperwork and the care plans do need to be more specific and individualized. E6 agreed she has been putting activities of daily living interventions and not activity concerns on the care plans. E7 (Certified Nursing Assistant) said R3 doesn't attend activities or do any activities in her room.</p> <p>2. According to the January 2015 Physician's Order Sheet, R7 is a 49 year old resident with a diagnosis of Multiple Sclerosis. On 2/11/15 at</p>	F 248			

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F 248	<p>Continued From page 2</p> <p>2:00 p.m., R7 stated that the facility had no activities that interested him.</p> <p>According to the Activity Care Plan dated 10/22/14, R7 is interested in reading books and magazines, keeping up with the news, and spending time outdoors. The categories titled "Problem Statement" and "Goal" are both left blank. According to the Activity Care Plan dated 2/2/15, R7 is interested in spending time outdoors. Problem Statement is again left blank, and Goal is listed as, "To become more active in activities."</p> <p>On 2/13/15 at 11:00 a.m., E6, Activity Director, stated that R7 used to play cards and come out to activity programs, but that he hadn't been coming out recently. E6 acknowledged that no outdoor activities had been planned with R7.</p> <p>3. According to R1 's Admission Face Sheet, R1 was admitted to the facility on 8/14/2014. R1's Admission Minimum Data Set (MDS) of 8/27/2014 indicates that R1 is moderately cognitively impaired. An Activity Assessment and Plan dated 8/14/2014 identifies R1's current activity preferences as: care of living area and room, hymn singing, religious services, outdoor activities (walk), television viewing, radio, pets, country music, and Bingo. Of these preferences, R1's Activity Care Plan updated 2/12/2015 include only the following: participating in religious activities, spending time outdoors, television viewing ,and phone use. This same document, as well as R1's Activity Care Plan dated 11/17/2014 include areas for documentation of a " Problem Statement " and " Goal ". These areas are left blank on both documents.</p> <p>On 2/13/2015 at 10:45 a.m., E6, Activities Director, was asked about R1's activity</p>	F 248			

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F 248	Continued From page 3 preferences. E6 stated that R1 likes to help E6 in her office by stacking papers, and cleaning. R1 also likes to fold laundry, and sometimes she will play a card game with me. None of these activities are included on R1's current Activity Care Plan. On 2/10/2014 at 11 40 a.m., Z1 (R1's family member) stated that R1 used to enjoy yard work and cleaning house.	F 248			
F 279 SS=D	483.20(d), 483.20(k)(1) DEVELOP COMPREHENSIVE CARE PLANS A facility must use the results of the assessment to develop, review and revise the resident's comprehensive plan of care. The facility must develop a comprehensive care plan for each resident that includes measurable objectives and timetables to meet a resident's medical, nursing, and mental and psychosocial needs that are identified in the comprehensive assessment. The care plan must describe the services that are to be furnished to attain or maintain the resident's highest practicable physical, mental, and psychosocial well-being as required under §483.25; and any services that would otherwise be required under §483.25 but are not provided due to the resident's exercise of rights under §483.10, including the right to refuse treatment under §483.10(b)(4). This REQUIREMENT is not met as evidenced by: Based on record review, observation and interview the facility failed to develop care plans	F 279			2/27/15

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F 279	<p>Continued From page 4</p> <p>for activities to meet the individualized needs, interests, and goals for 3 of 10 residents (R1, R3 and R7) reviewed for care plans in the sample of 10.</p> <p>Findings include:</p> <p>1 R3's admission Minimum Data Set (MDS) dated 11/10/14 documents R3 has a 10 on the Brief Interview for Mental Status. (10 means R3 has moderately impaired cognition.) In the Preference for Customary Routine and Activities section on this same MDS, it documents it is "very important" for R3 to participate in religious services and practices, do things with groups of people, keep up with the news and be around animals such as pets. It also documents it is "somewhat important" to listen to music. R3's Activity Care Plan dated 1/27/15 does not have a problem documented. The goal listed is "try to get resident more active" but has no interventions or preferences listed. The Behavior Care Plan documents, Resident will isolate herself throughout the day and one intervention listed is to have one on one communication with resident. The facility's Activity Department Policy dated 3/99 documents an ongoing program of activities is designed to meet the needs of each resident.</p> <p>During random observations on 2/10/15 from 9:15am until 3:30pm, R3 was observed lying on her bed. No television, music or other activity was provided for this resident while in bed. On 2/11/15 observations were made at 10:00 am, 11:00 am, 11:45 am, 1:30 pm, 2:30 pm and 3:30 pm and R3 was lying on her bed. No television, music or other activity was provided for this resident while in bed.</p>	F 279			

