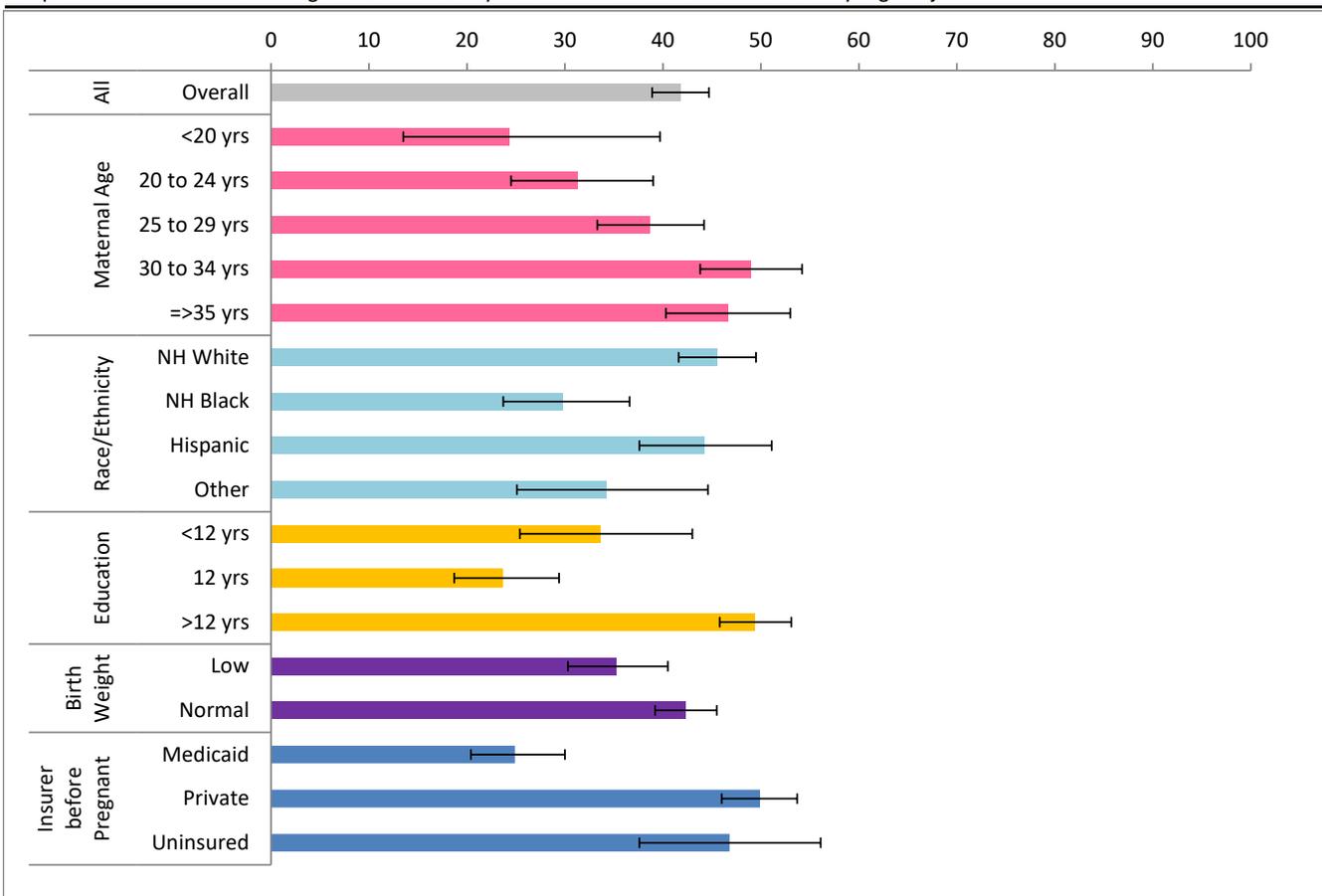


Health Behaviors

Percentage (%) of recent mothers in Illinois who reported exercising three or more times per week during the 12 months before pregnancy

Survey Question 4: At any time during the 12 months before you got pregnant with your new baby, did you do any of the following things? Response: Yes B. I was exercising three or more days of the week for fitness outside of my regular job.



		Percentage <sup>1</sup>	95% CI <sup>2</sup>		Respondents <sup>3</sup>	Estimated Population Affected <sup>4</sup>
All	Overall	41.8	38.9	44.7	1,305	57,040
Maternal Age	<20 yrs	24.3	13.5	39.7	53	1,305
	20 to 24 yrs	31.3	24.5	39.0	202	6,822
	25 to 29 yrs	38.6	33.3	44.2	355	14,942
	30 to 34 yrs	49.0	43.8	54.2	413	20,661
	=>35 yrs	46.6	40.3	53.0	282	13,311
Race/Ethnicity	NH White	45.5	41.6	49.5	699	33,461
	NH Black	29.8	23.7	36.6	252	6,983
	Hispanic	44.2	37.6	51.1	243	12,433
	Other	34.2	25.1	44.6	102	3,579
Education	<12 yrs	33.6	25.4	43.0	142	4,901
	12 yrs	23.6	18.7	29.4	290	7,552
	>12 yrs	49.4	45.8	53.1	851	43,068
Birth Weight	Low	35.2	30.3	40.5	338	3,640
	Normal	42.3	39.2	45.5	967	53,400
Marital Status	Married	49.2	45.5	52.9	805	41,011
	Other	30.1	25.7	34.9	500	16,030
Insurer before Pregnant	Medicaid	24.9	20.4	30.0	399	10,016
	Private	49.9	46.0	53.7	747	39,191
	Uninsured	46.8	37.6	56.1	133	7,017

<sup>1</sup>Percentage = Weighted percentage

<sup>2</sup>CI = Confidence interval lower/upper bounds

-- Indicates denominator <30 respondents or numerator <6 respondents

<sup>3</sup>Respondents = The total number who responded to the survey question

<sup>4</sup>Estimated Population Affected = Estimated number of Illinois mothers/infants with characteristic or condition