

## Mental Health

## Percentage (%) of recent mothers in Illinois who reported symptoms of depression after delivery

**Survey Question 69:** Since your new baby was born, how often have you felt down, depressed or hopeless? Response: Yes - Categories summed total 100%

|           | Percentage <sup>1</sup> | 95% CI <sup>2</sup> |       | Respondents <sup>3</sup> | Estimated Population Affected <sup>4</sup> |
|-----------|-------------------------|---------------------|-------|--------------------------|--|
| Always    | 1.0                     | 0.60                | 1.70  | 1,299                    | 1,327                                      |
| Often     | 3.7                     | 2.70                | 4.90  | 1,299                    | 4,971                                      |
| Sometimes | 19.9                    | 17.60               | 22.40 | 1,299                    | 27,029                                     |
| Rarely    | 30.8                    | 28.10               | 33.60 | 1,299                    | 41,851                                     |
| Never     | 44.7                    | 41.70               | 47.60 | 1,299                    | 60,666                                     |

**Survey Question 70:** Since your new baby was born, how often have you had little interest or little pleasure in doing things you usually enjoyed? Response: Yes - Categories summed total 100%

|           | Percentage <sup>1</sup> | 95% CI <sup>2</sup> |      | Respondents <sup>3</sup> | Estimated Population Affected <sup>4</sup> |
|-----------|-------------------------|---------------------|------|--------------------------|--|
| Always    | 2.5                     | 1.8                 | 3.7  | 1,298                    | 3,452                                      |
| Often     | 4.1                     | 3.1                 | 5.4  | 1,298                    | 5,508                                      |
| Sometimes | 16.2                    | 14.1                | 18.5 | 1,298                    | 21,957                                     |
| Rarely    | 27.4                    | 24.8                | 30.1 | 1,298                    | 37,195                                     |
| Never     | 49.8                    | 46.8                | 52.8 | 1,298                    | 67,616                                     |

<sup>1</sup>Percentage = Weighted percentage

<sup>2</sup>CI = Confidence interval lower/upper bounds

-- Indicates denominator <30 respondents or numerator <6 respondents

<sup>3</sup>Respondents = The total number who responded to the survey question

<sup>4</sup>Estimated Population Affected = Estimated number of Illinois mothers/infants with characteristic or condition