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F 279	<p>Continued From page 5</p> <p>R3 was interviewed on 2/10/15 at 11:00 am and was found to be alert and oriented. R3 said she enjoys being in her room and also enjoys music, animals and reading. E6 (Activity Director) was interviewed on 2/13/15 at 10:45 am. E6 said R3 will rarely attend an out of room activity. E6 said she does go to R3 and ask her if she has anything she wants to talk about or do but R3 never wants to talk about or do anything. E6 stated, "I let her do the suggestions because she is a hard one" and "I'm lost with her." E6 said she is still learning how to do the paperwork and the care plans do need to be more specific and individualized. E6 agreed she has been putting activities of daily living interventions and not activity concerns on the care plans. E7 (Certified Nursing Assistant) said R3 doesn't attend activities or do any activities in her room.</p> <p>2. According to the January 2015 Physician's Order Sheet, R7 is a 49 year old resident with a diagnosis of Multiple Sclerosis. On 2/11/15 at 2:00 p.m., R7 stated that the facility had no activities that interested him.</p> <p>According to the Activity Care Plan dated 10/22/14, R7 is interested in reading books and magazines, keeping up with the news, and spending time outdoors. The categories titled "Problem Statement" and "Goal" are both left blank. According to the Activity Care Plan dated 2/2/15, R7 is interested in spending time outdoors. Problem Statement is again left blank, and Goal is listed as, "To become more active in activities."</p> <p>On 2/13/15 at 11:00 a.m., E6, Activity Director, stated that R7 used to play cards and come out to activity programs, but that he hadn't been coming out recently. E6 acknowledged R7 was younger</p>	F 279			

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F 279	Continued From page 6 than the nursing home population and that no individualized activities had been planned with R7. 3. According to R1 ' s Admission Face Sheet, R1 was admitted to the facility on 8/14/2014. R1 ' s Admission Minimum Data Set (MDS) of 8/27/2014 Section V, Care Area Assessment identifies Activities as an area of need for R1. Activities are not identified as a Focus Area on R1 ' s current interdisciplinary Care Plan. An Activity Assessment and Plan dated 8/14/2014 identifies R1 ' s current activity preferences as: care of living area and room, hymn singing, religious services, outdoor activities (walk), television viewing ,radio, pets, country music, and Bingo. Of these preferences,R1 ' s Activity Care Plan updated 2/12/2015 include only the following: participating in religious activities, spending time outdoors, television viewing, phone use. This same document, as well as R1 ' s Activity Care Plan dated 11/17/2014 include areas for documentation of a " Problem Statement " and " Goal " . These areas are left blank on both documents. On 2/13/2015 at 10:45 a.m., E6, Activities Director, was asked about R1 ' s activity preferences. E6 stated that R1 likes to help E6 in her office by stacking papers, and cleaning, R1 also likes to fold laundry, and sometimes she will play a card game with me. None of these activities are included on R1 ' s current Activity Care Plan. On 2/10/2014 at 11: 40 a.m, Z1 (R1 ' s family member) stated that R1 used to enjoy yard work and cleaning house.	F 279			
F 329 SS=D	483.25(I) DRUG REGIMEN IS FREE FROM UNNECESSARY DRUGS	F 329			2/27/15

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F 329	<p>Continued From page 7</p> <p>Each resident's drug regimen must be free from unnecessary drugs. An unnecessary drug is any drug when used in excessive dose (including duplicate therapy); or for excessive duration; or without adequate monitoring; or without adequate indications for its use; or in the presence of adverse consequences which indicate the dose should be reduced or discontinued; or any combinations of the reasons above.</p> <p>Based on a comprehensive assessment of a resident, the facility must ensure that residents who have not used antipsychotic drugs are not given these drugs unless antipsychotic drug therapy is necessary to treat a specific condition as diagnosed and documented in the clinical record; and residents who use antipsychotic drugs receive gradual dose reductions, and behavioral interventions, unless clinically contraindicated, in an effort to discontinue these drugs.</p> <p>This REQUIREMENT is not met as evidenced by: Based on interview, observation, and record review, the facility failed to identify triggers for behaviors, identify specific behaviors and develop behavioral interventions for 2 of 4 residents (R1, R2) reviewed for psychotropic medications in the sample of 10.</p> <p>Findings include:</p> <p>1. According to the January 2015 Physician's</p>	F 329			

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F 329	<p>Continued From page 8</p> <p>Order Sheet, R2 is a 88 year old resident with a diagnosis of Dementing Illness with Associated Behavioral Symptoms, and receives Risperidone .5 milligrams (mg) twice a day.</p> <p>On 2/11/15 at 12:30 p.m., R2 was ambulating around the dining room in his wheelchair. R2 repeatedly attempted to rise from his wheelchair. Again on 2/11/15 at 2:00 p.m., R2 was ambulating in the hallway, and repeatedly attempted to rise from his chair.</p> <p>According to a Psychoactive Medication Quarterly Evaluation dated 11/14/14, R2's behaviors warranting the use of Risperdone were "agitation, constantly saying 'help me help me', restlessness, not sleeping, wanting to get up." Under the heading "Ineffective interventions," the entry states "1-1 or talking with resident does not help."</p> <p>R2's Care Plan/Behavior Tracking Record dated February 2015 states, under the category "Problem Statement," "Resident Curses at Staff." The category titled "Goal" was left blank. Interventions listed were: 1) Re-direct; and 2) Explain not wanting him to fall and hurt himself.</p> <p>2. According to R1's Physician's Order Sheet for February 2015, R1 is 70 years old, has diagnoses of Alzheimer s disease , Schizophrenia, and Depression and has an order for Seroquel 200 milligrams three times daily. R1's Care Plan/Behavior Tracking Records for December 2014, January and February 2015 include " Offer Activity " as an approach for behavior intervention. These same documents do not include any suggestions of appropriate activities to be implemented for R1, and also do not</p>	F 329			

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F 329	Continued From page 9 specify, if an activity was used to reduce behaviors, what the activity was. As a result, the effectiveness of a specific activity cannot be evaluated. The same Care Plan/Behavior Tracking Records do not include triggers for R1's behaviors. On 2/13/2015 at 8:50 a.m., E2, D.O.N. (Director of Nursing) stated that R1 tends to get more agitated when R1 has an episode of confusion and that a noisy environment seems to "set R1 off ". On 2/13/2015 at 3:00 p.m., E9, CNA (Certified Nurse's Aide) stated that R1 enjoys going to the big window in the dining room and watching the children across the street and that R1 does not seem to enjoy watching TV. Notes from an Interdisciplinary Care Plan meeting for R1 dated 9/18/2014 indicates that R1 likes to fold laundry. This information is not included on either the Care Plan/Behavior Tracking Records reviewed for R1 or on R1's Interdisciplinary Care Plan.	F 329			
F 458 SS=C	483.70(d)(1)(ii) BEDROOMS MEASURE AT LEAST 80 SQ FT/RESIDENT Bedrooms must measure at least 80 square feet per resident in multiple resident bedrooms, and at least 100 square feet in single resident rooms. This REQUIREMENT is not met as evidenced by: Based on observation, record review and interview the facility failed to provide 80 square feet of space per resident bed. These failures have the potential to affect all 27 residents in the facility. The findings include:	F 458			2/27/15

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F 458	Continued From page 10 1. E3 (Owner) stated on 2/11/15 at 1:00pm that resident rooms 1 - 10 A Hall and resident rooms 20 - 30 B Hall are all two bed, Medicaid certified rooms and are included in the facility's room size waiver. All of the rooms have been measured and do not provide the required 80 square feet per resident bed. These rooms measure 75 square feet per resident bed. 2. E1 (Administrator) provided a resident room roster on 2/10/15 that indicated R1- R9 and R11 - R28 reside in the undersized rooms. 3. Observation of these rooms during the survey on 2/10/15 and 2/11/15 found no issues related to room size. Observation of the rooms found adequate space to meet the medical and personal needs of the residents living in the waived rooms. Interview on 2/11/15 at 9:30am with R6, R7, R9, R17, R19, R26 and R28 who all reside in a waived room found no issues with room size.	F 458			